



November 2016 - Menus

MONDAY

TUESDAY


WEDNESDAY

THURSDAY

FRIDAY

Grades 6-8 Lunch

MENUS ARE SUBJECT TO CHANGE

	<p>11-1</p> <ul style="list-style-type: none"> ★ Turkey Taco Bean Dip ★ Crunchy Munchy Tortilla Chips- S ★ Home-Style Tuna Sandwich- S ★ Chef's Salad ★ Artisan Roll- S ★ Summer Sweet Corn ★ Fruit- S ★ Got Milk 	<p>11-2</p> <ul style="list-style-type: none"> ★ Sloppy Joe Sandwich ★ Yellow Submarine Sandwich ★ Forever Tostada Salad- V ★ Crunchy Munchy Tortilla Chips- S ★ Tater Gems ★ Fruit- S ★ Got Milk 	<p>11-3</p> <ul style="list-style-type: none"> ★ Teriyaki Beef, Rice & Broccoli Bowl ★ Turkey Pastrami Croissant sandwich w/Cheese ★ Far East Turkey Salad ★ Artisan Roll- S ★ Baby Tree Broccoli ★ Fruit- S ★ Got Milk 	<p>11-4</p> <ul style="list-style-type: none"> ★ Trio Cheese Enchiladas ★ Oven Roasted Turkey Breast Sandwich ★ Farmer's Market Salad ★ Artisan Roll- S ★ Simmering Pinto Beans ★ Fruit- S ★ Got Milk
<p>11-7</p> <ul style="list-style-type: none"> ★ Ooey Goey Mac & Cheese- V ★ Cheesy Melt Sandwich- V ★ Yogurt & Granola- V ★ Baby Tree Broccoli ★ Fruit- S ★ Got Milk 	<p>11-8</p> <ul style="list-style-type: none"> ★ Turkey Meatball Sub Sandwich ★ Home-Style Tuna Sandwich ★ Chef's Salad ★ Artisan Roll- S ★ Sweet Potato Sticks ★ Fruit- S ★ Got Milk 	<p>11-9</p> <ul style="list-style-type: none"> ★ Nacho Bites ★ Yellow Submarine Sandwich ★ Forever Tostada Salad- V ★ Crunchy Munchy Tortilla Chips- S ★ Jack & the Baked Beans ★ Fruit- S ★ Got Milk 	<p>11-10</p> <ul style="list-style-type: none"> ★ Café LA Burger OR ★ Cafe LA Cheeseburger ★ Turkey Pastrami Croissant sandwich w/Cheese ★ Far East Turkey Salad ★ Artisan Roll- S ★ Sidewinder Fries ★ Fruit- S ★ Got Milk 	<p>11-11</p> <p style="text-align: center;">Veterans Day Holiday</p>
<p>11-14</p> <ul style="list-style-type: none"> ★ Cheesy Garlic Bread- V ★ Cheesy Melt Sandwich- V ★ Yogurt & Granola- V ★ Sweet Potato Sticks ★ Fruit- S ★ Got Milk 	<p>11-15</p> <ul style="list-style-type: none"> ★ Turkey Sausage Flatbread ★ Home-Style Tuna Sandwich ★ Chef's Salad ★ Artisan Roll- S ★ Baby Tree Broccoli ★ Fruit- S ★ Got Milk 	<p>11-16</p> <ul style="list-style-type: none"> ★ Cheesy Crunch Chalupa with Spanish Rice ★ Yellow Submarine Sandwich ★ Forever Tostada Salad- V ★ Crunchy Munchy Tortilla Chips- S ★ Jack & the Baked Beans ★ Fruit- S ★ Got Milk 	<p>11-17</p> <ul style="list-style-type: none"> ★ Sliced Turkey & Gravy Seasoned Stuffing ★ Turkey Pastrami Croissant sandwich w/Cheese ★ Far East Turkey Salad ★ Artisan Roll- S ★ Smashed Potatoes ★ Fruit- S ★ Got Milk 	<p>11-18</p> <ul style="list-style-type: none"> ★ Manager's Choice ★ Oven Roasted Turkey Breast Sandwich ★ Farmer's Market Salad ★ Artisan Roll- S ★ Tater Gems ★ Fruit- S ★ Got Milk

Offered everyday: Baby Carrots on the Ranch- **S**

This Institution is an equal opportunity provider.

Esta institución es un proveedor que ofrece igualdad de oportunidades.



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11-25



Have a Happy Thanksgiving Day Holiday!



11-28

- ★ Cheesy Bread Dipping Sticks- **V**
- ★ Cheesy Melt Sandwich- **V**
- ★ Yogurt & Granola- **V**
- ★ Baby Tree Broccoli
- ★ Fruit- **S**
- ★ Got Milk

11-29

- ★ Turkey Hot Dog
- ★ Home-Style Tuna Sandwich
- ★ Chef's Salad
- ★ Artisan Roll
- ★ Jack & the Baked Beans
- ★ Fruit
- ★ Got Milk

11-30

- ★ Slow Roasted Pork Carnitas
Tortillas & Salsa
- ★ Yellow Submarine Sandwich
- ★ Forever Tostada Salad- **V**
- ★ Crunchy Munchy Tortilla Chips- **S**
- ★ Sweet Potato Sticks
- ★ Fruit- **S**
- ★ Got Milk

Offered everyday: Baby Carrots on the Ranch- **S**

All of the Grain/Bread items served are whole grain.
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free
 ★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit
 S: Items with an (S) can be saved for later
 V: Vegetarian items
 **Farm Fresh Fruits: Apple, Orange, Banana

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