

MENU ITEM DESCRIPTION	SERVING PERIOD	MENU	SERVING SIZE	Calories (kcal)	Total Fat(g)	Saturated Fat(g)	Trans Fat(g)	Chol (mg)	Sodium(mg)	Total Carbohydrate(g)	Dietary Fiber(g)	Sugars(g)	Protein(g)	VitaminA(IU)	VitaminA(RE)	VitaminC(mg)	Calcium(mg)	Iron(mg)
3-CHEESE QUESADILLA	BREAKFAST	ALL	1 SERVING	142.48	5.60	3.05	0.00	10.44	229.40	17.30	1.86	0.23	7.01	187.72	36.94	3.52	184.72	1.02
ALL AMERICAN SUBMARINE	LUNCH	6-8 & 9-12	1 EACH SANDWICH	304.03	10.66	4.70	0.01	64.52	734.26	28.33	4.00	3.23	25.38	198.45	39.69	6.72	254.14	2.01
ARTISAN DINNER ROLL (10Z)	LUNCH	K-5 & 6-8	1 EACH	90.00	2.00	0.00	0.00	0.00	130.00	19.00	3.00	2.00	3.00	0.00	0.00	3.60	40.00	1.08
ARTISAN DINNER ROLL (20Z)	LUNCH	9-12	1 EACH	180.00	2.50	0.00	0.00	0.00	260.00	37.00	5.00	5.00	5.00	0.00	0.00	9.00	80.00	1.80
AWESOME APPLE	BREAKFAST/LUNCH	ALL	1 EACH	87.00	0.00	0.00	0.00	0.00	0.00	20.48	5.12	15.36	0.00	128.00	25.60	316.42	25.60	0.46
BABY CARROTS (1/2 C)	LUNCH	K-5 & 6-8	1 SERVING	24.81	0.09	0.02	0.00	0.00	55.28	5.84	2.06	4.17	0.45	9773.66	1063.83	1.84	22.68	0.63
BABY CARROTS (3/4 C)	LUNCH	9-12	1 SERVING	43.59	0.26	0.04	0.00	0.00	73.36	10.18	2.98	5.32	0.99	17872.19	2990.57	6.27	35.08	0.32
BBQ CHICKEN FLATBREAD	LUNCH	6-8 & 9-12	1 FLATBREAD	311.22	8.70	3.88	0.04	44.44	468.76	35.69	3.92	5.24	21.91	925.94	177.05	22.24	319.52	1.93
BBQ PORK SANDWICH	LUNCH	SP ED	1 SERVING	387.00	14.00	4.30	0.00	46.00	801.00	45.00	5.00	12.00	22.00	390.00	78.00	17.00	101.00	2.80
BBQ RANCH DRESSING (SERVED WITH MEXICALI BBQ CHICKEN SALAD)	LUNCH	6-8 & 9-12	1 SERVING	124.24	12.37	2.38	0.00	5.55	221.04	2.15	0.00	1.04	1.75	50.32	10.07	0.90	26.96	0.05
BEAN & CHEESE BURRITO SUPREMO	LUNCH	ALL	1 EACH	291.11	8.29	3.62	0.01	15.33	478.94	40.95	7.96	0.00	15.60	295.24	59.05	1.54	171.00	3.33
BEEF & BEAN BURRITO	LUNCH	SP ED	1 SERVING	543.00	18.90	6.30	0.00	60.00	705.00	57.99	15.20	0.00	34.00	4000.00	800.00	0.00	78.00	6.10
BEEFY TACO POTATO SKINS	LUNCH	6-8 & 9-12	1 SERVING	264.42	8.00	4.10	0.00	35.93	403.46	29.68	6.36	1.54	17.00	654.72	128.87	3.45	187.42	2.90
BREADSTICK	LUNCH	ALL	1 EACH	140.00	0.67	0.00	0.00	0.00	160.00	29.33	1.33	1.33	4.00	2.60	1.22	0.00	9.67	1.33
CAFÉ LA BURGER	LUNCH	ALL	1 SERVING	252.00	8.10	2.50	0.00	36.00	485.00	29.40	2.10	3.00	16.00	0.00	6.00	65.00	2.54	
CAFÉ LA CHICKEN SALAD PITA	LUNCH	6-8 & 9-12	1 EACH	353.98	14.72	2.63	0.00	61.10	372.52	34.63	8.35	6.57	26.08	1691.28	75.19	8.16	78.84	2.49
CAFÉ LA COFFEE CAKE (PREP)	BREAKFAST	ALL	1 SERVING	355.67	11.24	1.79	0.02	26.16	600.39	58.74	1.09	32.54	6.13	39.04	11.46	0.85	98.87	1.83
CAFÉ LA COFFEE CAKE, PRE-MADE (NNC/BIC SITES)	BREAKFAST	ALL	1 SERVING	400.00	15.00	1.50	0.00	50.00	360.00	61.00	3.00	34.00	6.00	100.00	20.00	0.00	80.00	1.80
CHEERIOS	BREAKFAST	ALL	1 EACH	100.00	2.00	0.50	0.00	0.00	140.00	20.00	3.00	1.00	3.00	500.00	100.00	6.00	100.00	8.10
CHEESE TOAST	BREAKFAST	ALL	1 SERVING	187.33	7.03	3.94	0.00	22.00	339.34	23.26	2.30	3.90	8.49	319.49	63.90	0.90	179.77	1.29
CHEF'S SALAD	LUNCH	6-8 & 9-12	1 SERVING	176.09	7.55	3.10	0.00	130.09	389.40	12.67	4.08	3.34	16.22	15183.90	1911.30	31.01	167.67	2.11
CHICKEN CAESAR SALAD	LUNCH	6-8 & 9-12	1 EACH SALAD	286.15	11.43	2.92	0.03	47.30	934.62	26.86	2.06	0.04	23.94	5004.51	232.29	20.41	138.08	3.12
CHILLED APPLESAUCE (1 C) (BREAKFAST ALL/LUNCH SP ED 9-12)	BREAKFAST/LUNCH	SP ED	1 SERVING	190.17	0.00	0.00	0.00	0.00	21.13	46.49	4.23	38.03	0.00	0.00	0.00	0.00	0.00	0.00
CHILLED APPLESAUCE (1/2 C)	LUNCH	SP ED K-5 & 6-8	1 SERVING	95.09	0.00	0.00	0.00	0.00	10.57	23.24	2.11	19.02	0.00	0.00	0.00	0.00	0.00	0.00
CHILLED MANDARIN ORANGES (1 C) (BREAKFAST ALL/LUNCH SP ED 9-12)	BREAKFAST/LUNCH	SP ED	1 SERVING	166.40	0.00	0.00	0.00	0.00	36.98	36.98	1.85	32.28	1.85	554.67	110.94	38.83	36.98	0.67
CHILLED MANDARIN ORANGES (1/2 C)	LUNCH	SP ED K-5 & 6-8	1 SERVING	81.43	0.00	0.00	0.00	0.00	18.10	18.10	0.91	16.29	0.91	271.44	54.29	19.00	18.10	0.33
CHILLED PEACHES (1 C) (BREAKFAST ALL/LUNCH SP ED 9-12)	BREAKFAST/LUNCH	SP ED	1 SERVING	150.44	0.24	0.00	0.00	0.00	11.92	26.62	2.58	25.24	1.00	675.76	135.16	7.56	11.92	0.76
CHILLED PEACHES (1/2 C)	LUNCH	SP ED K-5 & 6-8	1 SERVING	52.67	0.12	0.00	0.00	0.00	5.96	13.32	1.29	12.62	0.50	337.88	67.58	3.78	5.96	0.38
CHILLED PINEAPPLE (1 C) (BREAKFAST ALL/LUNCH SP ED 9-12)	BREAKFAST/LUNCH	9-12	1 SERVING	139.97	0.20	0.00	0.00	0.00	0.00	31.49	1.75	27.99	0.00	0.00	0.00	15.75	0.00	0.00
CHILLED PINEAPPLE (1/2 C)	LUNCH	SP ED K-5 & 6-8	1 SERVING	69.98	0.10	0.00	0.00	0.00	0.00	15.75	0.88	14.00	0.00	0.00	0.00	7.87	0.00	0.00
CHORIZO & CHEESE FRITTATA WRAP	BREAKFAST	ALL	1 EACH	180.00	9.00	3.50	0.00	190.00	420.00	15.00	2.00	1.00	10.00	398.00	79.60	1.80	89.50	0.80
CINNA CRISPS	BREAKFAST	ALL	1 EACH	150.00	5.00	0.50	0.00	0.00	140.00	25.00	2.00	9.00	3.00	0.00	0.00	0.00	0.00	0.72
CINNAMON FRENCH TOAST	BREAKFAST	ALL	1 EACH	204.23	5.12	1.36	0.00	81.86	260.01	32.74	3.00	8.58	7.62	103.23	20.65	0.18	89.86	1.30
CLASSIC SALAD (1/2 C)	LUNCH	K-5	1 SERVING	6.68	0.07	0.01	0.00	0.00	5.36	1.42	0.58	0.00	0.39	854.70	81.56	3.53	8.91	0.20
CONDIMENT - CATSUP	LUNCH	ALL	1 EACH (11 GM)	13.45	0.02	0.00	0.00	0.00	103.40	3.19	0.15	2.63	0.12	51.70	10.34	0.72	1.65	0.03
CONDIMENT - MAYONNAISE, REDUCED FAT	LUNCH	ALL	1 EACH (12 GM)	25.00	2.50	0.00	0.00	0.00	105.00	2.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
CONDIMENT - MUSTARD	LUNCH	ALL	1 EACH (5.5 GM)	3.59	0.17	0.01	0.00	0.00	86.44	0.42	0.17	0.14	0.21	7.17	1.43	0.16	4.36	0.09
COOKED BABY CARROTS (1/2 C)	LUNCH	SP ED K-5 & 6-8	1 SERVING	33.78	0.13	0.02	0.00	0.00	76.18	7.95	2.80	5.67	0.62	13308.82	1448.62	2.51	31.79	0.86
COOKED BABY CARROTS (3/4 C)	LUNCH	SP ED 9-12	1 SERVING	54.74	0.04	0.04	0.00	0.00	123.47	12.89	4.54	9.20	1.00	21569.46	2347.77	4.07	51.52	1.39
CRANBERRY ORANGE BISCUIT	BREAKFAST	ALL	1 EACH	320.00	12.00	2.50	0.00	35.00	210.00	51.00	4.00	25.00	5.00	100.00	20.00	4.80	20.00	1.44
CRUNCHY GRANOLA	BREAKFAST	ALL	1 SERVING	173.19	6.50	0.72	0.00	0.00	151.54	27.42	2.16	11.55	3.61	0.00	0.00	0.00	14.43	0.78
CUCUMER & TOMATO CONFETTI (1/2 C)	LUNCH	ALL	1 SERVING	13.18	0.12	0.03	0.00	0.00	2.74	3.03	0.67	0.00	0.61	359.53	32.37	5.99	10.58	0.22
DRESSING - 1000 ISLAND	LUNCH	ALL	1 EACH	35.00	2.50	0.00	0.00	5.00	105.00	2.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00
DRESSING - CAESAR	LUNCH	ALL	1 EACH	140.00	14.00	2.50	0.00	5.00	410.00	2.00	0.00	1.00	1.00	0.00	0.00	0.00	40.00	0.00
DRESSING - ITALIAN	LUNCH	ALL	1 EACH	110.00	11.00	2.00	0.00	10.00	160.00	2.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00
DRESSING - RANCH	LUNCH	ALL	1 EACH	110.00	11.00	2.00	0.00	10.00	160.00	2.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00
DRIED CRANBERRIES	BREAKFAST	ALL	1 SERVING	208.98	0.00	0.00	0.00	0.00	2.43	55.89	4.86	43.74	0.00	0.00	0.00	0.00	0.00	0.44
EGG & CHEESE BAGEL SANDWICH	BREAKFAST	ALL	1 SERVING	166.00	4.70	2.15	0.00	65.00	321.00	21.40	1.85	3.00	9.46	0.00	46.00	0.03	139.00	1.29
FIESTA EGG & CHEESE SANDWICH	BREAKFAST	ALL	1 SERVING	160.00	5.00	2.00	0.00	70.00	340.00	21.00	2.00	4.00	6.00	200.00	40.00	66.00	80.00	1.44
FIESTA PINTO BEANS (1/2 C)	LUNCH	ALL	1 SERVING	147.55	0.76	0.00	0.00	0.00	227.71	25.19	13.25	0.00	7.36	70.08	7.57	2.27	89.93	2.21
FOREVER TOSTADA SALAD	LUNCH	6-8 & 9-12	1 SERVING	295.02	10.68	6.78	0.00	31.59	531.59	36.93	9.69	7.64	17.03	5839.49	366.44	24.31	303.18	4.20
FRESH VEGGIE-CHEESE SANDWICH	LUNCH	6-8 & 9-12	1 EA SANDWICH	366.68	18.27	9.04	0.00	56.93	685.98	33.11	5.13	4.00	19.02	3020.27	190.61	18.05	471.65	1.93
FRUIT TIDBITS (1 C)	LUNCH	9-12	1 SERVING	172.46	0.17	0.00	0.00	0.00	5.19	40.02	2.45	34.77	0.24	72.59	14.52	18.66	4.84	0.15
FRUIT TIDBITS (1/2 C)	LUNCH	K-5 & 6-8	1 SERVING	86.23	0.08	0.00	0.00	0.00	2.59	20.01	1.22	17.39	0.12	36.29	7.26	9.33	2.42	0.07
GREEK YOGURT	BREAKFAST	ALL	1 EACH	119.25	0.00	0.00	0.00	6.63	59.62	15.90	0.00	13.25	13.25	0.00	0.00	0.00	132.50	0.00
GRILLED CHICKEN SANDWICH	LUNCH	ALL	1 SERVING	250.00	6.00	1.00	0.00	40.00	520.00	31.00	2.00	3.00	20.00	0.00	0.00	6.00	60.00	2.16
HOLIDAY TURKEY	LUNCH	ALL	1 SERVING	104.19	1.43	0.80	0.00	36.21	849.66	5.04	0.00	0.94	17.95	0.00	0.00	1.01	14.42	0.53
HOLIDAY TURKEY & STUFFING	LUNCH	ALL	1 SERVING	157.45	4.35	2.51	0.09	43.22	1023.65	9.97	0.00	0.94	17.95	116.06	4.70	1.58	20.53	0.70

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HOME-STYLE TUNA SANDWICH	LUNCH	6-8 & 9-12	1 EACH	439.91	22.71	3.84	0.00	34.80	725.08	32.03	4.41	3.92	26.90	75.14	15.37	13.29	71.84	3.35
HONEY MUSTARD SAUCE	LUNCH	6-8 & 9-12	1 SERVING	119.75	3.67	0.67	0.00	1.67	275.17	23.28	0.06	23.20	0.09	0.00	0.00	0.14	1.67	0.12
ITALIAN CHEESE & EGG POCKET	BREAKFAST	ALL	1 SERVING	160.00	6.00	3.00	0.00	20.00	250.00	17.00	2.00	3.00	10.00	200.00	40.00	0.00	200.00	1.08
ITALIAN CHICKEN & CHEESE WRAP	LUNCH	6-8 & 9-12	1 EACH WRAP	344.61	11.39	3.75	0.01	51.92	819.27	35.60	5.36	0.01	26.83	5139.61	160.53	15.35	339.77	3.00
LET US TOMATO (1/2 C)	LUNCH	ALL	1 SERVING	13.80	0.14	0.02	0.00	0.00	19.28	2.70	1.11	0.00	1.08	4987.36	137.18	14.54	25.60	0.62
LOADED BEEFY TACO WEDGES	LUNCH	K-5	1 SERVING	204.12	8.40	3.40	0.00	29.14	407.11	19.53	3.96	1.35	13.09	579.23	114.04	4.88	134.40	1.77
LOCAL FARM ORANGE	LUNCH	K-5 & 6-8	1 EACH	61.79	0.16	0.03	0.00	0.00	0.00	15.45	3.16	11.83	1.24	295.83	27.61	69.95	52.59	0.13
LOCAL FARM ORANGES	LUNCH	9-12	2 EACH	123.58	0.32	0.06	0.00	0.00	0.00	30.90	6.32	23.66	2.48	591.66	55.22	139.90	105.18	0.26
LOTS-A MEATBALL SUB	LUNCH	ALL	1 SERVING	350.76	12.65	2.62	0.00	50.00	442.48	38.89	6.15	8.74	21.15	412.86	82.57	15.76	122.39	3.45
MEXICALI BBQ CHICKEN SALAD	LUNCH	6-8 & 9-12	1 EACH SALAD	176.28	4.65	1.04	0.00	40.00	465.02	17.17	4.91	4.79	18.20	6422.19	508.18	45.90	61.12	3.42
MILK 1% LOW FAT 1/2 PT	BREAKFAST/LUNCH	ALL	1 EACH (1/2 PINT)	120.00	2.50	1.50	0.00	10.00	150.00	14.00	0.00	14.00	11.00	500.00	44.09	2.40	300.00	0.00
MILK 1% WHITE QUART (EEC)	BREAKFAST/LUNCH	EEC	1 SERVING (6 OZ)	90.00	1.88	1.13	0.00	7.50	112.50	10.50	0.00	10.50	8.25	375.00	33.07	1.80	225.00	0.00
MILK 100% LACTOSE FREE 1/2 PT	BREAKFAST/LUNCH	ALL	1 EACH (1/2 PINT)	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	9.00	500.00	48.50	0.00	500.00	0.00
MILK FAT FREE 1/2 PT	BREAKFAST/LUNCH	ALL	1 EACH (1/2 PINT)	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	0.00	9.00	500.00	58.79	18.00	300.00	0.00
MILK FAT FREE WHITE QUART (EEC)	BREAKFAST/LUNCH	EEC	1 SERVING (6 OZ)	67.50	0.00	0.00	0.00	3.75	90.00	9.00	0.00	0.00	6.75	375.00	44.09	13.50	225.00	0.00
MILK SOY 30% VIT D 1/2 PINT	BREAKFAST/LUNCH	SPECIAL DIET	1 EACH (1/2 PINT)	120.00	2.50	0.50	0.00	0.00	75.00	8.00	1.00	0.00	7.00	500.00	0.00	0.00	300.00	1.08
MILK SOY QUART (EEC)	BREAKFAST/LUNCH	SPECIAL DIET	1 SERVING (6 OZ)	75.00	3.00	0.38	0.00	0.00	90.00	6.00	0.75	0.00	5.25	375.00	0.00	13.50	0.00	0.00
MILK WHOLE WHITE QUART (IC/SP. ED)	BREAKFAST/LUNCH	IC	1 SERVING (6 OZ)	112.50	6.00	3.75	0.00	26.25	86.25	8.25	0.00	0.00	6.00	1.80	0.00	1.80	225.00	0.00
MINI SWEET POTATO PANCAKES	BREAKFAST	ALL	1 EACH BAG	170.00	2.50	0.00	0.00	5.00	250.00	33.00	3.00	8.00	4.00	500.00	100.00	0.00	60.00	1.44
NEW BEAN & CHEESE PUPUSA	LUNCH	6-8 & 9-12	1 SERVING	290.31	11.01	3.50	0.00	15.01	581.21	35.05	4.00	1.00	13.00	201.41	40.13	1.68	250.10	1.44
NEW CHINESE CHICKEN SALAD	LUNCH	6-8 & 9-12	1 SERVING	160.23	4.95	1.06	0.00	40.00	367.96	14.15	3.11	0.00	17.13	11414.74	1780.88	12.46	46.79	1.63
ORANGE JUICE	BREAKFAST	ALL	1/2 PINT (8 OZ)	110.00	0.00	0.00	0.00	0.00	30.00	27.00	0.00	27.00	2.00	200.00	40.00	60.00	20.00	0.00
OUR FAV TURKEY BURGER	LUNCH	ALL	1 EACH	267.50	8.80	2.03	0.09	56.88	658.48	30.07	2.00	3.30	18.02	56.88	11.38	7.15	69.72	2.46
OVEN BAKED DRUMSTICK	LUNCH	K-5	1 EACH DRUMSTICK	90.00	4.00	1.00	0.00	75.00	250.00	0.00	1.00	0.00	13.00	0.00	0.00	0.00	0.00	0.72
PEPPER JACK BURGER	LUNCH	6-8 & 9-12	1 SERVING	362.00	17.10	7.50	0.00	66.00	665.00	29.40	2.10	3.00	23.00	300.00	60.00	6.00	265.00	2.54
PICK-A-FRESH PEAR	BREAKFAST/LUNCH	ALL	1 EACH	65.77	0.14	0.01	0.00	0.00	1.13	17.53	3.52	0.00	0.43	26.08	2.27	4.76	10.21	0.19
PLUMTASTIC PLUM	LUNCH	K-5 & 6-8	1 EACH	41.73	0.25	0.02	0.00	0.00	0.00	10.36	1.27	9.00	0.64	312.98	29.03	8.62	5.44	0.15
PLUMTASTIC PLUM	LUNCH	9-12	2 EACH	83.46	0.51	0.03	0.00	0.00	0.00	20.72	2.54	18.01	1.27	625.97	58.06	17.24	10.89	0.31
RAISINS	BREAKFAST	ALL	1 SERVING	218.00	0.34	0.04	0.00	0.00	8.00	57.26	2.80	42.62	2.44	0.00	0.00	1.60	38.00	1.28
RANCH DIP	LUNCH	6-8 & 9-12	1 SERVING	100.30	10.36	1.99	0.00	4.65	157.77	0.80	0.00	0.07	1.34	4.92	0.99	0.16	20.09	0.00
RICE CHEX	BREAKFAST	ALL	1 EACH	100.00	0.50	0.00	0.00	0.00	250.00	24.00	1.00	2.00	2.00	500.00	100.00	6.00	100.00	9.00
ROMAINE SALAD WITH MANDARIN ORANGES (1/2 C)	LUNCH	6-8 & 9-12	1 SERVING	43.34	0.13	0.02	0.00	0.00	6.76	10.43	1.57	7.42	0.68	2527.58	120.34	13.49	17.18	0.52
SOUTHWESTERN RICE & BEAN BOWL	LUNCH	K-5	1 IND BOWL	400.00	12.00	3.00	0.00	5.00	970.00	62.00	1.00	1.00	8.00	200.00	40.00	3.60	100.00	3.60
SPICED WAFFLE-CUT SWEET TATERS (1/2 C)	LUNCH	6-8 & 9-12	1 SERVING	164.24	7.42	0.84	0.00	0.00	284.27	24.72	3.58	6.44	0.13	5142.40	1002.56	4.54	35.14	0.15
SPICY BUFFALO GLAZED CHICKEN	LUNCH	6-8 & 9-12	1 SERVING	150.00	8.00	2.00	0.00	50.00	270.00	4.00	0.00	0.00	17.00	300.00	60.00	0.00	0.00	0.72
SPICY SLAW	LUNCH	6-8 & 9-12	1 SERVING	12.22	0.51	0.07	0.00	0.36	48.57	1.81	0.18	0.08	0.08	56.32	5.15	19.27	4.08	0.06
STEAMED BROCCOLI (1/2 C)	LUNCH	SP ED	1 SERVING	11.57	0.13	0.01	0.00	0.00	13.95	2.26	0.88	0.00	0.96	211.94	52.39	30.35	18.71	0.25
STUFFING	LUNCH	ALL	1 SERVING	53.26	2.92	1.71	0.09	7.01	173.99	4.93	0.00	0.00	0.00	116.06	4.70	0.56	6.12	0.17
SWEET WAFFLE FRIES (1/2 C)	LUNCH	K-5	1 SERVING	146.02	6.57	0.73	0.00	0.00	248.23	21.90	2.92	5.84	0.00	4380.53	876.11	3.50	29.20	0.00
TATER WEDGES (1/2 C)	LUNCH	ALL	1 SERVING	121.95	4.07	0.51	0.00	0.00	142.28	20.33	2.03	0.00	2.03	101.63	20.33	3.66	0.00	0.37
TERIYAKI CHICKEN BOWL (GR 6-8)	LUNCH	6-8	1 SERVING	210.85	3.15	0.62	0.00	52.02	102.32	25.70	1.22	3.93	20.21	0.00	0.00	0.00	4.76	1.14
TERIYAKI CHICKEN BOWL (GR 9-12)	LUNCH	9-12	1 SERVING	314.58	4.07	0.62	0.00	52.02	103.16	46.96	2.45	3.93	23.11	0.00	0.00	0.00	5.61	1.60
TERIYAKI CHICKEN BOWL (GR K-5)	LUNCH	K-5	1 SERVING	178.98	2.24	0.51	0.00	26.01	50.78	28.60	1.06	2.17	11.31	298.39	59.68	0.00	2.35	0.58
TEX-MEX BEEF SOFT TACO	LUNCH	K-5	1 EACH TACO	174.00	7.50	2.80	0.00	25.00	370.00	16.90	2.20	1.20	10.20	280.00	56.00	0.00	21.00	1.80
TEX-MEX BEEF SOFT TACOS	LUNCH	6-8 & 9-12	2 EACH TACO	348.00	15.00	5.60	0.00	50.00	740.00	33.80	4.40	2.40	20.40	560.00	112.00	0.00	42.00	3.60
TEX-MEX TURKEY SOFT TACO	LUNCH	K-5	1 EACH TACO	160.48	4.68	1.06	0.01	19.82	234.88	20.24	2.28	0.42	9.72	253.73	8.22	0.82	22.45	1.84
TEX-MEX TURKEY SOFT TACOS	LUNCH	6-8 & 9-12	2 EACH TACO	311.13	11.47	3.49	0.00	42.66	727.04	31.99	6.55	2.05	21.74	493.48	98.70	0.50	328.64	2.90
TOP BANANA	LUNCH	K-5 & 6-8	1 EACH	179.14	0.66	0.23	0.00	0.00	2.01	45.97	5.23	27.67	2.19	128.82	16.10	17.51	10.06	0.52
TOP BANANAS	LUNCH	9-12	2 EACH	358.28	1.32	0.46	0.00	0.00	4.02	91.94	10.46	55.34	4.38	257.64	32.20	35.02	20.12	1.04
TORTILLA CHIPS	LUNCH	ALL	1 IND BAG	270.00	10.00	2.00	0.00	0.00	110.00	38.00	4.00	0.00	4.00	200.00	40.00	0.00	40.00	0.80
TROPICAL SALAD (1 C)	LUNCH	9-12	1 SERVING	137.09	0.18	0.02	0.00	0.00	7.56	33.85	4.35	11.44	0.81	327.99	54.27	201.24	39.04	0.77
TROPICAL SALAD (1/2 CUP)	LUNCH	6-8	1 SERVING	68.55	0.09	0.01	0.00	0.00	3.78	16.92	2.18	5.72	0.41	164.00	27.13	100.62	19.52	0.38
TURKEY PEPPER JACK CHEESE SANDWICH	LUNCH	6-8 & 9-12	1 EA SANDWICH	349.65	13.65	6.34	0.01	69.34	758.98	28.00	4.00	2.46	31.95	354.38	60.75	10.24	290.57	1.86
TURKEY SANDWICH	LUNCH	K-5	1 EA SANDWICH	182.81	2.57	0.20	0.01	17.59	392.67	28.00	4.00	2.23	15.43	0.00	0.00	9.92	84.04	1.65
TURKEY SANDWICH	LUNCH	SP ED 6-8 & 9-12	1 EA SANDWICH	225.62	3.14	0.39	0.01	35.17	565.34	28.00	4.00	2.46	24.86	0.00	0.00	10.24	88.07	1.86
VANILLA YOGURT	BREAKFAST	ALL	1 EACH	80.00	1.50	1.00	0.00	10.00	70.00	12.00	0.00	10.00	5.00	100.00	20.00	1.20	150.00	0.00
VEGETARIAN ITALIAN CALZONE	LUNCH	ALL	1 EACH	370.00	15.00	3.50	0.00	15.00	560.00	44.00	4.00	6.00	20.00	400.00	80.00	4.80	300.00	3.60
YELLOW MELLOW CORN (1/2 C)	LUNCH	ALL	1 SERVING	68.45	0.58	0.09	0.00	0.00	0.00	16.51	2.07	2.63	2.18	1				

