Are You Prepared To Apply For A Job Online?

Online Job Search Tips:

1. Use a working email account with a professional sounding name.
2. Create a thorough resume and know how to attach it to an email.
3. Write an effective letter of intent for the job you want.
4. Learn to research jobs and apply online.
5. Use a reliable phone line to schedule a face-to-face interview.
6. Practice interviewing so that you become more comfortable with the process.

Information to Help Make Important Life Choices

For Young Adults with Disabilities

South Bay

Follow Up Survey! Please Participate!
Someone from DOTS will be contacting you during your first two years after high school. We want to know how you are doing and can provide resources and information about how to further your education, obtain vocational training, and search for job openings in your area of interest!

Call DOTS Today!
Students with disabilities who have completed or graduated from high school and/or their families should call DOTS for more information about job search assistance, local facilities offering vocational training, and other opportunities to further their education.

Updated March 2017

Our Mission Statement
The District Office of Transition Services is committed to empowering all students with disabilities, beginning at age 14, with the skills necessary to achieve their full potential in adult living, through support and collaboration with families, schools and communities.

Los Angeles Unified School District
Division of Special Education
Beth Kauffman
Associate Superintendent

District Office of Transition Services
333 South Beaudry Ave., 17th Floor
Los Angeles, CA 90017
Phone: 213.241.8050
http://dots.lausd.net

Making Informed Decisions About Life After High School
Support and Job Search Assistance

Department of Rehabilitation and other job search agencies provide support and job search assistance.

Department of Rehabilitation
Pacific Gateway Branch
1149 West 190th Street, Suite 2200
Gardena, CA 90248-4333
(310) 217-6955 (Voice)

Los Angeles South Bay District Office
4300 Long Beach Blvd., Suite 200
Long Beach, CA 90807-2008
(562) 422-8325 (Voice)
(844) 729-2800 (TTY)

Compton Branch
1929 West Artesia Blvd., Suite C
Compton, CA 90220
(310) 637-1151 (Voice)

Job Search Services
Employment Development Department (EDD)
www.edd.ca.gov

Work Source California
www.worksourcecalifornia.com/

America’s Job Center of California
www.americasjobcenter.ca.gov

Independent Living
Regional Centers and Family Resource Centers assist people with disabilities in making the transition to independent living or semi-independent living after high school.

Regional Centers
www.dds.ca.gov/RC/RCList.cfm

Family Resource Centers
www.familyresourcenetworklac.org

Vocational Training
Occupational and Skills Centers offer vocational education classes. These can lead to skill certificates and certifications, which look great on a resume and help prepare you for employment!

Occupational and Skills Centers
Division of Adult and Career Education
333 S Beaudry Ave, 18th Floor
Los Angeles, CA 90017
(213) 241-3150
http://www.laadulted.com/

Harbor Occupational Center
740 N. Pacific Ave.
San Pedro, CA 90731
(310) 241-4800
http://www.harboroc.org/

Los Angeles Technology Center
3721 W. Washington Blvd.
Los Angeles, CA 90018
(323) 373-2300
http://latcdace.com/

Maxine Waters Center
10925 S. Central Ave.
Los Angeles, CA 90059
(323) 357-7700
http://www.waterstrainingcenter.org/

Slawson Southeast Occupational Center
5500 Rickenbacker Road
Bell, CA 90201
(323) 729-6400
http://www.slawsonoccupationalcenter.org/

Post High School Education
Community colleges offer the opportunity to meet academic, technical and vocational goals. You can earn skill certificates and certifications as well as an Associate’s Degree, and can transfer to a four year college after completing coursework.

Community Colleges
Los Angeles Community Colleges
http://www.laccd.edu/

Harbor College
1111 Figueroa Place
Wilmington, CA 90744
Special Program and Services
(310) 233-4629
http://www.lahc.edu/

Los Angeles Southwest College
1600 W. Imperial Hwy
Los Angeles, CA 90047
Disabled Students Program and Services
(323) 241-5480
http://www.lasc.edu/

El Camino College
16007 Crenshaw Blvd
Torrance, CA 90506
Special Resource Center
(310) 660-3295
http://www.elcamino.edu/

Make sure you sign up with the office on campus that assists students with disabilities. They can assist in providing resources for a successful post-high school educational experience.