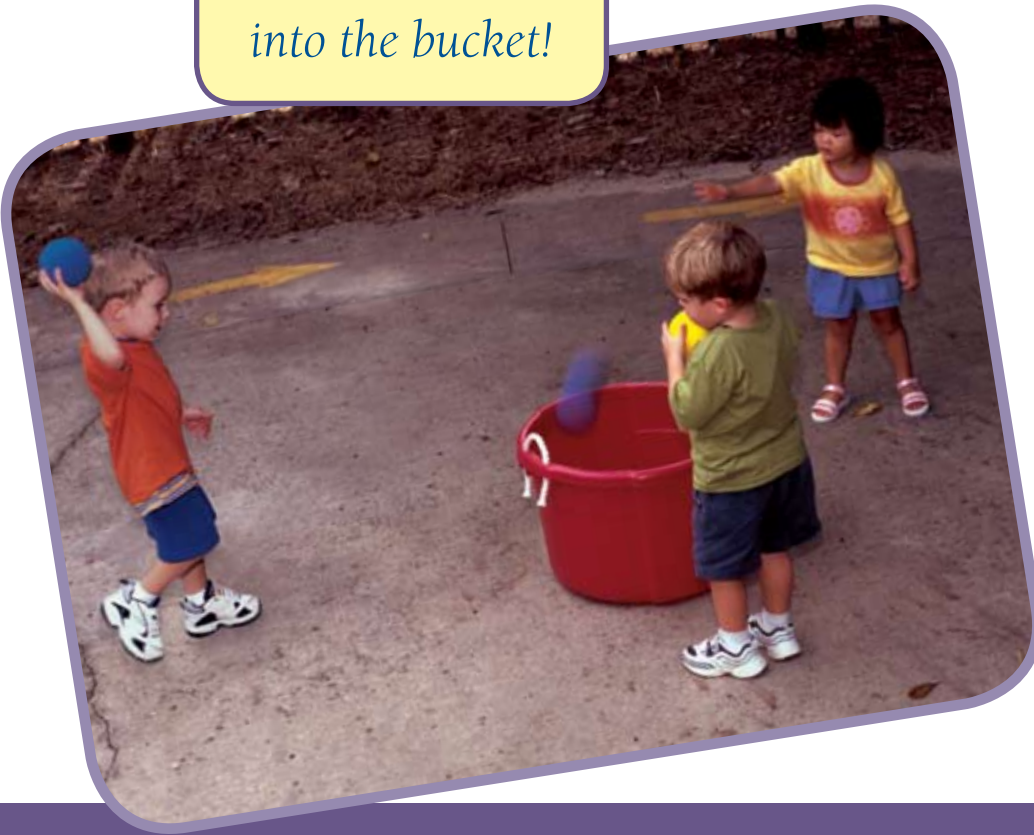


Ball in the Bucket

*Wow! You
threw the ball
into the bucket!*



With your child, practice throwing a ball into a bucket. Increase the throwing distance as his skills improve.

Gradually, your child will gain more control in throwing.



Why this is important

By this age, children are well aware that throwing is usually done with a purpose, as in basketball or other sports. Throwing a ball at a large target helps your child learn to control and direct his own body movements. He must control his body in order to perform this or other specific actions.

What you do

- Provide a container such as a box, basket, tub, or bucket, a ball for your child, and a ball for yourself.
- Invite your child to stand with you a few feet away from the bucket.
- Throw your ball into the bucket as your child does the same. *Watch me throw the ball. Can you do it, too?*
- Move the bucket closer to him if he misses, and encourage him to try again.
- Describe his accuracy when appropriate: *You're getting it right where you want it!*
- Change the game by adding water to the bucket.

Ready to move on?

You can increase the difficulty by moving the bucket farther away or finding a container with a smaller opening.

Let's read together!

The Story of Red Rubber Ball
by Constance Kling Levy