

Creating Behavior Contracts

Step 1: Preparation

Think about 1 – 2 behaviors to change.

Define who will implement the contract, including parents

Step 2: Negotiate with the student

Decide upon 1 – 2 positive, expected behaviors

Decide upon reinforcers

Expectations and Criterion

Behavior (ie: frequency, duration, absence of)

Delivery of reinforcers

Step 3: Follow Up

Monitor and review progress with student

Revise if necessary