

<u>MENU ITEM DESCRIPTION</u>	<u>SERVING PERIOD</u>	<u>MENU</u>	<u>SERVING SIZE</u>	<u>Calories (kcal)</u>	<u>Total Fat(g)</u>	<u>Saturated Fat(g)</u>	<u>Trans Fat(g)</u>	<u>Chol (mg)</u>	<u>Sodium(mg)</u>	<u>Total Carbohydrate(g)</u>	<u>Dietary Fiber(g)</u>	<u>Sugars(g)</u>	<u>Protein(g)</u>	<u>VitaminA(IU)</u>	<u>VitaminC(mg)</u>	<u>Calcium(mg)</u>	<u>Iron(mg)</u>
TURKEY TACO BEAN DIP	LUNCH	ALL	1 SERVING	212.48	7.20	3.26	0.00	36.51	588.39	20.87	7.77	1.70	15.87	1080.69	2.39	171.15	2.28
VEGETARIAN ITALIAN CALZONE	LUNCH	ALL	1 EACH	370.00	15.00	3.50	0.00	15.00	560.00	44.00	4.00	6.00	20.00	400.00	4.80	300.00	3.60
WILDBERRY JUICE	LUNCH	9-12	8 OZ	120.00	0.00	0.00	0.00	0.00	30.00	29.00	0.00	29.00	0.00	0.00	60.00	0.00	0.00
WILDBERRY JUICE	LUNCH	K-5 & 6-8	4 OZ	60.00	0.00	0.00	0.00	0.00	15.00	14.50	0.00	14.50	0.00	0.00	30.00	0.00	0.00
YELLOW MELLOW CORN (1/2 C)	LUNCH	ALL	1 SERVING	68.45	0.58	0.09	0.00	0.00	0.00	16.51	2.07	2.63	2.18	170.10	2.90	2.07	0.39
YOGURT & GRANOLA	LUNCH	K-5	1 SERVING	360.41	6.49	0.72	0.00	5.00	242.11	65.42	2.17	40.82	8.89	0.00	3.60	600.00	0.78
YOGURT PARFAIT WITH GRANOLA	LUNCH	6-8 & 9-12	1 SERVING	558.85	13.49	2.32	0.00	5.00	347.80	95.91	6.00	53.67	12.43	1035.44	1.97	205.91	1.52
YOGURT STRAWBERRY 8 OZ	LUNCH	K-5	8 OZ CUP	180.00	0.00	0.00	0.00	5.00	105.00	38.00	0.00	30.00	6.00	0.00	3.60	600.00	0.00
YUMMY BROCCOLI & CARROTS (1/2 C)	LUNCH	K-12	1 SERVING	19.53	0.15	0.02	0.00	0.00	33.08	4.17	1.55	1.48	1.05	3671.33	28.75	25.89	0.45
YUMMY BROCCOLI (1/2 C)	LUNCH	ALL	1 SERVING	27.08	0.00	0.00	0.00	0.00	28.28	5.21	3.12	1.04	3.12	0.00	0.00	5.37	0.00
ZESTY CHICKEN FAJITAS	LUNCH	6-8 & 9-12	1 SERVING	311.11	11.81	2.23	0.00	88.89	845.01	30.88	6.32	2.00	22.83	69.93	15.20	161.89	2.26
ZESTY CHORIZO WRAP	BREAKFAST	ALL	1 EACH	130.00	4.00	1.00	0.00	15.00	170.00	18.00	3.00	0.00	8.00	300.00	2.40	80.00	1.44