




MENUS ARE SUBJECT TO CHANGE

May 2022 Menus

Grades K-5 Week - May 23

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B R E A K F A S T				
<i>Take Home Breakfasts to heat and eat at home.</i>				
05-23 Blueberry Muffin - V Fruit Juice Got Milk	05-24 Beef & Cheese Sunrise Stick Fresh Apple Got Milk	05-25 Beef, Egg & Cheese Burrito Fruit Juice Got Milk	05-26 Café LA Coffee Cake - V Fresh Apple Got Milk	05-27 Cheese Stuffed Pocket - V Fresh Apple Got Milk
L U N C H				
05-23 Toasted Cheese Sandwich - V Managers' Choice - V Hummus Cup Cabbage & Kale Salad Fresh Fruit Got Milk	05-24 All Star Turkey Hot Dog Managers' Choice - V Petite Baby Carrots Romaine Mix Salad Mixed Fruit Cup Got Milk	05-25 Yang's Orange Chicken & Rice Managers' Choice - V Mixed Vegetables Strawberry Spring Greens Salad Peach Pop Got Milk 	05-26 Beef Steak with Gravy Honey Biscuit Managers' Choice - V Cooked Sliced Carrots Cabbage & Kale Salad Frozen Strawberry Cup Got Milk	05-27 Crispy Chicken Sandwich Managers' Choice - V Ruffle Fries Romaine Mix Salad Mixed Fruit Cup Got Milk
S U P P E R				
05-23 Cheesy Flatbread - V Marinara Cup Fresh Apple Slices Got Milk	05-24 Fiestada Stuffed Sandwich Salsa Cup Fruit Slush Paradise Punch Got Milk	05-25 2 Turkey Sticks Crunch & Crave Churro Crackers Celery Sticks Raisins Got Milk	05-26 Bean & Cheese Burrito - V Salsa Cup Fresh Banana Got Milk	05-27 Deep Dish Turkey Beef Pepperoni Pizza Coleslaw Dried Cranberries Got Milk



SCAN HERE
for Heating
Instructions



Serving Fresh
Strawberry Spring
Greens Salad on
Wednesday,
the Café LA
Harvest!

 **All of the Grain/Bread items served are Whole Grain Rich.**

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

S: Items with an (S) can be saved for later **V:** Vegetarian items

Fresh Fruit: Apple Slices, Apple, Orange, Banana, Nectarine, Plum, Peach

LAUSD Menus are Nut Free

*A Weekend Meal Kit that includes
supper and snacks meals will be
provided on Fridays*

Visit us @ <http://achieve.lausd.net/cafela>
For more information call (213) 241-6422

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