Creating Behavior Contracts

**Step 1: Preparation**
- Think about 1 – 2 behaviors to change.
- Define who will implement the contract, including parents.

**Step 2: Negotiate with the student**
- Decide upon 1 – 2 positive, expected behaviors.
- Decide upon reinforcers.

**Expectations and Criterion**
- Behavior (i.e.: frequency, duration, absence of).
- Delivery of reinforcers.

**Step 3: Follow Up**
- Monitor and review progress with student.
- Revise if necessary.