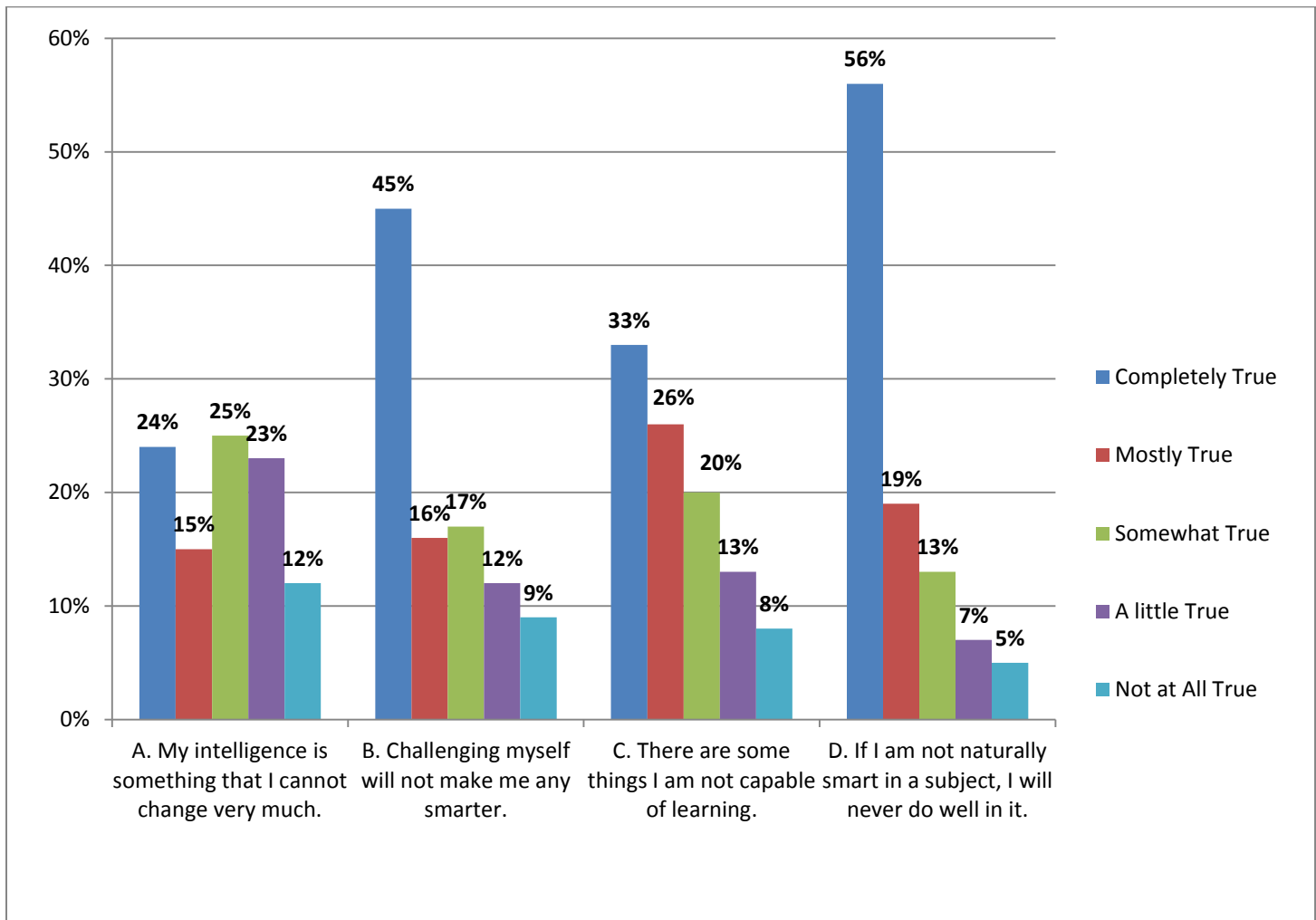


Mindset Data: The work of psychologist Dr. Carol Dweck has focused on the idea of *Mindset*. People who have a *growth mindset* tend to view intelligence as something that can be developed. They enjoy challenges, exhibit grit and perseverance in the face of challenges, learn from criticism, see effort as the path to mastery, etc. They are generally inspired by the success of others. People who have a *fixed mindset* tend to view intelligence as something inborn and static, something you either have or you don't. Sometimes these people try to "look smart," and avoid challenges for fear of failing. They may tend to give up easily, ignore useful critical feedback, see effort as fruitless, etc. They often feel threatened or jealous of the success of others.

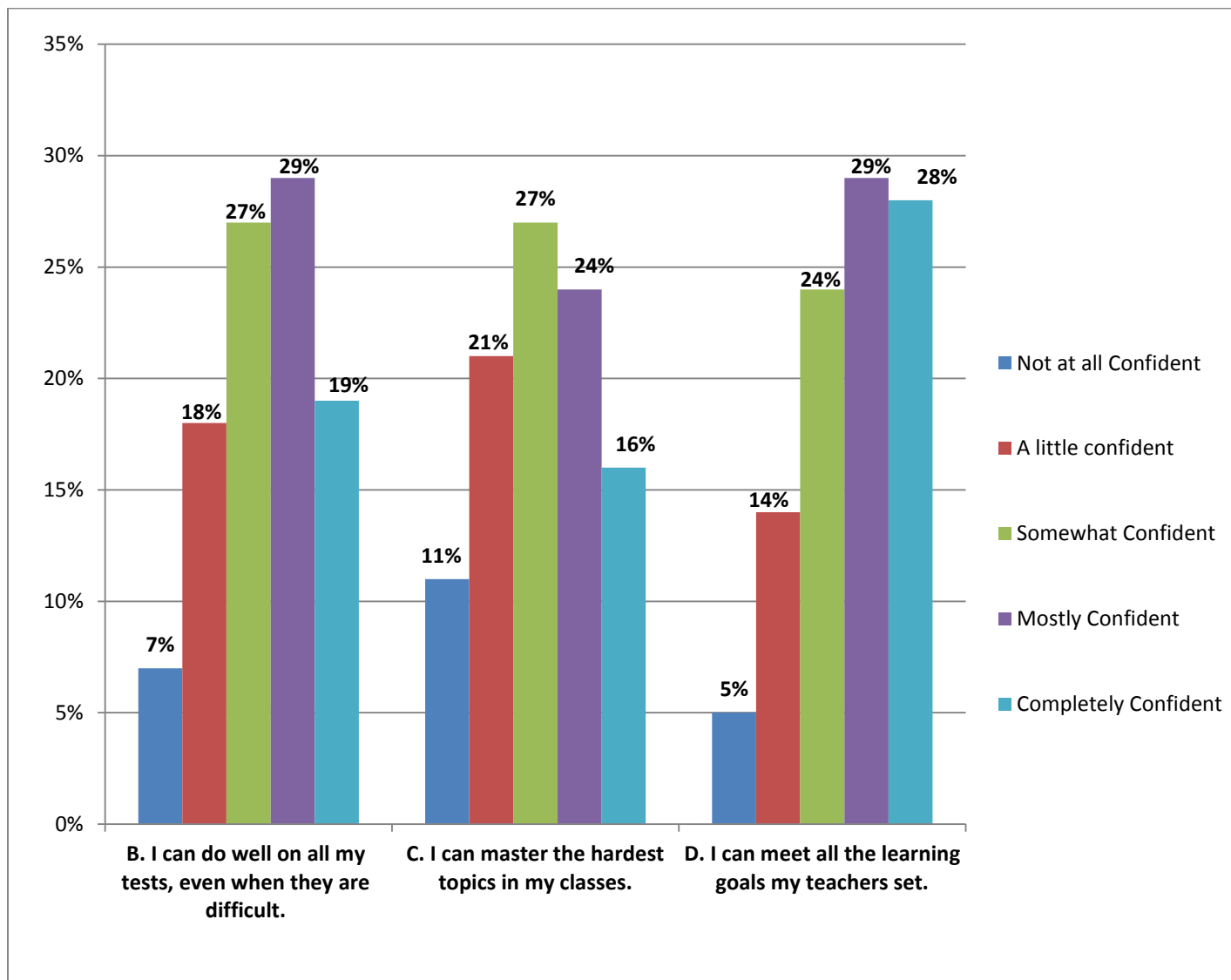
Dweck's work has shown that people with growth mindsets tend to attain ever higher levels of achievement, while people with fixed mindsets may plateau early on and fail to reach their full potential. The following data reflects middle schoolers self-assessment in the area of mindset.

Total surveys distributed: 143,150
 Total surveys returned: 90,255

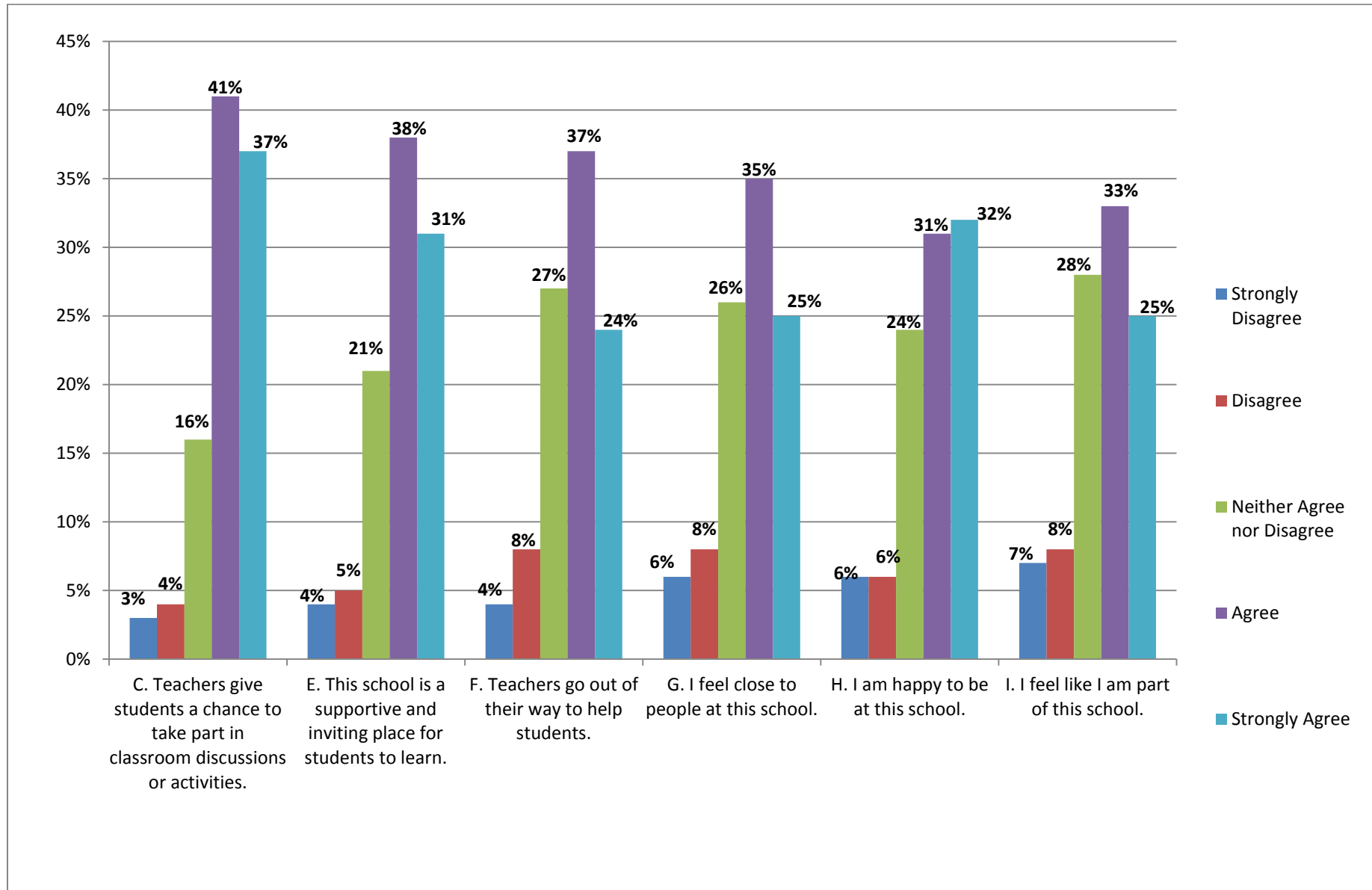


Self-Efficacy Data: **Self-efficacy** refers to an individual's belief in his or her capacity to execute behaviors necessary to produce specific performance attainments (Bandura, 1977, 1986, 1997). **Self-efficacy** reflects confidence in the ability to exert control over one's own motivation, behavior, and social environment.

<http://www.apa.org/pi/aids/resources/education/self-efficacy.aspx>



Positive School Environment



Common Core Instruction:

