

## PROGRAM ELEMENTS

We have proposed offering College Bound, STEM, and Life Skills programming to elementary, middle, high school, and continuation schools through this RFP. Our proposed programs work to address graduation, college, and career readiness, promote school attendance and proficiency for all, include active engagement with students and parents, promote school safety and a positive school climate, and are simple and easy to understand. Programs also promote physical and mental health, as well as the development of social and emotional skills. As is described on the following pages, BGCWV's holistic service model aligns directly with the over-arching goals of LAUSD.

Our service offerings are also highly adaptable and will be tailored to fit the specific needs of the schools who engage our services. Programming is offered at the partner school's campus and can be provided *during the school day or after school hours*.

### College Bound

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#### Overview: College Bound

Grades Served: Kindergarten to 5<sup>th</sup> Grade; 6<sup>th</sup> to 8<sup>th</sup> Grade; 9<sup>th</sup> to 12<sup>th</sup> Grade

#### Duration:

- High School: Full school year, with 4 one-hour sessions per week (approximately 14 sessions a year)
- Middle School: 52 one-hour sessions held throughout the school year
- Elementary School: 20 one-hour sessions held throughout the school year

Our College Bound programming works with students to prepare them for life after high school. College Bound is an intensive, case-management supported program which begins at age 6 and follows students through age 18.

The College Bound model is intended to introduce the concept of college attendance at a young age and then prepare students for success in high school and beyond. Each day, College Bound participants are provided with academic support, extended learning opportunities, and college pathway services. These experiences are tailored to meet their changing needs, but those underlying components remain consistent from elementary to middle to high school.

Each day students work individually and collectively with staff and volunteers on any academic needs that they may have. This includes homework completion, studying for tests/quizzes, working on projects, etc. While these academic enrichment activities are occurring, students meet one-on-one with their case mentor. This provides an opportunity to check-in on any pressing needs, as well as establish monthly goals and discuss progress made. Once a week, we also conduct a workshop for all students in attendance.

One of the most critical elements of the program is our case management approach, which we call case mentoring. By working one-on-one with students and serving in a mentorship role, we're able to better understand where they are, what their goals might be, and how the program can help them accomplish those goals. Students meet 3 – 4 times a week with their mentors. This relationship and trust building process helps to keep students engaged in the program and improves their academic success.

#### *Elementary/Middle School*

For our elementary and middle school students, the curriculum is geared towards educating them on various colleges and career paths. This is implemented through interactive activities, quizzes, and by providing high-level college/career information. These activities help members think about different career opportunities available to them and develop an appreciation for education through high school and beyond. This element of the program is hugely impactful, especially considering the majority of our students are from households with no college graduates. By introducing them to the possibility of college attendance at an early age, we help increase the likelihood that this is viewed as a viable option as they grow older.

#### *High School*

As College Bound participants graduate to high school, the program becomes more focused on college and career readiness. We work diligently to help students develop a four-year plan designed to reach graduation and meet college entrance requirements. Academic tutoring continues to be provided to our youth on a daily basis and weekly college/career workshops are held. Workshop topics include: SAT/ACT test preparation, writing a personal statement, financial literacy, career introduction panels, resume development, interview coaching, and how to dress for the workplace, as just a few examples. The program also offers tours of college campuses so that our youth can experience a college environment firsthand.

The College Bound program also improves school safety and a positive school climate by creating a safe space for participants within the school. These safe spaces and trusted relationships allow staff to work closely with students who may be struggling with issues such as bullying or low self-esteem and to develop workable solutions, in conjunction with school staff. The strong BGCWV staff-to-student and student-to-student bonds that form promote success in academics, as well as in many other aspects of school and life. For instance, these bonds also help to encourage consistent school attendance. As noted above, in 2018, 74% of Club Members reported skipping zero school days.

To support the success of our students, College Bound also has a strong parent/guardian engagement component. The program hosts monthly parent/guardian meetings to review student progress and ensure that they are aware of important information regarding their child. We also provide informational sessions on topics like financial aid and college requirements, as well as hands-on support in the completion of the FAFSA and other forms/applications.

In 2017-2018, BGCWV served over 1,400 students through our College Bound program. 700+ were high school students and of those, 172 were seniors. Of participating high school seniors, 99% graduated and 94% enrolled in a two or four-year college/university, vocational school, or the military. Meanwhile, 100% of our elementary, middle, and high school (grades 9 – 11) participants were deemed to be grade-level proficient.

These results detail the overwhelming success of the College Bound program at both ensuring that students are meeting academic standards throughout elementary, middle, and high school, but also that they have the opportunity to pursue their higher education. These outcomes align perfectly with LAUSD's over-arching goals and objectives.

## **STEM Programming**

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STEM service offerings are broken into two separate programs – one focused on computer science and the other on hands-on, activity-based STEM learning. Programming is offered at the partner school's campus and can be provided during the school day or after school hours.

### Overview: Computer Science

Grades Served: Kindergarten to 8<sup>th</sup> Grade

Duration: 20 – 30 one-hour sessions, offered daily or a few times a week over the course of 1 to 3 months

BGCWV's Computer Science program engages participants in an individualized journey to learn concepts related to computer science. The program will teach students about the basic code that runs websites, computer programs, robots, and video games. To increase interest and engagement, students are able to select areas for exploration and discussion (i.e., popular websites or video games, etc.). Through the program, participants develop critical thinking and program-solving skills, as well as the ability to understand and develop basic code.

For our older participants, we work with them through the more hands-on process of developing a mobile app for Android devices. This allows them to put the computer science knowledge that they've learned into practice. Students will be led through the process of envisioning, designing, and developing a mobile app, under the guidance of experienced BGCWV staff.

To provide greater flexibility, we have developed two different course modules based on varying levels of equipment needs; CS Unplugged and Hour of Code. Both the CS Unplugged and Hour of Code programs teach the same basic computer science concepts to participants. CS Unplugged, however, does so without the need for computers or internet access. While there is obvious value in allowing students to work directly with code via the computer, we have created this curriculum understanding that not all schools have ready access to such technology. To support the Hour of Code, and the app development process, students will need access to a computer and the internet.



The program is highly adaptable. We will engage in discussions with potential partners to tailor our services to meet the needs of the school we're serving.

Overview: **DIY STEM**

Grades Served: 3<sup>rd</sup> to 8<sup>th</sup> Grade

Duration: 8 one-hour sessions, offered daily or a few times a week

DIY STEM is a hands-on, activity-based STEM curriculum which connects youth to science themes they encounter in everyday life. Special attention is paid to connecting theory to application, exploring common occurrences that participants already have and then discussing the underlying scientific principles that help to explain them. As an example, we work with students to create a homemade light bulb using common materials found around the house and use it as an opportunity to discuss electricity and circuits. DIY STEM includes five modules: Energy, Electricity, Engineering Design, Food Chemistry, and Sports Science. Activities are tailored to address these module areas.

DIY STEM provides youth who might not otherwise have access to STEM experiences with simple, fun, hands-on activities. Through this programming, we work to spark interest in science, technology, engineering, and math and encourage intellectual curiosity and crucial thinking.

### **Life Skills Programming**

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Overview: **Passport 2 Manhood**

Grades Served: 3<sup>rd</sup> to 7<sup>th</sup> Grade, 8<sup>th</sup> to 12<sup>th</sup> Grade

Duration: 12 one-hour sessions, offered daily or a few times a week

Passport 2 Manhood teaches and promotes responsibility in boys and young men ages 8 to 17. The program consists of 12 sessions, which concentrate on specific aspects of manhood through highly interactive activities. Participants are given the opportunity to connect with a positive male role model, while building relationships with their male peers. Passport 2 Manhood represents a targeted effort to engage young men in discussions and activities that reinforce positive behavior. This, in turn, helps to promote school safety and a positive school climate, as well as physical and mental wellness and social/emotional development.

To support boys and young men in the specific stage of life they're currently in, the program has developed differed curriculum for boys ages 8 to 12 and young men ages 13 to 18. Passport 2 Manhood is an excellent complement to SMART Girls (more information below).

Overview: **SMART Girls**

Grades Served: 3<sup>rd</sup> to 5<sup>th</sup> Grade, 6<sup>th</sup> to 8<sup>th</sup> Grade, 9<sup>th</sup> to 12<sup>th</sup> Grade

Duration: 12 one-hour sessions, offered daily or a few times a week

SMART Girls is a small-group, health, fitness, prevention/education, and self-esteem enhancement program designed to meet the developmental needs of girls and young women. Through dynamic sessions, highly participatory activities, field trips, and mentoring opportunities with adult women, participants are able to explore both their own, as well as societal, attitudes and values related to womanhood. The program provides an opportunity to develop and reinforce a healthy lifestyle – including eating right, staying physically fit, and engaging in self-care, amongst others – as well as the development of positive relationships with peers and adults. Similar to Passport 2 Manhood, SMART Girls promotes school safety and a positive school climate, as well as physical and mental wellness and social/emotional development.

To support girls and young women in the specific stage of life they're currently in, the program has developed differed curriculum from students ages 8 to 10, 11 to 13, and 14 to 18.

**Overview: SMART Moves**

**Grades Served: 2<sup>nd</sup> to 4<sup>th</sup> Grade, 5<sup>th</sup> to 7<sup>th</sup> Grade, 8<sup>th</sup> to 12<sup>th</sup> Grade**

**Duration:**

- SMART Kids (Grades 2 – 4): 10 one-hour sessions
- Start SMART (Grades 5 – 7): 13 one-hour sessions
- Stay SMART (Grades 8 – 12): 16 one-hour sessions

The SMART (Skills Mastery and Resilience) Moves program is a nationally acclaimed alcohol, drug, tobacco, and premature sexual activity prevention program originally developed in the 1980s with help from prevention specialists and Clubs around the country. Newly revised in 2011, the program incorporates the latest information and approaches that BGCA has learned about effective prevention. Through the program, participants will be exposed to a variety of activities designed to hone their decision-making and critical-thinking skills, as well as learn tools and tactics to avoid and/or resist alcohol, tobacco, drugs, and premature sexual activity. Based on recent NYOI results, 91% of our Club Members had abstained from drinking (national BGC comparison: 70%), 93% had abstained from marijuana use (national BGC comparison: 80%), and 100% had abstained from cigarette use (national BGC comparison: 91%). The program promotes school safety and a positive school climate, as well as physical and mental wellness.

The program is divided to serve three different age groups, allowing BGCWV staff to better tailor age-appropriate programming for participants.

**Overview: Be A Star Bullying Prevention Program**

**Grades Served: 4<sup>th</sup> to 8<sup>th</sup> Grade**

**Duration: 14 one-hour sessions, offered daily or a few times a week**

Utilizing curriculum developed by the WWE, the program focuses on the social and emotional learning as a way to reduce school bullying. We work with students to help them develop the tools they need to support sound decision making, relationship development, and mental health. The program also works to develop skills for effective learning and the exploration of creativity.

Be a Star promotes school safety and a positive school climate, as well as physical and mental wellness and social/emotional development.

**PRICE SCHEDULE**

BGCWV proposes a rate of \$12.00 per student, per day with a minimum of 20 student participants per selected program. The rate was determined based on our years of experience in contracting with LAUSD to provide College Bound and other support services and is in line with previous contracts.