



Los Angeles Unified School District

# PREVENTING SLIPS, TRIPS, & FALLS

**S**afety starts with “S” but begins with “You!”

**L**et your site administrator / plant manager know about hazards immediately.

**I**f you drop it, pick it up. If you spill it, wipe it up.

**P**lan ahead.

**S**lippery and uneven walking surfaces are two common causes of slips and falls.

**T**ripping hazards include clutter, loose cords, and open cabinets.

**R**eport accidents immediately to your supervisor.

**I** didn't think. I didn't see. I didn't know. Be alert, don't get hurt.

**P**revention is key. Check for hazards on a regular basis.

**S**tretching daily helps prevent strain and sprain injuries

**F**ailure to practice safety awareness, hurts not only you but others too.

**A**isles and passageways shall be kept clear and in good repair.

**L**adders/stepstools must be kept in good condition and used properly.

**L**imit distractions, so you can eliminate accidents.

**S**afety is everyone's full time job.

