



WELLNESS PROGRAMS



Partner Directory

SCHOOL-BASED SERVICES AT NO COST



TEAMWORK



TRUST



ASSIST



SHARE



EXCHANGE



INSPIRATION



GOALS



SYNERGY



PLANNING



INNOVATION

MESSAGE FROM THE DIRECTOR



The Wellness Programs department is responsible for facilitating the coordination of an array of partnerships that provide on campus services at no cost to students and families. Wellness Programs support schools to establish partnerships with city, county and community-based organizations that address the needs of the whole school, whole community and whole child. We know that health, mental health, wellness, and safety are essential for effective teaching and learning. Wellness Programs is committed to supporting the instructional program by reducing and eliminating barriers to student learning and promoting success toward the goals of 100% graduation and zero dropouts.

The Wellness Programs Partner Directory consists of partners that have active agreements with Los Angeles Unified School District. In order for community-based agencies or non-District personnel to render health, mental health, and non-health services on a school campus at no cost, a completed and executed agreement Memorandum of Understanding (MOU) or Operating Agreement (OA) and Service Delivery Application (SDA) must be on file with the Division of Student Health and Human Services. Each Local District has been allocated an Organization Facilitator to develop agreements with school site personnel and partners. Organization Facilitators are responsible for verifying the completion of documentation, ensuring all appropriate signatures are secured, and maintaining a database record of all executed no-cost agreements.

The purpose of this resource is to provide school leaders with a list of partners that have an agreement with the District that may be able to provide services to the school community. Wellness Programs is dedicated to establishing partnerships that serve the needs of schools and our Organization Facilitators are eager to assist with meeting those needs.

Sincerely,
William Celestine,
Director, Wellness Programs

ESTABLISHING PARTNERSHIPS

The Division of Student Health and Human Services (SHHS) has the responsibility to provide support to the instructional program and reduce barriers to the academic achievement of students. Schools are encouraged to collaborate with city, county and community-based health and human services for improved child, youth, and family outcomes.

In order for a community-based agency or non-District personnel to render no-cost health and non-health services on a school campus, a completed and executed Agreement should be completed with the assistance of an Organization Facilitator. All district administrators should review BUL – 076705 Establishing No-Cost Health, Non-Health and Mental Health Services MOUs and Agreements on School Campuses, before entering into partnerships with any community-based agency or non-District personnel. Below is an outline of the process developed to establish no-cost partnerships along with the contact information for Organization Facilitators to assist school leaders.

Memorandum of Understanding (MOU) and Operating Agreement (OA) Process:

- 1) Provider and school determine a need for a school based service.
- 2) Provider and school principal contact Local District Organization Facilitator (O.F.).
- 3) Local District O.F. develops MOU or Operating Agreement with provider and school personnel.
- 4) Provider completes MOU and Service Delivery Application (SDA).
- 5) Provider and school principal review MOU and SDA and sign documents as evidence of approval.
- 6) Provider submits signed MOU, SDA and accompanying documents to Local District O.F.
- 7) O.F. reviews MOU, SDA and documentation and signs in approval.
- 8) O.F. secures necessary signatures from Local District and Central offices, including Office of General Counsel.
- 9) O.F. notifies school and provider of MOU/SDA approval and when services may begin.

ORGANIZATION FACILITATORS



LD Central
Ricardo Lopez
ricardo.l.lopez@lausd.net



LD East
Ann Marie Gauto
anne.gauto@lausd.net



LD Northeast
Isabel Vaquero
isabel.vaquero@lausd.net



LD Northwest
TBD
wellnessprograms@lausd.net



LD South
Francisco Vasquez
francisco.vasquez@lausd.net



LD West
Grisell Brito Garnica
grisell.brito@lausd.net

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The description of the services are provided by the partners. Please contact your Organization Facilitators and review the specific agreements for details regarding the partners and available services. Wellness Programs continues to establish new partnerships with community based organizations, please log onto achieve.lausd.net/wellnessprograms to view the most current list of “community partners” with active MOU agreements.

ACADEMIC & COLLEGE READINESS SERVICES

826LA

www.826la.org

Supporting students ages 6-18 with their creative and expository writing skills, and to helping teachers inspire their students to write.

AVALON CARVER COMMUNITY CENTER

<http://avalon-carver.org>

Alcohol and substance abuse counseling, education programs, intervention with students, training, job preparation, information and referral, food and shelter programming, work with welfare recipients and their families, gang intervention, violence and related services. The Tutoring and Homework Assistance Program improves the educational aspirations and attainment of youth, and increase participation in positive school-related activities.

COMMUNITY DEVELOPMENT TECHNOLOGIES CENTER (CDTECH)

www.cdtech.org

Provides youth leadership programs at high schools to increase educational attainment and career development among 14-18 year old youth.

EMILY SHANE FOUNDATION

www.emilyshane.org

Offering mentor services to struggling and failing middle school students in the mainstream classroom.

FULFILLMENT FUND

www.fulfillment.org

Through classroom instruction, mentoring, one-on-one college counseling and experiential learning opportunities, they open young people's eyes to the possibility of higher education, and change their beliefs about what they are capable of achieving.

L.A OASIS WISE & HEALTHY AGING

www.oasisnet.org/National-Programs/Intergenerational-Tutoring

In partnership with school districts to pair volunteer tutors with children in grades K-5 to build their reading skills, self-esteem, and positive attitudes toward learning.

PUENTE LEARNING CENTER

www.puente.org

A bridge to opportunity by enabling children to develop a lifelong love of learning, helping parents succeed in their role as their child's first and most important teachers, supporting youth as they move toward high school graduation and beyond.

SCHOOL ON WHEELS

www.schoolonwheels.org

In conjunction with the Homeless Education Program counselor, provides volunteer one-on-one and group tutoring for identified homeless students on school campuses in grades K-12.

TELACU

www.telacu.com

Provides students comprehensive academic support and guidance to graduate from high school, enroll in and complete postsecondary education. Access to college campus visits throughout the State, instructions on successfully navigating the college admissions, and enrollment processes.

THE UNIVERSITY CORPORATION – CALIFORNIA STATE UNIVERSITY, NORTHRIDGE

www.csun.edu

Assist participants with receiving pre-college program services to support their academic success and prepare for post-secondary opportunities upon high school graduation.

DENTAL SERVICES

ALTA MED HEALTH SERVICES CORPORATION

www.altamed.org

They make it easy to see a dentist, with complete dental offices built into many of their health centers. In addition to X-rays, cleanings, and visual exams, they also provide more intensive services.

BIG SMILES DENTAL

www.bigsmlsental.org

Their in-school dental program saves you time and provides a safe and comfortable place for your child to receive gentle dental care from licensed local professionals. Dental care includes a complete dental exam, x-rays, cleaning, fluoride and sealants when necessary, and in some cases, restorative care such as fillings.

EISNER PEDIATRIC & FAMILY MEDICAL CENTER

www.eisnerhealth.org/dental

In order to reach more at-risk children with dental care, they operate two school-based portable dental clinics in the L.A.U.S.D at San Pedro Elementary and Nevin Elementary. They offer cleanings, exams, sealants and minor fillings to their school-based patients and refer more complicated dental issues to their main dental sites or to each patient's own primary dental provider.

MISSION CITY COMMUNITY NETWORK, INC. (MCCN)

www.mccn.org

A nonprofit 501(c)(3) corporation, has a 25-year history of providing culturally competent and age-appropriate medical, dental, and mental health services to low-income and medically underserved residents of Southern California.

MCCN provides healthcare services on an open-access basis to all families and individuals seeking health services, services for the uninsured and low-income families.

NORTHEAST VALLEY HEALTH CORPORATION

www.nevhc.org

Provides medical, dental and behavioral health services through experienced and dedicated professionals specializing in various fields of expertise.

QUEENSCARE FAMILY CLINICS

www.queenscare.org

An independent network of nonprofit federally qualified health centers providing healthcare for low income and uninsured. While they provide partial funding to QHC, they also refer patients in need to many of their Los Angeles area sister health centers. Beyond primary care, QHC offers low cost vision, affordable dental care, pharmacy, obstetrics, mental health services and much more.

SAMOHA DDS, INC (MILES FOR SMILES)

www.smileformilesdental.com

This program is available to students who are in one of these three categories of dental coverage: 1) have Medicaid 2) have MoHealthNet (formerly MC+) or are uninsured and qualify for free/reduced meals. Miles for Smiles is operated by a professional staff that will provide onsite dental services to eligible children. Students who qualify will be given an initial exam and dental treatment will be provided as determined by the examining dentist. Details of the exam and care given will be available for parents to keep for their records.

DENTAL SERVICES

ST. JOHN'S WELL CHILD & FAMILY CENTER

www.wellchild.org

An independent 501(c)(3) community health center. They serve patients of all ages through a network of Federally Qualified Health Centers and school-based clinics that span the breadth of Central and South Los Angeles and Compton. In addition to providing a broad array of primary care services, they place a high priority on developing supportive services to address families' educational, socio-economic, and mental health needs.

T.H.E. HEALTH & WELLNESS CENTERS

www.tohelpeveryone.org

Provides a one-stop Wellness Center for a wide range of services, including medical health services for men, women, children and teens, as well as public health and preventive education services all designed to treat the "whole" person - body, mind and spirit.

UCLA SCHOOL OF DENTISTRY

www.dentistry.ucla.edu/about

These clinics offer comprehensive state-of-the-art dental care for adults. When you become a patient, you will be assigned to a team of student dentists known as a vertical tier, comprised of a fourth year, third year and second year student. The students work together, each performing procedures for which they have been trained, thus providing continuity of care. All student procedures are closely supervised by faculty mentors at every stage of treatment.

USC HERMAN OSTROW SCHOOL OF DENTISTRY, CHAMP

<https://dentistry.usc.edu>

The program is an extensive outreach program designed to improve the oral health of children ages 0 – 5 years in Los Angeles County. The program, funded by grants from First 5 Los Angeles, has multiple prongs: community outreach and education, screenings and preventive treatment in the field, dental home enrollment, assistance in accessing care, provision of comprehensive services to children in foster care, professional education to dental and health providers, and an expression of their Advanced Program in Pediatric Dentistry.

VALLEY COMMUNITY HEALTHCARE

www.valleycommunityhealthcare.org

Provides general medical care, dental care, optometry, women's health, prenatal care, pediatric care, teen health, behavioral health services, and longer-term counseling.

WESTERN DENTAL SERVICES, INC

www.westerndental.com/en-US

They are focused on helping children and their parents build a foundation of good oral hygiene and dental health for a lifetime. Initial exams and regular checkups for those first new teeth, preventative care like fluoride treatments and tooth sealants, routine cleanings and fillings to repair tooth decay will insure your child maintains a beautiful smile and overall good health.

DROPOUT PREVENTION

AVALON CARVER COMMUNITY CENTER

www.avalon-carver.org

We offer alcohol and substance abuse counseling, education programs, intervention with students, training, job preparation, information and referral, food and shelter programming, work with welfare recipients and their families, gang violence and intervention, and related services.

COUNTY OF LOS ANGELES, PROBATION DEPARTMENT

www.probation.lacounty.gov

Provides a full spectrum of community-based services to both probation and at-risk youth. The school based program consists of Deputy Probation Officers assigned to high schools, middle schools, housing developments, and park (afterschool enrichment) sites. They work closely with parents and guardians in enforcing regular school attendance, behavior, school performance, as well as compliance with all other terms of probation. The primary objective of these services is to increase the opportunity for the probationers and at risk youth to achieve academic success, and to empower and support parents to become the primary charge agent for their children.

CRYSTAL STAIRS

www.crystalstairs.org

Provides services such as Pregnant Teen Peer Support Groups, parenting and leadership training, and activities that foster decision making and stress management.

EL CENTRO DEL PUEBLO

www.ecdpla.org

The Rampart and Northeast Los Angeles Gang Reduction and Youth Development (GRYD) program is part of an intensive effort to foster youth development and reduce the influence of street gangs in the lives of our youth. El Centro Del Pueblo is the lead agency for the GRYD program and is currently working with families implementing prevention services.

GARDENA POLICE DEPARTMENT JUVENILE JUSTICE & INTERVENTION PROGRAM

www.gardenapd.org/juvenile-justice-and-intervention-program

A program created to educate, support, and improve the lives of at-risk youth to become productive and contributing members of society.

LATINO EQUALITY ALLIANCE (LEA)

<http://www.latinoequalityalliance.org>

Provides public education workshops on LGBTQ issues to students, parents, and professionals in an on-campus educational setting. LEA works in Latino communities to decrease homophobia and increase support for LGBTQ issues.

L.A. COUNTY BAR ASSOCIATION (LACBA) COUNSEL FOR JUSTICE, CIVIC MEDIATION PROJECT

www.lacba.org

The school-based program provides students with the skills and training required to receive conflict resolution services on the school campus and help create a community which seeks to resolve differences in a peaceful manner.

LAPD HOLLENBECK POLICE ACTIVITIES LEAGUE (PAL)

www.lapdhollenbeckpal.org

Get It Straight is a 12-week delinquency prevention and intervention training program for youth ages 10 to 17. Parents are required to attend each weekly session with their child. Participants are involved in a comprehensive curriculum combining classroom instruction, personal development, conflict resolution skills, and communication exercises. Field trips to juvenile detention centers are routinely scheduled to give youth a first-hand look at the inevitable consequences of criminal activity. Parents are required to attend a separate 10-week parenting skills training called the Parent Project that will support their success.

DROPOUT PREVENTION

NATIONAL HEALTH FOUNDATION

www.nationalhealthfoundation.org

Empowers teen mothers, supports healthy pregnancies, births, peer group workshops and community resource linkages. Implemented on-campus at partnering school sites, the program provides a safe, supportive space to teen parents with the ultimate goal of empowering youth to avoid additional, unplanned pregnancies, improve health outcomes for themselves and their unborn child, and achieve high school graduation and/or completion of a GED. Weekly educational modules include appropriate healthcare for self, child, nutrition, exercise for pregnancy, fetal, infant development, educational, and vocational planning.

NEW DIRECTIONS FOR YOUTH (NDY)

www.ndfy.org

A comprehensive youth development agency that provides mental health services and programs to more than 3,000 at-risk youth and families annually. NDY has provided critically needed services to more than 200,000 youth, the majority of whom come from very low-income families residing in underserved geographic areas including North Hollywood, Van Nuys, Panorama City, North Hills, the economic Enterprise Zone of Pacoima, Sun Valley, and contiguous areas.

PEACE OVER VIOLENCE (POV)

www.peaceoverviolence.org

In-Touch with Teens: the curriculum addresses the development of prosocial skills such as empathy, impulse control, effective communication, problem solving, and bystander accountability. The focus on responding to victimization from crimes and complex trauma from interpersonal violence including sexual and domestic violence, family and community violence, sex trafficking, intimate partner stalking and homelessness. POV serves the community through trauma-informed and resiliency-focused interventions and preventions provided by skillful professionals and highly trained paraprofessionals. The POV-DWC Trauma Recovery Center is particularly responsive

to the needs of homeless women by providing emergency, temporary and permanent housing along with on-site medical services.

P. F BREESE

www.bresee.org

The mission is to battle poverty by empowering youth and families in Los Angeles with the skills, resources, and relationships necessary to thrive. To pursue this mission, Bresee offers diverse services under three program divisions: Youth Services, Family Services and Gang Prevention.

SOLEDAD ENRICHMENT ACTION, INC. (SEA)

www.seaprograms.org

SEA has become the leading provider of services to high-risk individuals, families and gang-affected communities within Southern California. Their assistance includes substance abuse treatment, support groups, and job placement.

THE WATTS LABOR COMMUNITY ACTION COMMITTEE

www.wlcac.org

A non-profit, community-based, human social services organization dedicated to improving the quality of life for South Los Angeles residents. The Gang Reduction and Youth Development Program provides a variety of services for families encouraging overall community wellness, individual and group self-sufficiency.

VOLUNTEERS OF AMERICA LOS ANGELES

www.voala.org

The Gang Reduction Youth Development (GRYD) program is to reduce gang violence and gang involvement by promoting positive youth development, assisting gang and at-risk youth 14-25 years of age and their families with access to a wide range of supportive services, creating safer, healthier communities.

ENRICHMENT SERVICES

ASIAN AMERICANS ADVANCING JUSTICE - LA

www.advancingjustice-la.org

A joint project of Advancing Justice-Los Angeles and Advancing Justice-Asian Law Caucus in San Francisco, engages in statewide policy advocacy that furthers civil rights for Asian Americans, Native Hawaiians and Pacific Islanders and all communities of color. The organization also provides youth development centers, mentoring, and leadership training to high school students.

ATHLETES IN THE MAKING

www.athletesinthemaking.org

Visits various elementary schools, in all school districts, and conducts hour long sessions which consist of various drills that many professional and amateur athletes use on a day to day basis such as dribble drills for basketball, kicking drills for soccer, fielding drills for baseball and puck passing for hockey.

CREATIVEBRIDGE COALITION (CBC)

www.cbridgec.org

An innovative-thinking, problem-solving organization created by education and music industry veterans whose goal is to bring music into the lives of children. CBC helps kids (birth through 9 years of age and those with special needs up to 21 years old) learn through effective music-based programs.

DIAVOLO ARCHITECTURE IN MOTION

www.diavolo.org

DIAVOLO hosts programs at over 15 sites a year. From elementary to high school, they have programs that can fit your needs.

JMG SPORTSWISE

www.jmgssportswise.com

Professional coaches offer an after school program which includes practices and classes that prepare students for competition while at the same time fostering an environment that teaches character building, self-esteem, community, and team spirit.

LOS ANGELES COUNTY MUSEUM OF ART (LACMA)

www.lacma.org

Integrated school-based program intended to enrich LAUSD's curriculum by creating art lessons, professional development for teachers and community workshops by way of reproductions based on LACMA's collection for children in grades K-8.

LOS ANGELES DRAMA CLUB

www.losangelesdramaclub.com/

Successfully built an ongoing artistic community of children/youth who, through the creative process of working with Shakespeare, have found a passion, a purpose, and a safe place to express themselves and gain self-worth from their collective accomplishments.

STREET SOCCER USA

www.streetsoccerusa.org

After-school soccer program for vulnerable/at risk youth to improve well-being, health and physical fitness.

THE GABRIELLA FOUNDATION – EVERYBODY DANCE!

www.everybodydance.org

Transforming lives and communities through the power of dance! Providing over 4,600 youth annually with high-quality dance instruction which improves self-esteem, overall physical fitness, and the belief in one's ability to succeed.

ENRICHMENT SERVICES

SHAREFEST

www.sharefestinc.org

Believing that a community's greatest asset is its youth, Sharefest is committed to mentoring youth to reach their fullest potentials. With the right cultivation of values, critical thinking skills, and opportunities, today's youth are empowered to be tomorrow's leaders who bring solutions and positive change their communities need.

THE TORCH FOUNDATION

www.thetorchfoundation.training

Conducts transformational leadership workshops for teens, ages 13-17. The two-day workshops provide a safe, engaging, and inspirational environment for profound self-discovery and growth, creating a lasting foundation for teens to build full and enriching lives.

THE UNUSUAL SUSPECTS THEATRE COMPANY

www.theunusalsuspects.org

Offers underserved youth experiential theatre-arts education and mentorship. Utilizes theatrical story development, script writing, improvisation techniques, and onstage performance to help youth develop self-esteem, respect, and tolerance of others.

TRIDENT SWIM FOUNDATION

www.tridentswimfoundation.org

The Swimmer Scholar Program provides academic and aquatics to under-resourced communities at no cost. Through both structured swim practices and after school study sessions participants will learn the core principles of discipline, self-confidence and team work. The program is designed to encourage high school graduation, college attendance, and career development.

URBAN ARTS PARTNERSHIP (UAP)

www.urbanarts.org

Utilizes art to meet the needs of diverse learners and close achievement gaps. UAP can provide support for students and teachers during the school day and during Extending Learning Time. UAP is committed to tailoring programs with staff and teachers to best meet the needs of students.

VOICES UNHEARD

www.voicesunheard.com

In-school workshops funded by The Johny Mercer Foundation and run by trained Voices Unheard teaching artists.

YOUNG STORYTELLERS

www.youngstorytellers.com

Students receive mentoring in a group setting by entertainment industry professionals who help them write a story thus engaging their creativity through the art of storytelling. Students will be given the opportunity to direct and film their own short film based on their story.

YOUTH SPEAK! COLLECTIVE

www.youthspeakcollective.org

Provides youth development to students through an empowerment and community involvement-based afterschool program. A student driven program that helps youth to become advocates in their community by encouraging them to have a voice and become leaders at their schools.

YOUTH YOGA INC

www.youthyoga.com

Provides a series of YOGA instruction sessions to high school students during physical education class.

MEDICAL SERVICES

ASIAN PACIFIC HEALTH CARE VENTURE, INC.

www.aphcv.org

The agency provides a full spectrum of health services for patients of all ages including general diagnosis and treatment, behavioral health services, walk-in pregnancy testing, testing for HIV/AIDS and STIs, and screenings for bone density, breast, and cervical cancer.

CEDARS-SINAI MEDICAL CENTER - COACH FOR KIDS & THEIR FAMILIES

www.cedars-sinai.org/community/programs/coach-for-kids.html

Cedars-Sinai created COACH for Kids and Their Families®, a program of the Cedars-Sinai Maxine Dunitz Children's Health Center. COACH provides no-cost health and social services to underserved communities in Los Angeles. On a regular basis, two COACH mobile medical units travel to schools, shelters, public housing developments and neighborhood facilities in communities across 28 Los Angeles zip codes, providing the highest quality care.

DIGNITY HEALTH-CALIFORNIA HOSPITAL MEDICAL CENTER

www.dignityhealth.org/socal/locations/californiahospital

They define health as more than an absence of disease. The center believes caring for the whole person and realizing whole health is best achieved by providing for the physical, mental, spiritual and social needs of every patient we see.

EISNER PEDIATRIC & FAMILY MEDICAL CENTER

www.eisnerhealth.org/medical

Eisner Health's school-based family planning program is a safe place where students can receive confidential and personal care including testing, treatment and counseling, free of charge. Their school-based family planning programs are located at Metropolitan High School, Los Angeles High School and Santee Education Complex. Students can schedule two types of visits: (1) non-clinical visits which include pregnancy tests, contraception counseling and distribution of condoms, lubricants and emergency contraception and (2) clinical visits which can include full physical exams, sexually transmitted disease testing and treatment, contraception counseling for prescriptions, and pregnancy testing. Clinics do not need parental permission to talk to students under the Family PACT program.

HOLLYWOOD SUNSET FREE CLINIC

www.hsfreeclinic.org

This clinic provides free quality medical and counseling services to people of all ages. Low-income, uninsured or under-insured individuals are served. They believe healthcare is a human right and are committed to serving the community.

MEDICAL SERVICES

LIFESTREAM (BLOOD COLLECTION)

www.lstream.org

With the simple act of donating blood, a donor becomes a hero to those in need, and a symbol of hope and prosperity to their loved ones. A blood donor's gift is selfless, kind, and uniquely theirs.

MISSION CITY COMMUNITY NETWORK, INC

www.mccn.org

Provides advocate and model quality health care and social services for the uninsured and low-income families.

NORTHEAST COMMUNITY CLINIC (NECC)

www.northeastcommunityclinics.com

Providing primary and preventative healthcare services since 1971 to the low-income, uninsured and underserved residents of Los Angeles County. NECC's goal is to eliminate health disparities through the promotion of health education and disease prevention. In addition to primary care, they also provide counseling, mental health, referrals and other supportive services through coordination of community resources for you and your family.

NORTHEAST VALLEY HEALTH CORPORATION

www.nevhc.org

Provides medical, dental and behavioral health services through experienced and dedicated professionals specializing in various fields of expertise.

PLANNED PARENTHOOD LOS ANGELES

www.plannedparenthood.org/planned-parenthood-los-angeles

Provides convenient and affordable access to a comprehensive range of quality reproductive health care and sexual health information, through patient services, education and advocacy.

QUEENSCARE FAMILY CLINICS

www.queenscare.org

An independent network of nonprofit federally qualified health centers providing healthcare for low income and uninsured. While they provide partial funding to QHC, they also refer patients in need to many of their Los Angeles area sister health centers. Beyond primary care, QHC offers low cost vision, affordable dental care, pharmacy, obstetrics, mental health services and much more.

RAPE TREATMENT CENTER UCLA-SANTA MONICA MEDICAL CENTER

www.careprogram.ucla.edu/Rape-Treatment-Center

Free medical and counseling services for sexual assault survivors available 24 hours a day. Free telephone consultation. Services for medical exam are within 120 hours of assault.

SOUTH BAY FAMILY HEALTH CARE

www.sbfhc.org

A leading community clinic system and one of Los Angeles County's largest safety net providers, offering high-quality, low-and-no cost health care in a warm and supportive environment to economically disadvantaged and uninsured populations throughout Los Angeles County's South Bay and Harbor Gateway communities.

SOUTH CENTRAL FAMILY HEALTH CENTER

www.scfhc.org

Provides high quality dental care for everyone in the South Central community regardless of their ability to pay. Beyond brushing your teeth and flossing every day, visiting their dentist can prevent these oral health problems and keep your mouth healthy.

MEDICAL SERVICES

SOUTH CENTRAL FAMILY HEALTH CENTER

www.scfhc.org

SCFHC provides high quality primary care for everyone in the South Central community regardless of their ability to pay. Their dedicated medical providers care for all your medical needs, write prescriptions, help with medication management and provide referrals and follow up for specialty care like dermatology and cardiology. SCFHC's Mind Body & Heart Program offers you support for your physical health, mental health, and substance abuse needs. Their expert medical and mental health professionals work as a team to ensure your success through a combination of classes and individual counseling. Their coordinated, holistic services include the entire family – newborns, children, adults and seniors.

ST. JOHN'S WELL CHILD & FAMILY CENTER

www.wellchild.org

St. John's Well Child and Family Center (SJWCFC) is an independent 501(c)(3) community health center. SJWCFC serves patients of all ages through a network of Federally Qualified Health Centers and school-based clinics that span the breadth of Central and South Los Angeles and Compton. In addition to providing a broad array of primary care services, they place a high priority on developing supportive services to address families' educational, socio-economic, and mental health needs.

T.H.E. HEALTH & WELLNESS CENTERS

www.tohelpeveryone.org

Provides a one-stop Wellness Center for a wide range of services, including medical and mental health services for men, women, children and teens, as well as public health and preventive education services, all designed to treat the "whole" person - body, mind, and spirit.

UNIVERSITY MUSLIM MEDICAL ASSOCIATION-UMMA COMMUNITY CLINIC

www.ummaclinic.org

UMMA emphasizes the need for regular health maintenance visits, which include routine prevention screenings, immunizations, and wellness evaluations. Patients are provided education and support to optimize their total health and well-being. In most cases, patients are evaluated by a regular primary care provider, and typically provided any necessary medication at either no cost or low cost depending upon their ability to pay. If a patient requires more advanced tests or specialty care, UMMA will provide an in-house referral to their volunteer specialists or a referral to a local county medical facility.

USC, SCHOOL KECK OF MEDICINE

www.keck.usc.edu

Blood collection through blood drive events.

VALLEY COMMUNITY HEALTH CARE

www.valleycommunityhealthcare.org

Valley Community Healthcare provides general medical care, dental care, optometry, women's health, prenatal care, pediatric care, teen health, behavioral health services, and longer-term counseling. Through the Patient Portal, enrolled patients connect online to request appointments, prescription refills and access their medical records.

VIA CARE COMMUNITY HEALTH CENTER (AKA BIENVENIDOS CHILDREN'S CENTER, INC.)

www.viacarela.org

Via Care provides quality primary health care in a warm and friendly environment that is respectful to our patients' culture and experience. As an FQHC, Via Care provides medical services to our community regardless of the ability to pay, caring for the insured and the uninsured.

MEDICAL SERVICES

WATTS HEALTHCARE CORPORATION

www.wattshealth.org

Preventive services promoting health maintenance and education include: cancer screening, tobacco control, substance abuse prevention, tuberculosis control, immunizations, maternal and child health, and nutrition education.

WESTSIDE FAMILY HEALTH CENTER

www.wfhcenter.org

Westside Family Health Center's mission is to provide comprehensive, high quality, cost effective health care in an educational and supportive environment that empowers patients to take an assertive role in caring for their well being through all stages of life.

MENTAL HEALTH SERVICES

AIRPORT MARINA COUNSELING SERVICES

www.airportmarina.org

Affordable, community-based mental health services, including child and family therapy, parenting classes, adult and child psychiatry, support groups and crisis intervention.

ALAFIA MENTAL HEALTH INSTITUTE (California Institute of Health & Social Services, Inc)

www.cihssinc.org

Provides access to targeted services for children identified as having mental health problems and emotional disturbances. Prevents placement disruptions and increases stability of the child in the home, school, and community.

ALMA FAMILY SERVICES

www.alfamilyservices.org

Mental Health Services for children and adolescents are focused on youth who are experiencing significant emotional difficulties. Services may include individual, family, group psychotherapy, medication support and/or case management. The children's mental health project emphasizes linkage and close collaboration with the child's and family's support system. This may include schools, the Los Angeles County Regional Centers, Department of Mental Health and Department of Children and Family Services. In addition Alma has a central role in the Integrated School Health Center project in Roosevelt High School.

AMANECER COMMUNITY COUNSELING SERVICES

www.amanecerla.org

As a community-based nonprofit organization, the agency provides a wide range of personalized, bilingual/bicultural, behavioral health care and intervention services at no cost to children and parents/caregivers. The agency specializes in school-

based counseling services. The agency also provides service to victims of domestic violence.

ASIAN AMERICAN DRUG ABUSE PROGRAM

www.aadapinc.org

The Asian American Drug Abuse Program (AADAP) is a 501(c)3 non-profit organization dedicated to serving Asian Pacific Islanders and other underserved communities with substance abuse services throughout Los Angeles County. Programs and services are provided to all individuals regardless of race or ethnicity.

ASIAN PACIFIC COUNSELING AND TREATMENT CENTERS

(AKA Special Service for Groups)

www.apctc.org

Provides vital services to adults, older adults, adolescents, and children who are dealing with a wide range of mental health and social problems. Most of these individuals come from the following Asian Pacific communities: Cambodian, Chinese, Japanese, Korean, Laotian, Pilipino, Thai and Vietnamese. While the focus of APCTC has been on serving the needs of Asians and Pacific Islanders in need, the Centers have also extended their services to non-Asian individuals and families.

AVIVA FAMILY AND CHILDREN'S SERVICES

www.avivacenter.org

Therapeutic services for children and youth ages birth to 21. Aviva's integrated areas of service make up a continuum of care that addressed emotional, social and other therapeutic services and guidance to at-risk children and families in three main program areas: Wraparound Services, Community Mental Health Services and Foster Family and Adoption Services.

MENTAL HEALTH SERVICES

BRIDGES, INC.

www.bridgesrehab.org

BRIDGES Inc. is a non-profit organization providing counseling, housing options, and supportive services throughout Los Angeles County for over 4 decades.

CALIFORNIA HISPANIC COMMISSION ON ALCOHOL & DRUG ABUSE, INC

www.chcada.org/

Provides culturally competent bicultural, bilingual, and monolingual services that will reduce the environmental vulnerability of low income Latinos and other marginalized populations in California and throughout the United States. CHCADA also provides organizational development and supportive services to Latino-serving organizations. Whether substance abuse emerges as a means of coping with situational problems, or as a stabilizing force within a dysfunctional family, the California Hispanic Commission provides a full range of substance abuse assessment, treatment / recovery services, referral and other services on an outpatient basis.

CALIFORNIA STATE UNIVERSITY LOS ANGELES - CSULA

www.calstatela.edu/academic/psych/MA%20grad%20program.html

Cal State LA Psychology Students provide an after-school Success Coaching Program at two identified schools in Local District East.

CEDARS-SINAI MEDICAL CENTER/ PSYCHOLOGICAL TRAUMA CENTER

www.cedars-sinai.org

Offers a brief term art therapy group focused mental health program for children who have been impacted by stress and/or trauma. Individual and family therapy as well as Case management services are also provided as needed.

CHILD AND FAMILY GUIDANCE CENTER

www.childguidance.org

Services are provided based on the child's individual needs. They utilize a variety of highly effective evidence based practices (EBP's) in their outpatient programs. Child psychiatrists provide psychiatric services, including evaluation and medication monitoring. Intensive in-home case management services are offered in collaboration with your child's treatment team. They specialize in linking families to community social services and school support. Wraparound is a family-centered, team and strength-based, needs driven planning process for high risk youth. This intensive home based program serves children and youth who are at risk of out of home placement or are returning home from placement.

CHILDREN'INSTITUTE INC

www.childrensinstitute.org

Provides early education, behavioral health and family strengthening services to children and families.

CHILDREN'S BUREAU OF SOUTHERN CALIFORNIA

www.all4kids.org

Geared toward helping young children and their families find ways to decrease potential outbursts and violence in the home and to meet their mental health needs. Children's Bureau provides a wide range of counseling for kids and mental health services including a comprehensive assessment, child abuse therapy, family focused therapy, individual counseling, and group therapy. Intensive day treatment for young children, medication management, case management assistance, therapeutic behavioral health services, as well as assistance to the significant caretakers and support person(s) in the child's life are all offered at their mental health counseling center.

MENTAL HEALTH SERVICES

CHILDREN'S HOSPITAL LOS ANGELES (CHLA Division of Adolescent and Young Adult Medicine)

www.chla.org/adolescent-and-young-adult-medicine

Promotes healthy futures by attending to the physical, emotional, and social needs of young people ages 12 to 25. Board Certified Adolescent Medicine Specialists (from the field of pediatrics, family medicine, and internal medicine) focus on health promotion, treatment and prevention using a model of positive youth development. An interdisciplinary team of psychologists, social workers, health educators, and other professionals collaborate with their physicians and nurses to support the health and wellbeing of young people.

COMMUNITY FAMILY GUIDANCE CLINIC

www.cfgcenter.com

Offers a broad range of outpatient mental health services that employ Best Practices to support a client's journey to wellness through the integration of evidence-based programs focusing on prevention, early intervention, and treatment services. They focus on children, adolescents, and transition-age-youth and their families who are high-risk, low-income, and living in underserved areas throughout Southeast Los Angeles County.

COUNSELING4KIDS

www.counseling4kids.org

Counseling4Kids provides effective mental health services to at risk children and youth in local school districts. They provide parenting classes, case management, and individual rehab services in adjunct to mental health services provided by licensed clinicians. The goal of their school program is to minimize the effects of trauma, assist parents in increasing effective communication, and to provide comprehensive services to children and their families in the community.

CRITTENTON SERVICES FOR CHILDREN AND FAMILIES

www.crittentonsocal.org

A highly qualified and dedicated team of mental health professionals that are assigned to coach and provide assistance to the children, youth and families we serve. Whether they are working with an individual, an entire family, or students in a school-based setting, they will ensure that all services provided are delivered in a professional and compassionate manner.

DIDI HIRSCH PSYCHIATRIC SERVICE DBA DIDI HIRSCH MENTAL HEALTH SERVICES

www.didihirsch.org

Didi Hirsch Mental Health Services has been providing quality mental health and substance abuse treatment in Southern California since 1942.

DIGNITY HEALTH-CALIFORNIA HOSPITAL MEDICAL CENTER

www.dignityhealth.org/socal/locations/californiahospital

They define health as more than an absence of disease. They believe caring for the whole person and realizing whole health is best achieved by providing for the physical, mental, spiritual and social needs of every patient they see.

EDELMAN CHILDREN'S MENTAL HEALTH CENTER

www.dmh.lacounty.gov/edelman

Mental health services provided include assessments, case management, crisis intervention, medication support, peer support and other rehabilitative services. Services are provided in multiple settings including residential facilities, clinics, schools, juvenile halls and camps.

MENTAL HEALTH SERVICES

EL CENTRO DE AMISTAD, INC.

www.elcentrodeamistad.com

El Centro de Amistad, Inc., is a multilingual, cross cultural organization providing a comprehensive range of mental health services, anticipating the ever-changing needs of families and individuals in the San Fernando Valley. El Centro de Amistad, Inc. is committed to assisting children, adults and families.

EL CENTRO DEL PUEBLO

www.ecdpla.org

El Centro del Pueblo's mission is to provide social services such as counseling, drug prevention, social rehabilitation, employment, outreach, education, health services, HIV/AIDS education and prevention services and youth services in an effort to improve the quality of life of the diverse communities of Los Angeles County.

EL NIDO FAMILY CENTERS

www.elnidofamilycenters.org

El Nido Family Centers is a social service non-profit agency. El Nido Family Centers offers counseling and family support services to disadvantaged communities throughout Los Angeles County. The main goals of ECDA's children's programs are to reduce risk factors that lead to violence, school failure, gang affiliation, and child abuse.

ENKI HEALTH & RESEARCH SYSTEMS, INC.

www.ehrs.com

With the goal of promoting early detection and increasing access to mental health services, these services are provided at various school sites. By working in partnership with the schools, treatment is provided to the child in a coordinated and effective manner.

EXCEPTIONAL CHILDREN'S FOUNDATION

www.ecf.net

Offers school-based, comprehensive mental health services to children and adolescents who are struggling with a variety of issues, including trauma, depression, anxiety and behavioral problems.

FIVE ACRES

www.5acres.org/deaf-services

Provides mental health services tailored to the culture and language of deaf children and adults (ages 0–65+) who reside within Los Angeles County.

- Direct cultural and linguistic therapeutic services in the following languages: American Sign Language, English and Spanish. ASL-English-Spanish or ASL interpreters are used during family therapy sessions to ensure language is not a barrier to healing
- Individual and family therapy with deaf children and adults in their homes, schools or community to support strong mental health
- Treatment using a team approach, utilizing psychiatric services and medication management to compliment therapeutic treatment
- Case management with referral assistance to link you with additional services
- Rehabilitation services to help individuals master coping and social skills to promote healthy living and mental wellness

GATEWAYS CHILD AND ADOLESCENT OUTPATIENT SERVICES

www.gatewayshospital.org/outpatient-programs

Offers an array of comprehensive mental health services for children, Adolescents, transitional aged youth, and adults suffering from mental illness.

MENTAL HEALTH SERVICES

HATHAWAY-SYCAMORES CHILD AND FAMILY SERVICES

www.hathaway-sycamores.org

Offers integrated dual diagnosis treatment for youth struggling with both a mental health condition as well as substance abuse. The Co-Occurring Department has certified chemical dependency counselors as well as mental health professionals working together to provide integrated treatment to this population.

HILLSIDES

www.hillsides.org

Hillsides has five core programs that offer a depth and breadth of innovative services for at-risk children and their families. Their integrated team of experts works together to provide the highest quality care and treatment to achieve positive, lasting change. Programs are widely known and respected in the child welfare community: Residential Treatment Services. They provide a safe and stable environment for children and youth who cannot live at home, who have suffered trauma, or who have severe emotional, psychological, and behavioral challenges requiring specialized care and treatment.

HOLLYWOOD SUNSET FREE CLINIC

www.hsfreeclinic.org

Provides free quality medical and counseling services to people of all ages. Serves low-income, uninsured or under-insured individuals. Mental health services include individual, couple, family, group & school-based counseling for a variety of psychological problems.

INSTITUTE FOR MULTICULTURAL COUNSELING AND EDUCATION SERVICES (IMCES)

www.imces.org/children-family-services

Committed to reaching the school-aged, ethnically diverse populations in the community within the convenience of their schools. The program is designed to reach children as early as possible and deliver the goals of the Early Periodic Screening, Diagnostic, and Treatment program. Able to reach children in need of prevention and intervention in order to protect them from high risk factors that may detract to their healthy development. Students are referred by the school psychologist, the PSA counselor, or any administrator who has been designated as the referral source at the school.

INSTITUTE FOR THE REDESIGN OF LEARNING DBA: ALMANSOR CLINICAL SERVICES

www.redesignlearning.org

Offers a full array of therapeutic services for children, youth, and young adults ages 3-22 years. Almansor Mental Health Services contracts with the L.A. County Department of Mental Health and other agencies, and strives to empower clients and families to "take charge" of their own success. Services are offered in English, Spanish, Cantonese, Mandarin, and Vietnamese; cultural sensitivity is emphasized.

KEDREN COMMUNITY HEALTH CENTER, INC.

www.kedren.org

Provides mental health care and general medical care, in order to address comprehensive wellness and a collaborative treatment among physicians for optimal patient care. Kedren's holistic integrated delivery system allows for optimal success as the pillars of a healthy community are centrally located on one campus.

MENTAL HEALTH SERVICES

KOREATOWN YOUTH & COMMUNITY CENTER

www.kyccla.org

Holistic approach to mental health is supported by their multiservice agency—they house more than 20 programs—and their wide network of longstanding partnerships with community agencies. Offers short-term programs, help clients transition into recovery, and serve participants who may be beyond the scope of traditional outpatient services. They provide medication management, individual and family-based case management, child abuse prevention and intervention, and parenting education.

MASADA HOMES

www.masadahomes.org

Their mission is to build a foundation for youth and families by providing quality vocational, mental health and substance abuse services.

NEW DIRECTIONS FOR YOUTH (NDY)

www.ndfy.org

A comprehensive youth development agency that provides mental health services and programs to more than 3,000 at-risk youth and families annually. NDY has provided critically needed services to more than 200,000 youth, the majority of whom come from very low-income families residing in underserved geographic areas including North Hollywood, Van Nuys, Panorama City, North Hills, the economic Enterprise Zone of Pacoima, Sun Valley, and contiguous areas.

NORTHEAST VALLEY HEALTH CORPORATION (NEVHC)

www.nevhc.org

NEVHC provides medical, dental and behavioral health services through experienced and dedicated professionals specializing in various fields of expertise.

OPEN PATHS

www.openpaths.org

Counseling services provided to individual and families at affordable fees; free therapy programs for at-risk children and youth in local schools.

OPTIMIST BOYS HOME & RANCH, INC./ DBA: OPTIMIST YOUTH HOMES AND FAMILY SERVICES

www.oyhfs.org

Provides extensive individual, group and family therapy; education; recreation and athletic activities; healthcare programs; participation in community activities, vocational and emancipation training; cultural arts; case management, substance abuse treatment, mentoring, LGBTQ services, and ancillary therapy programs for 700 children and families each day.

OUR HOUSE GRIEF SUPPORT CENTER

www.ourhouse-grief.org

The mission is to provide the community with grief support services, education, resources, and hope. Since 1993, OUR HOUSE has helped thousands of grieving children, teens, and adults as they embark upon their journeys to hope and healing.

MENTAL HEALTH SERVICES

PACIFIC ASIAN COUNSELING SERVICES

www.pacsla.org

They provide an array of mental health services that are culturally sensitive and linguistically appropriate to respond to the diversity of our clients. They are dedicated to healing people with mental illness through counseling and caring.

PACIFIC CLINICS

www.pacificclinics.org

Serves children, transitional age youth, families, adults, and older adults. They offer mental health, substance use treatment, and supportive services to Medi-Cal eligible individuals and families. Their diverse staff provides culturally and linguistically relevant services in over 14 languages to our region's culturally and ethnically diverse populations.

PARA LOS NIÑOS MENTAL HEALTH (PLN)

www.paralosninos.org

They are committed to the emotional, social and cognitive development of children and youth who are school age. Through a team of clinicians, specialists, case managers, family advocates and parent partners, PLN partners with parents and teachers to support young children as they learn and implement new coping strategies to develop the necessary skills to create meaningful relationships and develop academically. PLN supports these children, youth and their parents through social skills and parenting classes, substance abuse education and support, in-home counseling, case management, mental health counseling, and classroom and teacher support.

PARTNERSHIPS TO UPLIFT COMMUNITIES

www.pucschools.org

A non-profit agency that provides a variety of services to meet the social-emotional, behavioral and mental health needs of young children and adolescents and their families.

PATHWAYS COMMUNITY SERVICES

<http://www.pathways.com/youth-family-services>

Pathways treats children who have faced repeated obstacles in their lives due to a broad spectrum of social, emotional, behavioral, and learning challenges; such as depression and bipolar disorders, autism spectrum disorder, anxiety, loss, and trauma.

PEACE OVER VIOLENCE (POV)

www.peaceoverviolence.org

Peace Over Violence offers school-based and crisis counseling intervention, individual counseling, and family counseling. Peace Over Violence also offers parent workshops on domestic violence, child sexual abuse awareness, and Commercial Sexual Exploitation of Children (CSEC).

PENNY LANE CENTERS

www.pennylane.org

Welcomes all clients regardless of gender, race, age, religion, disability, marital status, ethnic background, sexual orientation, gender identity and gender expression. Staff also works proactively with the families and caregivers in order to develop a plan that works for both the child and the family to address the child's mental health needs.

PHOENIX HOUSE

www.phoenixhouse.org

Committed to treating the whole person — and their families — with caring, qualified professionals in the fields of psychiatry, medicine, mental health, social work, education, and recovery support. Their team of experts address underlying causes of substance abuse and behavioral patterns to guide patients toward lasting recovery. As a leading nonprofit treatment provider, they offer affordable evidence-based care to teens, adults, and families, as well as unique programming for mothers with young children and the military community.

MENTAL HEALTH SERVICES

PROVIDENCE SAINT JOHN'S CHILD & FAMILY DEVELOPMENT

www.california.providence.org/saint-johns/services/child-and-family-development

Children with developmental disabilities, emotional challenges, encounters with domestic violence, substance or physical abuse receive assistance through one of the many programs and services available. Services are provided within the center, on school sites, in the home and in the community.

QUEENSCARE FAMILY CLINICS

www.queenscare.org

An independent network of nonprofit federally qualified health centers providing healthcare for low income and uninsured. While they provide partial funding to Queenscare Health Centers (QHC), they also refer patients in need to many of their Los Angeles area sister health centers. Beyond primary care, QHC offers low cost vision, affordable dental care, pharmacy, obstetrics, mental health services and much more.

RAPE TREATMENT CENTER UCLA-SANTA MONICA MEDICAL CENTER

www.careprogram.ucla.edu/Rape-Treatment-Center

Free medical and counseling services for sexual assault survivors available 24 hours a day. Free telephone consultation. Services for medical exam are within 120 hours of assault.

SAN FERNANDO VALLEY COMMUNITY MENTAL HEALTH CENTER, INC.

www.movinglivesforward.org

A full range of child and adolescent programs serving youth of all ages. Services include a full range of therapeutic, outpatient, prevention and early intervention, as well as evidence-based services.

SEARCH TO INVOLVE PILIPINO AMERICANS

www.sipa-online.org

Offers individual and group counseling that focuses on mental health and family preservation. Services also include peer support groups, parenting skills workshops, and ensure that individuals and families become self-sufficient.

SHIELDS FOR FAMILIES

www.shieldsforfamilies.org

Provide individuals seeking treatment for alcohol and drugs, mental health, and/or domestic violence with screening, clinical assessment, treatment matching and linkage to services.

SOUTH CENTRAL FAMILY HEALTH CENTER

www.scfhc.org

Provides primary care for everyone in the community regardless of their ability to pay. Dedicated medical providers care for all your medical needs, write prescriptions, help with medication management and provide referrals and follow up for specialty care like dermatology and cardiology. SCFHC's Mind Body & Heart Program offers you support for your physical health, mental health, and substance abuse needs. Our expert medical and mental health professionals work as a team to ensure your success through a combination of classes and individual counseling. Coordinated, holistic services include the entire family – newborns, children, adults and seniors.

SOUTHERN CALIFORNIA COUNSELING CENTER

www.sccc-la.org

Provides a range of mental health care services, including individual, family, and group counseling as well as school-based services. There are also treatment options for patients who suffer from anger and depression.

MENTAL HEALTH SERVICES

SPECIAL SERVICE FOR GROUPS (SSG)

www.ssg.org

Mental health programs are designed to decrease mental health disparities and improve the quality of life for vulnerable populations. A variety of programs offer innovative, comprehensive and culturally appropriate services to advance the wellness of diverse communities.

ST. JOHN'S WELL CHILD & FAMILY CENTER

www.wellchild.org

An independent 501(c)(3) community health center. They serve patients of all ages through a network of Federally Qualified Health Centers and school-based clinics that span the breadth of Central and South Los Angeles and Compton. In addition to providing a broad array of primary care services, they place a high priority on developing supportive services to address families' educational, socio-economic, and mental health needs.

STAR VIEW COMMUNITY SERVICES

www.starsinc.com/star-view-community-services

Provides programs for children, adolescents, and transitional age youth (TAY) who face emotional, behavioral, and learning challenges and have difficulty succeeding in family or community living environments. An experienced staff of psychiatrists, psychologists, social workers, mental health specialists, parent partners, and other counselors provide case management, mental health care, and a range of support services in schools, homes or other community settings.

STIRLING BEHAVIORAL HEALTH INSTITUTE (SBHS)

www.sbhsva.com

SBHS provides the highest quality of psychiatric and psychological services for individuals and it is staffed

by board certified psychiatrists, licensed clinical psychologists, and licensed masters-level clinicians.

T.H.E. HEALTH & WELLNESS CENTERS

www.tohelpeveryone.org

Provides a one-stop Wellness Center for a wide range of services, including medical and mental health services for men, women, children and teens, as well as public health and preventive education services - all designed to treat the "whole" person - body, mind, and spirit.

TARZANA TREATMENT CENTERS, INC.

www.tarzanatc.org

Dedicated to providing professional health care that treats each person with compassion and according to their assessed individual needs for improved physical and mental wellbeing. They provide whole-person healthcare through their integrated programs of primary medical and behavioral healthcare including inpatient medical detoxification and psychiatric stabilization, residential and outpatient substance use disorder treatment, outpatient mental health, and residential rehab for teens / youth and adults, primary care clinics, and HIV/AIDS services including specialty medical care.

THE ANTIOCH UNIVERSITY COUNSELING CENTER

www.antioch.edu

A community counseling center providing psychotherapy and counseling services to individuals, couples, families, and groups, serving adults, adolescents and children. Our outreach programs include our School-Based Program, in which we provide these services to local K-12 students on their school campuses at no cost to their families.

MENTAL HEALTH SERVICES

THE CENTER FOR INDIVIDUAL & FAMILY COUNSELING (CIFTC)

www.ciftcounseling.com

A 501(c)3, non-profit organization. For more than 25 years, CIFTC has provided care and support to the local community. With five offices throughout Southern California and more than fifty therapists, CIFTC is well-positioned to help meet the emotional, spiritual, relational and psychological needs of those served. CIFTC counseling centers are designed to offer a personalized approach to therapy and are well equipped to meet unique needs, providing trustworthy and competent care.

THE GUIDANCE CENTER

www.guidance-center.org

The agency operates a wide range of programs and services at 23 locations. Their expertise in mental health and wellness, early childhood education, free preschool for low-income families, developmental disabilities services and support, mentoring, substance abuse, and workforce development.

THE HELP GROUP CHILD & FAMILY CENTER

www.thehelpgroup.org

Founded in 1975, The Help Group is the largest, most innovative and comprehensive nonprofit of its kind in the United States serving children, adolescents and young adults with special needs related to autism spectrum disorder, learning disabilities, ADHD, developmental delays, abuse and emotional challenges. The Help Group, through its many specialized clinical and educational programs, provides assistance to children and families within their communities through its Child and Family Center therapeutic and educational programs.

THE VILLAGE FAMILY SERVICES

www.thevillagefs.org/

Offers an array of comprehensive programs and services that work in concert to break the cycle of abuse and neglect and set families on a path to healing.

UNIVERSITY MUSLIM MEDICAL ASSOCIATION COMMUNITY HEALTH CLINIC (UMMA)

www.ummaclinic.org

Emphasizes the need for regular health maintenance visits, which include routine prevention screenings, immunizations, and wellness evaluations. Patients are provided education and support to optimize their total health and well-being. In most cases, patients are evaluated by a regular primary care provider, and typically provided any necessary medication at either no cost or low cost depending upon their ability to pay. If a patient requires more advanced tests or specialty care, UMMA will provide an in-house referral to our volunteer specialists or a referral to a local county medical facility.

UNITED AMERICAN INDIAN INVOLVEMENT CENTER

<http://www.uaii.org>

A 501(c)3 private, non-profit organization offering a wide array of health and human services to American Indians/Alaskan Native (AIAN) living throughout Los Angeles County. UAI has grown from a small community-based organization providing social services to AIAN living in the Skid Row area within the City of Los Angeles, to a multidisciplinary comprehensive service center meeting the multiple needs of AIAN countywide. The agency also provides substance abuse treatment and Youth Development activities.

MENTAL HEALTH SERVICES

UPLIFT FAMILY SERVICES

(Families First, Inc. dba EMQ/Hollygrove)

www.upliftfs.org

Offers one of the largest, most comprehensive behavioral and mental health treatment programs for children and family members recovering from trauma such as abuse, severe neglect, addiction and poverty. Mental health services use a strength-based approach to define and individualize services, maintaining respect and sensitivity for the client's social and cultural background. Certified bilingual staff is available.

VALLEY COMMUNITY COUNSELING CLINIC (VCCC)

www.valleycommunitycounselingclinic.org

Provides in depth therapeutic services to adults, couples, families, teenagers, and children. VCCC offers long term work with the hope of providing opportunity for lasting change.

VALLEY COMMUNITY HEALTHCARE

www.valleycommunityhealthcare.org

Provides general medical care, dental care, optometry, women's health, prenatal care, pediatric care, teen health, behavioral health services, and longer-term counseling.

VIOLENCE INTERVENTION PROGRAM, INC. - CMHC (VIP)

www.violenceinterventionprogram.org

VIP has a vibrant and growing school-based therapy program, delivering services right where children often need it the most; at their school. Through strengthening relationships with administrators and providing a much needed layer of support, their clinicians are utilizing area schools to be better aware of positive mental health and serve as a stronger support structure for their students.

VISTA DEL MAR CHILD AND FAMILY SERVICES

www.vistadelmar.org/

Description: Range of mental health and wellness services integrate concepts of psychodynamic and relational therapy and evidence based practices to help clients develop effective problem solving skills, manage behaviors, establish positive relationships, and achieve academic success.

Service Type: Mental Health

WEBER COMMUNITY CLINIC CENTER

(HOPICS Family Center/Special Service for Groups)

www.ssg.org/programs-and-services/children-youth-families

Provides comprehensive outpatient mental health and substance abuse services to youth aged 0-21. The program targets at risk children and youth residing in Service Area 6 of Los Angeles County. All services are offered in English and Spanish. Probation referrals are welcome and community service opportunities are provided free of charge.

WELLNEST EMOTIONAL HEALTH AND WELLNESS

www.lacgc.org

Behavioral counseling and support are provided through an array of programs designed to empower children and help them reach goals in school, build healthy relationships and enjoy emotional well-being.

MENTORING SERVICES

AVALON CARVER COMMUNITY CENTER

www.avalon-carver.org

Avalon Carver Community Center has been successful in implementing programs geared to empower residents, programs offering hope and opportunity for change. The agency has been extremely successful in the delivery of alcohol and substance abuse counseling, other counseling and education programs, intervention with school age children, training, job preparation, information and referral, food and shelter programming, work with welfare recipients and their families, gang intervention, gang violence and related services.

BIG BROTHERS BIG SISTERS OF GREATER LOS ANGELES

www.bbbsla.org

Free of charge mentoring services which matches volunteers (Bigs) with kids (Littles) facing adversity to provide professionally supported one-to-one mentoring

CITY OF CARSON-PUBLIC SAFETY-YOUTH SERVICES DIVISION

<http://ci.carson.ca.us/CityManager/YouthServices.aspx>

Their objective is to assist minors and their families with issues regarding juvenile delinquency prevention and intervention. They work with minors 9-17 years-old, youth who exhibit delinquent behavior may be referred to them by parents, schools, juvenile courts, the probation department, and/or law enforcement agencies.

COMMUNITY COALITION

www.cocosouthla.org

They advocate for smart and effective crime-reduction strategies that focus on prevention, and alter the social and environmental conditions that foster crime.

DETERMINED TO SUCCEED

www.dtsla.org

Provides comprehensive year-round academic, enrichment and social-emotional support and resources to highly motivated, low-income students to enable them to go to college.

EMILY SHANE FOUNDATION

www.emilyshane.org

Individualized, intensive mentoring to struggling/failing middle school students in the mainstream classroom.

GARDENA POLICE DEPARTMENT-GARDENA JUVENILE JUSTICE & INTERVENTION PROGRAM

www.gardenapd.org/juvenile-justice-and-intervention-program

To educate, support, and improve the lives of at-risk youth to become productive and contributing members of society.

GOOD CITY MENTORS

www.goodcitymentors.org

Provides school-based mentoring services for the purpose of improving and enriching educational development to high school students, grades 9-12.

LAPD HOLLENBECK POLICE ACTIVITIES LEAGUE (PAL)

www.lapdhollenbeckpal.org

Get It Straight is a 12-week delinquency prevention and intervention training program for youth ages 10 to 17. Parents are required to attend each weekly session with their child. Participants are involved in a comprehensive curriculum combining classroom instruction, personal development, conflict resolution skills, and communication exercises.

MENTORING SERVICES

LOS ANGELES BROTHERHOOD CRUSADE

www.brotherhoodcrusade.org

Provides culturally competent academic mentoring as well as youth workforce development training, linked learning opportunities (including internships and job shadowing), financial aid counseling and social emotional learning.

SOCIAL JUSTICE LEARNING INSTITUTE

www.sjli.org

Promotes educational equity for youth in communities of color by offering a mentoring program which includes designing individual academic plans, ACT/SAT preparation, positive identity development, and culturally responsive trainings.

SPARK PROGRAM, INC.

www.sparkprogram.org

Helps students in the middle grades discover who they can be today and in the future through a one-of-a-kind Career Exploration program that is facilitated through a passionate network of volunteer mentors.

THE ACADEMY PROJECT

www.theacademyproject.org

After-school program for students in 4th and 5th grades, providing homework help/mentoring and enrichment activities (music, art, writing, dance, recreational) to help improve the educational outcomes of foster youth.

SOUTHERN CALIFORNIA CROSSROADS

www.socalcrossroads.org

Southern California Crossroads provides mentoring services to at-risk youth in grades 9-12 with a focus on students who have experienced trauma.

THE LITERACY PROJECT FOUNDATION

www.literacyproject.org

The Literacy Project provides free classes to adults in basic skills, high school equivalency, and college and career readiness.

USDA FOREST SERVICE, ANGELES NATIONAL FOREST

www.fs.usda.gov/angeles

USDA Forest Service offers mentoring, social skills and life skills for youth through their Generation Green Program.

NUTRITION EDUCATION

CALIFORNIA STATE UNIVERSITY, NORTHRIDGE/MARILYN MAGARAM CENTER

www.csun.edu/marilyn-magaram-center/champions-change-healthy-communities-initiative-overview

This initiative supports efforts to reduce the prevalence of obesity and chronic diseases in SNAP-Ed eligible communities through a coordinated approach: nutrition and gardening education, community/stakeholder engagement and mobilization; and policy systems, and environmental changes. The Champions for Change Initiative is a three-year program that began its implementation in April 2017 and has as a goal to influence change to policy systems and the environment (PSE).

CEDARS-SINAI/HEALTHY HABITS PROGRAM

www.cedars-sinai.org/community/programs/healthy-habits.html

As part of a strategic effort to combat childhood obesity, Cedars-Sinai is helping children and families learn about healthy eating and physical activity with programs reaching elementary and middle school students, parents of preschool children, and families in underserved communities.

ROOTDOWN, LA

www.rootdownla.org

Creates demand for healthy food by partnering with high schools and surrounding neighborhood non-profits, where we host a variety of community events, youth-trainings, and hands-on classes that get people excited to eat their veggies.

SUSTAINABLE ECONOMIC ENTERPRISES OF LOS ANGELES

(Bring the Farmer to the Classroom)

www.seela.org

Provides educational presentations for students through the Bring the Farmer to Your School Program. Program presentation curriculum is focused on youth learning about specialty crops, agriculture, local urban farming, how crops grow, and the benefits of eating them and how to prepare them.

VOLUNTEERS OF AMERICA LOS ANGELES

www.voala.org

The Healthy Schools Meals Advocacy Project is a student lead project, in which students gain knowledge and awareness of school food policy and functionalities.

SUBSTANCE ABUSE

ASIAN AMERICAN DRUG ABUSE PROGRAM

www.aadapinc.org

A 501(c)3 non-profit organization dedicated to serving Asian Pacific Islanders and other underserved communities with substance abuse services throughout Los Angeles County. Programs and services are provided to all individuals regardless of race or ethnicity.

AVALON CARVER COMMUNITY CENTER

www.avalon-carver.org

Successful in implementing programs geared to empower residents, programs offering hope and opportunity for change. The agency has been extremely successful in the delivery of alcohol and substance abuse counseling, other counseling and education programs, intervention with school age children, training, job preparation, information and referral, food and shelter programming, work with welfare recipients and their families, gang intervention, gang violence and related services.

CALIFORNIA HISPANIC COMMISSION ON ALCOHOL AND DRUG ABUSE

www.chcada.org

Provides culturally competent bicultural, bilingual, and monolingual services that will reduce the environmental vulnerability of low income Latinos and other marginalized populations in California and throughout the United States. CHCADA also provides organizational development and supportive services to Latino-serving organizations. Whether substance abuse emerges as a means of coping with situational problems, or as a stabilizing force within a dysfunctional family, the California Hispanic Commission provides a full range of substance abuse assessment, treatment / recovery services, referral and other services on an outpatient basis.

CHILDREN'S HOSPITAL LOS ANGELES

www.chla.org/adolescent-and-young-adult-medicine

The Division of Adolescent and Young Adult Medicine at Children's Hospital Los Angeles promotes healthy futures by attending to the physical, emotional, and social needs of young people ages 12 to 25. Their Board Certified Adolescent Medicine Specialists (from the field of pediatrics, family medicine, and internal medicine) focus on health promotion, treatment and prevention using a model of positive youth development. An interdisciplinary team of psychologists, social workers, health educators, and other professionals collaborate with their physicians and nurses to support the health and wellbeing of young people.

HATHAWAY-SYCAMORES

www.hathaway-sycamores.org

Offers integrated dual diagnosis treatment for youth struggling with both a mental health condition as well as substance abuse. The Co-Occurring Department has certified chemical dependency counselors as well as mental health professionals working together to provide integrated treatment to this population.

OPTIMIST YOUTH HOMES AND FAMILY SERVICES

www.oyhfs.org

Provide extensive individual, group and family therapy; education; recreation and athletic activities; healthcare programs; participation in community activities, vocational and emancipation training; cultural arts; case management, substance abuse treatment, mentoring, LGBTQ services, and ancillary therapy programs for 700 children and families each day.

SUBSTANCE ABUSE

PHOENIX HOUSE

www.phoenixhouse.org

Is committed to treating the whole person — and their families — with caring, qualified professionals in the fields of psychiatry, medicine, mental health, social work, education, and recovery support. Their team of experts address underlying causes of substance abuse and behavioral patterns to guide patients toward lasting recovery. As a leading nonprofit treatment provider, they offer affordable evidence-based care to teens, adults, and families, as well as unique programming for mothers with young children and the military community.

PUEBLO Y SALUD, INC

www.pys.org

Public Health programs seek to improve community standards to address alcohol, marijuana and other drug-related issues. Prevention efforts focus on ways to prevent youth access and reduce availability in our communities. Prevention Classes/ Workshops focus on providing community education to increase public awareness on risks of prescription drug abuse, safe use/ storage/ drug disposal, risk of marijuana and access, risks of alcohol consumption among youth and available resources for help.

TARZANA TREATMENT CENTERS, INC.

www.tarzanatc.org

Tarzana Treatment Centers, Inc. is dedicated to providing professional health care that treats each person with compassion and according to their assessed individual needs for improved physical and mental wellbeing. They provide whole-person healthcare through their integrated programs of primary medical and behavioral healthcare including inpatient medical detoxification and psychiatric stabilization, residential and outpatient substance use disorder treatment, outpatient mental health, and residential rehab for teens / youth and adults, primary care clinics, and HIV/AIDS services including specialty medical care.

WEBER COMMUNITY CLINIC CENTER

(HOPICS Family Center/Special Service for Groups)
www.ssg.org/programs-and-services/children-youth-families/

Provides comprehensive outpatient mental health and substance abuse services to youth aged 0-21. The program targets at risk children and youth residing in Service Area 6 of Los Angeles County. All services are offered in English and Spanish. Probation referrals are welcome and community service opportunities are provided free of charge.

VISION SERVICES

HELEN KELLER INTERNATIONAL

www.hki.org

ChildSight® provides free in-school vision screenings and new prescription eyeglasses to children in high-poverty communities in California, Connecticut, New Jersey, New York and Ohio. The program fills a critical health services gap for children with limited to no access to quality basic health or vision care services.

VISION TO LEARN

www.visiontolearn.org

Vision To Learn provides free eye exams and free eyeglasses to students in low-income communities.



achieve.lausd.net/wellnessprograms