



Los Angeles Unified School District

**OFFICE OF THE CHIEF FINANCIAL OFFICER
DIVISION OF RISK MANAGEMENT & INSURANCE SERVICES
BENEFITS ADMINISTRATION**

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Dear LAUSD Retiree:

The District's Annual Benefits Open Enrollment is now underway. The Open Enrollment period begins on Thursday, November 1, 2018 and ends on Sunday, November 18, 2018. The effective date for your enrollment elections is January 1, 2019. This enrollment packet includes detailed information that will assist you in making upcoming plan elections.

NEW FOR 2019

- Anthem Medicare Preferred (PPO) Medical plan is a new 50 state Medicare plan for members who are over the age of 65 with Medicare Parts A and B. This new plan replaces Anthem Blue Cross EPO plan for retirees and dependents with Medicare Parts A and B. It includes enhanced benefits such as no copays, no coinsurance, no deductibles, and offers the same benefits whether you use an in-network or out-of-network provider. In addition, as of January 1, 2019, this new plan will provide all diabetic supplies. Members must use their Anthem Blue Cross card instead of SilverScript card to obtain diabetic supplies.

All Anthem Blue Cross EPO members who have Medicare Parts A and B will be automatically enrolled into the new Anthem Medicare Preferred (PPO) Medical plan unless another plan is selected during open enrollment. Retirees and dependents who are under age 65 or who have Medicare B only will remain enrolled in Anthem Blue Cross EPO.

Anthem's First Impressions Welcome Team at (833) 277-5221 is available to answer any questions about this transition and/or plan details.

- UnitedHealthCare Group Medicare Advantage plan (UHC) will no longer be offered. UHC members will be automatically enrolled into the new Anthem Medicare Preferred (PPO) Medical plan unless another plan is selected during open enrollment.
- Health Net is launching the MinuteClinic program for its members. MinuteClinic is a walk-in health care facility, generally inside CVS Pharmacy stores. MinuteClinics are staffed by nurse practitioners and physician assistants who provide unscheduled treatment for common non-emergency illnesses and injuries when your primary care physician (PCP) is not available.
- Depending on the medical plan you select, some Medicare retirees will have access to free wellness programs such as SilverSneakers through Anthem Medicare Preferred (PPO) Medical plan and Silver&Fit through Kaiser Senior Advantage and Health Net Seniority Plus at no cost to members. The programs provide gym membership and other fitness offerings that maintain a healthy lifestyle and improve overall well-being.

Visit: <http://benefits.lausd.net> for benefit information and forms
Risk Management and Insurance Services, Benefits Administration
Mailing Address: P.O. Box 513307, Los Angeles, CA 90051-1307

HOW TO CHANGE PLANS DURING OPEN ENROLLMENT

Plan changes can be made during the Open Enrollment period by visiting benefits.lausd.net. You must register and create an account to make open enrollment changes. You do not need to take any action if you wish to stay enrolled in your current dental and vision plans. If you are enrolled in Anthem Blue Cross EPO or UnitedHealthCare and have Medicare Parts A and B, you will be automatically enrolled into the new Anthem Medicare Preferred (PPO) Medical plan as stated.

DEPENDENT ELIGIBILITY REVIEW

The District requires all retirees to verify their dependent eligibility. Please review the enclosed Benefits Election Worksheet for your enrolled dependents and remove any ineligible dependents by completing the enclosed Dependent Cancellation form. The eligibility criteria can be found on the Dependent Cancellation form.

IMPORTANT INFORMATION REGARDING PROVIDER SELECTION

Please note that elections to Health Net HMO, Health Net Seniority Plus, Anthem Blue Cross Select HMO, Western Dental DHMO Plan Plus, Western Dental DHMO Centers Only, and DeltaCare® USA DHMO plans require the selection of a doctor, medical group, and/or dentist. If you change your medical or dental plan to any plans noted above during Open Enrollment, you must contact your plan after December 8, 2018 to select your doctor, medical group, and/or dentist. If you do not select a provider, the plan will automatically assign one for you.

CHANGING YOUR MEDICARE ADVANTAGE PLAN

Federal regulations require that you are enrolled in only one Medicare plan. Therefore, if you are currently enrolled in a Medicare Advantage plan and are making a change for the 2019 plan year, you must re-assign your Medicare to the new plan by December 31, 2018. Contact your new plan for more information.

To obtain additional information on your benefits, plans, providers, and various benefits related publications, visit our website at benefits.lausd.net. If you have any questions, please contact our office at (213) 241-4262.

Sincerely,



Janice J. Sawyer
Chief Risk Officer