LAUSD has an agreement with the American Heart Association (AHA) allowing the District to be an Authorized Training Center. As an AHA Training Center, the District can provide Basic Life Support (BLS) courses in cardiopulmonary resuscitation (CPR) and first aid. All courses follow the AHA guidelines for BLS and are taught by certified AHA instructors.

The AHA is a nonprofit organization dedicated to fighting heart disease and stroke and sets guidelines for emergency cardiovascular care (ECC) and training. The AHA is a leader in resuscitation science, education and training and publishers of the official AHA Guidelines for CPR and ECC. Millions of healthcare providers and others trust the AHA for their lifesaving training.

For further information regarding the AHA visit their website at [www.heart.org](http://www.heart.org). Their website offers information on:

- Healthy Living
- Conditions: heart attack, stroke, congestive heart failure (CHF), elevated cholesterol and more.
- Support: for the cardiovascular and stroke, professional.
- Research
- Educator: resources designed for the educator in promoting a healthy school environment.
- CPR and ECC: dedicated to saving lives, provides information on courses the AHA provides.