



# May 2022 Menus

MENUS ARE SUBJECT TO CHANGE

**Grades 6-12** Week - May 16

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>B R E A K F A S T</b>				
<i>Take Home Breakfasts to heat and eat at home.</i>				
05-16 Cheese Stuffed Pocket - <b>V</b> Fruit Juice Got Milk	05-17 Turkey Sausage Square Apple Got Milk	05-18 French Toast Trio - <b>V</b> Fruit Juice Got Milk	05-19 Fiesta Bean & Cheese Burrito - <b>V</b> Fresh Apple Got Milk	05-20 Cheese Stuffed Pocket - <b>V</b> Fresh Apple Got Milk
<b>L U N C H</b>				
05-16 Pizzaboli - <b>V</b> Mexicali Salad with Chips - <b>V</b> Managers' Choice - <b>V</b> Cooked Sliced Carrots Cabbage & Kale Salad Perfect Peas Got Milk	05-17 Pork Chop Patty Cornbread Chinese Chicken Salad with with Hawaiian Roll Managers' Choice - <b>V</b> Creamy Mashed Potatoes Romaine Mix Salad Hula Cooler Slush Got Milk	05-18 Beef Teriyaki Dippers & Rice Chef's Salad with Croutons Managers' Choice - <b>V</b> Asian Sesame Mandarin Salad Orange Medley Juice Peach Pop Got Milk 	05-19 Fish Sticks Chinese Chicken Salad with with Hawaiian Roll Managers' Choice - <b>V</b> Ruffle Fries Cabbage & Kale Salad Frozen Strawberry Cup Got Milk	05-20 Cheese Lasagna Roll-up Crispy Chicken Caesar Salad with Croutons Managers' Choice - <b>V</b> Hummus Cup Romaine Mix Salad Mixed Fruit Cup Got Milk
<b>S U P P E R</b>				
05-16 Bean & Cheese Chimichanga - <b>V</b> Salsa Cup Fresh Apple Slices Got Milk	05-17 Cheesy Garlic Bread - <b>V</b> Berry Berry Blue Slush Mixed Fruit Cup Got Milk	05-18 Turkey Stick Ranch Cheddar Cheese Sun Chips Celery Sticks Dried Cranberries Got Milk	05-19 Nachoboli - <b>V</b> Salsa Cup Fresh Banana Got Milk	05-20 Deep Dish Turkey-Beef Pepperoni Pizza Coleslaw Dried Cranberries Got Milk



SCAN HERE  
for Heating  
Instructions



Serving Fresh  
Asian Sesame  
Mandarin Salad  
on Wednesday,  
the Café LA  
Harvest!

**All of the Grain/Bread items served are Whole Grain Rich.**

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

**S:** Items with an (S) can be saved for later **V:** Vegetarian items

**Fresh Fruit:** Apple Slices, Apple, Orange, Banana, Nectarine, Plum, Peach

LAUSD Menus are Nut Free

*A Weekend Meal Kit that includes  
supper and snacks meals will be  
provided on Fridays*

Visit us @ <http://achieve.lausd.net/cafela>  
For more information call (213) 241-6422

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