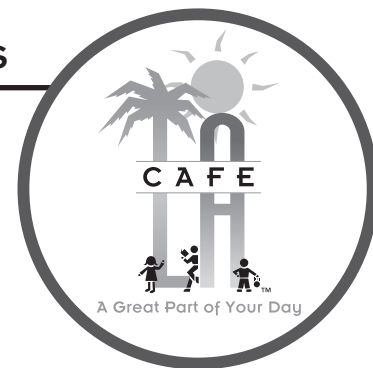


INSTRUCTIONS: How to Properly Heat Your Meals

FOR THE WEEK OF 09/27 - 10/01/21



All American Burger:

- Oven Temperature – 325°F
- Heating time approximately 18-20 minutes (Do not remove wrap before heating)
- Heat until internal temperature reaches 160°F

Bean & 2-Cheese Dip:

- Oven Temperature 350°F
- Heating time approximately 5-10 minutes
- Heat until internal temperature reaches 160°F (Please note: Do not remove ovenable film prior to heating.)

Bean & Cheese Chimichanga:

- Oven Temperature 350°F
- Heating time approximately 20-23 minutes
- Heat until internal temperature reaches 165°F

Beef & Cheese Sunrise Stick:

- Oven Temperature 300°F
- Heating time approximately – 18 minutes
- Heat until internal temperature reaches 160°F

Cheeseburger:

- Oven Temperature 325°F
- Heating time approximately – 8-10 minutes
- Heat until internal temperature reaches 160°F
- Microwave Instructions – Open one end of wrapper. Place product on microwaveable safe plate. Heat on high for 60-70 seconds. Wait 10 second and enjoy. Microwave ovens may vary; adjust accordingly.

Cheese Pizza Wedge:

- Oven Temperature 300°F
- Heating time approximately – 11-13 minutes
- Heat until internal temperature reaches 165°F

Cheesy Pillows:

- Oven Temperature 325°F
- Heating time approximately 10-12 minutes
- Heat until internal temperature reaches 160°F

Cheesy Garlic Bread:

- Oven Temperature 350°F
- Heating time approximately 8-11 minutes
- Heat until internal temperature reaches 160°F

Chicken Dumplings:

- Microwave Instructions – Add 1 tablespoon of water in the container containing the dumplings. Heat on high for 2 minutes. Let sit for 1 minute and enjoy. Do not overheat. Microwave ovens may vary; adjust accordingly.

Fiesta Bean & Cheese Burrito:

- Oven Temperature 300°F
- Heating time approximately 11-13 minutes
- Heat until internal temperature reaches 160°F

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INSTRUCTIONS: How to Properly Heat Your Meals



Fiestada Sandwich:

- Oven Temperature 325°F
- Heating time approximately 26-29 minutes
- Heat until internal temperature reaches 160°F
- Microwave Instructions: Open one end of plastic wrapper to vent or remove from wrapper and place on microwave safe plate. Heat on high for 1.25-1.5 minutes. Microwave ovens may vary; adjust accordingly.

French Toast Trio:

- Oven Temperature 350°F
- Heating time approximately 10 minutes
- Heat until internal temperature reaches 160°F

Morning Beef Sausage Sandwich:

- Oven Temperature 325°F
- Heating time approximately 10 minutes
- Heat until internal temperature reaches 160°F

Pizzaboli:

- Oven Temperature 350°F
- Heating time approximately 17-20 minutes
- Heat until internal temperature reaches 160°F

Pork Chop Patty:

- Oven Temperature 375°F
- Heating time approximately – 13-15 minutes
- Heat until internal temperature reaches 165°F

Roasted Potato Wedges:

- Oven Temperature - 350°F
- Heating time approximately 20-25 minutes
- Heat until internal temperature reaches 160°F

Ruffle Fries:

- Oven Temperature - 400°F
- Heating time approximately 8-12 minutes
- Heat until internal temperature reaches 160°F

Toasted Cheese Sandwich:

- Oven Temperature - 350°F
- Heating time approximately 12 minutes
- Heat until internal temperature reaches 160°F

Yang's Orange Chicken & Rice:

- Microwave Instructions – Place container on a microwaveable safe plate. Heat for 2 – 3 minutes. Do not overheat. Microwave ovens may vary; adjust accordingly.

Turkey Sausage Pizza:

- Oven Temperature 325°F
- Heating time approximately 8-11 minutes
- Heat until internal temperature reaches 160°F

Products need to be heated and consumed within two to four hours otherwise; PLEASE refrigerate or freeze meals until you are ready to heat and serve them.

LAUSD Menus are Nut Free

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