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SAFETY ALERT

No. 11-05

PREVENTING HEAT-RELATED ILLNESS

August 2011

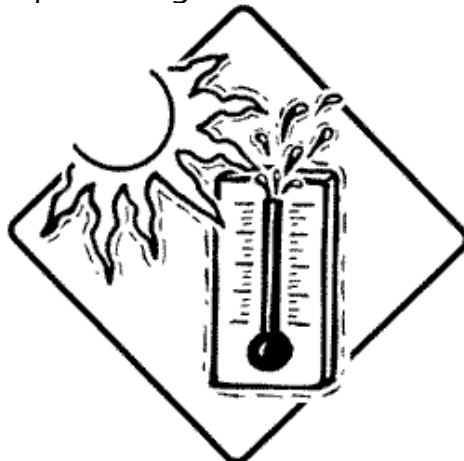
The Los Angeles Unified School District's Office of Environmental Health and Safety (OEHS) is encouraging schools and offices to take precautions to beat the heat! High temperatures and humidity stress the body's ability to cool itself, and heat illness becomes a special concern during hot weather.

Preparation is the key to preventing heat stress. As such, the District has updated Bulletin 963.2, Guidelines For Preventing Heat Stress, which provides Site Administrators valuable information on common sense approaches to prevent heat-related illnesses. For additional information on heat stress and to view Bul-963.2 please visit <http://achieve.lausd.net/OEHS>.

For information specifically geared towards employees, the California Division of Occupational Safety and Health provides a website with valuable information to help protect employees from heat-related illnesses. Please visit <http://www.dir.ca.gov/DOSH/HeatIllnessInfo.html> for more information.

OEHS will provide heat alert notices to schools and offices as conditions warrant and post alerts on their website any time the local health department issues a heat alert. To check on weather conditions on your own, go to the National Oceanic and Atmospheric Administration (NOAA) website at <http://www.noaa.gov/wx.html> and type in the local zip code for local and forecasted temperature and humidity.

Please contact OEHS at (213) 241-3199 or at <http://achieve.lausd.net/OEHS> for additional information or for assistance with preventing heat-related illness.



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