LOS ANGELES UNIFIED SCHOOL DISTRICT

FAMILY

RESOURCE GUIDE

Student Meals

At Home Learning Tools

DURING SCHOOL CLOSURES
Letter from the Superintendent

Dear Los Angeles Unified families,

As you know, all schools in the Los Angeles Unified School District are closed for the next two weeks in response to the spread of the coronavirus (COVID-19). We have been following the guidance of public health experts on how we can keep all who are part of our school community — students, staff, family members and visitors — safe in the midst of a growing crisis. And while this was a difficult decision, given the needs of the Los Angeles Unified community and the social safety net that our schools provide to our children, it was also a necessary one.

To help answer your questions and to lay out the resources that we are continuing to provide, we are offering this Family Resource Guide.

Each student took home a continuity of learning plan on Friday, and we are offering additional support to assist students as they transition to a different way of learning.

In partnership with the Red Cross, Los Angeles Unified will continue to provide nutritious meals to all students who need them during the temporary closure of schools. Our Grab & Go Food Centers will be open beginning Wednesday, March 18, and will be staffed weekdays from 7 a.m. to 10 a.m. Each child can take home two nutritious meals.

The public health crisis created by the coronavirus is not something any of us could reasonably have expected, but our staff are working tirelessly to help our students and keep them connected to the school community. Thank you for your patience and trust as we work together to maintain some sense of normalcy in these difficult times.

We are not certain what lies ahead, but you have my unwavering commitment to do all we can to help you and your children.

Austin Beutner
Superintendent, Los Angeles Unified School District
Overview

This **LOS ANGELES UNIFIED FAMILY RESOURCE GUIDE** provides information to support our families while schools are closed due to the coronavirus. Los Angeles Unified is doing everything possible to ensure the health and safety of the community, including all our students, families, teachers and staff. We are also providing learning opportunities from home during the closure.

**In this guide you will find the following:**

- A list of Grab & Go Food Centers where students can pick up meals
- At-home learning resources for families
- A Frequently Asked Questions section that addresses concerns about the virus and other family resources
- How to make sure your family is fully up-to-date on district and community plans
- How to talk to your child about the virus and the school closures
- Contact information for Los Angeles Unified.
Los Angeles Unified will continue to provide nutritious meals to all students who need them during the temporary closure of schools. Our Grab & Go Food Centers will be open beginning Wednesday, March 18, and will be staffed weekdays from 7 a.m. to 10 a.m.

Families who would like to pick up free meals for their students may visit one of our 60 Grab & Go Food Centers. Each child can take home two nutritious meals.

**LOCAL DISTRICT CENTRAL**
Barack Obama Preparation Academy, 1700 W. 46th St., Los Angeles 90062  
Berendo Middle School, 1157 S. Berendo St., Los Angeles 90006  
Burbank Middle School, 6460 N. Figueroa St., Los Angeles 90042  
Dr. Julian Nava Learning Academy, 1420 E. Adams Blvd., Los Angeles 90011  
Eagle Rock High School, 1750 Yosemite Drive, Los Angeles 90041  
Liechty Middle School, 650 S. Union Ave., Los Angeles 90017  
Los Angeles Academy Middle School, 644 56th St., Los Angeles, CA 90011  
Manual Arts High School, 4131 S. Vermont Ave., Los Angeles 90037  
RFK/UCLA Community School, 700 S. Mariposa Ave., Los Angeles 90005  
Santee High School, 1921 Maple Ave., Los Angeles 90011  
Sotomayor Arts/Sciences Magnet, 2050 N. San Fernando Road, Los Angeles 90065

**LOCAL DISTRICT EAST**
Bell Senior High School, 4328 Bell Ave., Bell 90201  
Felicitas and Gonsalo Mendez Senior High School, 1200 Plaza Del Sol, Los Angeles 90033  
Gage Middle School, 2880 E. Gage Ave., Huntington Park 90253  
Garfield Senior High School, 5101 E. 6th St., Los Angeles 90022  
Hollenbeck Middle School, 2510 E. 6th St., Los Angeles 90023  
Lincoln Senior High School, 3501 N. Broadway, Los Angeles 90031  
Marquez Senior High School, 6361 Cottage St., Huntington Park 90255  
South East Senior High School, 2720 Tweedy Blvd., South Gate 90280  
South Gate Senior High School, 3351 Firestone Blvd., South Gate 90080  
Wilson Senior High School, 4500 Multnomah St., Los Angeles 90032
LOCAL DISTRICT NORTHEAST
Byrd Middle School, 8501 Arleta Ave., Sun Valley 91352
East Valley Senior High School, 5525 Vineland Ave., North Hollywood 91601
Fulton College Preparatory School, 7477 Kester Ave., Van Nuys 91405
Maclay Middle School, 12540 Pierce Ave., Pacoima 91331
Panorama Senior High School, 8015 Van Nuys Blvd., Panorama City 91402
Romer Middle School, 6501 Laurel Canyon Blvd., North Hollywood 91606
San Fernando Senior High School, 11133 O’Melveny Ave., San Fernando 90140
Van Nuys Senior High School, 6535 Cedric Ave., Van Nuys 91411
Verdugo Hills Senior High School, 10625 Plainview Ave., Tujunga 91042

LOCAL DISTRICT NORTHWEST
Chatsworth Charter High School, 10027 Lurline Ave., Chatsworth 91311
Columbus Middle School, 22250 Elkwood St., Canoga Park 91304
Kennedy High School, 11254 Gothic Ave., Granada Hills 91344
Mulholland Middle School, 17120 Vanowen Ave., Lake Balboa 91406
Porter Middle School, 15960 Kingsbury St., Granada Hills 91344
Sepulveda Middle School, 15330 Plummer St., North Hills 91343
Sutter Middle School, 7330 Winnetka Ave., Winnetka 91306

LOCAL DISTRICT SOUTH
Banning Senior High School, 1527 Lakme Ave., Wilmington 90744
Curtiss Middle School, 1254 E. Helmick St., Carson 90746
Dana Middle School, 1501 S. Cabrillo Ave., San Pedro 90731
Dymally High School, 8800 San Pedro St., Los Angeles 90003
Edison Middle School, 6500 Hooper Ave. Los Angeles 90001
Fremont Senior High School, 7676 S. San Pedro St., Los Angeles 90003
Gompers Middle School, 234 E. 112th St., Los Angeles 90061
Markham Middle School, 1650 E. 104th St., Los Angeles 90002
Narbonne Senior High School, 24300 Western Ave., Harbor City 90710
Peary Middle School, 1415 W. Gardena Blvd., Gardena 90247
Rancho Dominguez Preparatory School, 4110 Santa Fe Ave., Los Angeles 80910
White Middle School, 22102 S. Figueroa St., Carson 90745

LOCAL DISTRICT WEST
Audubon Middle School, 4120 11th Ave., Los Angeles 90008
Bernstein Senior High School, 1309 N. Wilton Place, Hollywood 90028
Cochran Middle School, 4066 W. Johnnie Cochran Vista, Los Angeles 90019
Dorsey Senior High School, 3537 Farmdale Ave, Los Angeles 90016
Fairfax Senior High School, 7850 Melrose Ave., Los Angeles 90046
Harte Preparatory Middle School, 9301 S. Hoover St., Los Angeles 90044
Marina Del Rey Middle School, 12500 Braddock Drive, Los Angeles 90066
Muir Middle School, 5929 S. Vermont Ave., Los Angeles 90044
Palms Middle School, 10860 Woodbine St., Los Angeles 90034
University High School Charter, 11800 Texas Ave., Los Angeles 90025
Washington Preparatory Senior High School, 10860 S. Denker Ave., Los Angeles 90047
At-Home Learning Resources for Families

Los Angeles Unified, PBS SoCal | KCET and KLCS-TV have partnered to provide free supplemental educational resources to help your family support learning during the school closures. This multi-platform initiative includes Pre-K–12 educational programming and robust online resources through our online platform, PBS LearningMedia. The resources are free and designed to be used by public schools throughout California to help students continue learning at home.

GRADES PRE-K–3
PBS SoCal (Channel 50.1)
from 5 a.m. to 5 p.m.
PBS SoCal KIDS (Channel 50.5)
24/7 Livestream (on streaming devices and PBS KIDS Video app)
KLCS KIDS (Channel 58.2)
KLCS (Channel 58.1)
from 6 a.m. to 8 a.m.
YouTube (Search “PBS KIDS”)
Free PBS KIDS Video App

GRADES 4–8
KLCS (Channel 58.1)
from 8 a.m. to 2 p.m.

GRADES 9–12
KCET (Channel 28.1)
from 9 a.m. to 3 p.m.
KLCS (Channel 58.1)
from 2 a.m. to 6 p.m.

The above channels are for viewing on television. Please check your local listing for more information or at pbssocal.org/athomelearning.

EXPLORE ONLINE
PBS LearningMedia is a free resource that offers enhanced materials to support educational assignments. The PBS LearningMedia materials will be offered in conjunction with the television shows and will be available online.

Read About It! Los Angeles Unified will prepare take-home packets with reading materials, assignments and more.

Write About It! Ask your child to keep a journal and write about everything they are learning each day.

Talk About It! Treat the shows as a part of the learning process. Talk and ask questions about what your child is watching to reinforce new learning.
Instructional Continuity
LA Unified is committed to ensuring the health and well-being of students and staff and providing a safe, secure learning environment for all. In the event of a school closure, please refer to the following resources to help you continue your learning while at home.

STUDENT RESOURCES

General Resources
- Access to LAUSD Digital Library & LAUSD Destiny resources
  - Available in Schoology’s Top App Menu
  - Also available at achieve.lausd.net/Page/15747
- Edgenuity www.edgenuity.com/lausd/
  - Elementary Quick Start: bit.ly/ESEdgenuity
  - Middle School Quick Start: bit.ly/MSEdgenuity
  - High School Quick Start: bit.ly/HSEdgenuity
- PBS Learning Media: ca.pbslearningmedia.org/
- Khan Academy:
  - General Practice for K-12: khanacademy.org
  - SAT and ACT Practice for Grade 10 and 11: bit.ly/38y3xNc
- KLCS klcs.org

Schoology Resources
- Log In: lms.lausd.net
- Getting Started on Schoology for Students bit.ly/StudentGettingStarted
- K2 Students, sign into Schoology in a simplified way with QR Codes: bit.ly/PLSStudentQRCodes

Troubleshooting
- Contact LAUSD Hotline Support at 213-443-1300 for:
  - Student PIN
  - Password Reset

Support
- LAUSD COVID-19 News: achieve.lausd.net/latestnews
Instructional Continuity

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**PARENT RESOURCES**

- Log in to Parent Portal: parentportalapp.lausd.net/parentaccess/
- Access Grades and Assignments from Parent Portal: bit.ly/PLSGandA
- Linking Parent Portal to Schoology:
  - English: bit.ly/PProSGYlink
  - Spanish: bit.ly/PProSGYlinkSP
- Login to the Mobile App
  - English bit.ly/PLSMobileAppE
  - Spanish bit.ly/PLSMobileAppS
- KLCS klcs.org
- For More Online Courses (Edgenuity): www.edgenuity.com/lausd/
  - Elementary Quick Start: bit.ly/ESEdgenuty
  - Middle School Quick Start: bit.ly/MSEdgenuty
  - High School Quick Start: bit.ly/HSEdgenuty

**Troubleshooting & Support**

- achieve.lausd.net/Page/10470
- LAUSD Hotline Support (213) 443-1300
- LAUSD COVID-19 News: achieve.lausd.net/latestnews

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Instructional Continuity
LA Unified is committed to ensuring the health and well-being of students and staff and providing a safe, secure learning environment for all. During school closures, please refer to the following resources to help your child supplement their learning while at home.

FREE ONLINE LEARNING RESOURCES

L.A. Unified students, including English Learners, Standard English Learners, Gifted Learners, and Students with Disabilities will be able to access the following free resources during school closures. Below is list of some free online learning resources for your child’s continuity of learning.

To access the following resources, students may sign in using their LAUSD Single Sign On (SSO) via one of several methods:

- SSO LAUSD Login
- SSO via Clever Login through this link: clever.com/in/LAUSD
- SSO via Google Login

(Products with * are District approved. Parents, please check the product’s Privacy Policy prior to signing up for products that are not District approved).

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For a complete list of free resources, please visit: bit.ly/LAFreeEdSites.

Instructional Continuity for Children with Disabilities

* In addition to the above free online learning material, the following link includes additional resources: bit.ly/2UaAVV8.

Troubleshooting

* For help with your Single Sign On, please contact LAUSD Hotline Support (213) 443-1300.
Instructional Continuity for Students with Disabilities

Support for Students on Alternate Curriculum

Students on an alternate curriculum are provided specific curriculum designed to meet their particular instructional need. In an effort to provide our students an individualized set of materials and resources, teachers will plan and develop materials and resources in support of students on an alternate curriculum.

The following are instructional resources available to students and parents in support of the continuous learning for students with disabilities.

- Unique Learning System (Student Accounts)
- The following link provides instructions on how to access ULS Student View Account from home [http://bit.ly/ulshomelogin](http://bit.ly/ulshomelogin)
- 10 days of Instructional Materials

Support for Students on Core Curriculum

Students with disabilities on core curriculum can continue their learning through the same means as general education students (students without disabilities). The following resources are available to support students in accessing core curriculum.

1. **Edgenuity** is available for student use K-12. Each student has an individual code that will allow them to access lessons in English Language Arts and Mathematics. Science and History/Social Science lessons are available for middle and high school students. [www.edgenuity.com/lausd/](http://www.edgenuity.com/lausd/)

2. **Curriculum maps** can be accessed on the Division of Instruction Website: [https://achieve.lausd.net/instruction](https://achieve.lausd.net/instruction). You will see a box labeled “Curriculum Maps”: Elementary, Middle and High School. Click on the grade level span you wish to view (refer to picture). Parents, select the pd format. Curriculum maps contain guidelines for what is learned in each grade and subject matter throughout the year. The map will show what students work on in the subject at different time periods throughout the year, giving a rough guide of where students are instructionally.

   *At some schools, teachers have prepared and sent home materials for your student*
Support for Children Birth to 5
(Infants, Toddlers, Preschools with disabilities)

In order to continue the learning and to promote student and parent engagement we are offering Creative Curriculum Learning Games in English and Spanish. The Learning games are designed to build skills that lead to successful, lifelong learning for a child.

The Learning Games support the Creative Curriculum which is the LAUSD adopted preschool curriculum. The games are easy to grasp yet rich with information. Children benefit the most when the important adults in their lives—their parents, caregivers, teachers are working together to support learning and growth. Families show an increased awareness of their child’s abilities, growth and development during the journey of the Learning Games. This is an excellent tool to promote engagement.

This valuable resource will support learning and student/parent engagement. Parents may also access this free resource on line. http://bit.ly/ECSEPparentResources

Image: Division of Instruction Website – Access to Curriculum Maps
https://achieve.lausd.net/instruction
What is a “coronavirus”?
A coronavirus causes diseases ranging from the common cold to more serious respiratory illness. The COVID-19 virus is a new strain which has a more severe impact in terms of respiratory illness, with fever, cough and difficulty breathing. There is currently no vaccine for COVID-19, but there is a vaccine for seasonal flu, which is recommended for all people over the age of 6 months. According to the Centers for Disease Control and Prevention (CDC), most people get infected with a coronavirus at some point in their lives.

Are children at a higher risk of getting sick from COVID-19 compared with adults?
No. Health officials say very few children thus far have been infected with COVID-19, and those who have tested positive experienced milder symptoms than older patients.

How can I protect myself against COVID-19?
The CDC recommends taking the same measures you would do to prevent getting or spreading the common flu. These include:

- Wash your hands regularly with soap and water for at least 20 seconds or, if unavailable, use an alcohol-based hand sanitizer. Alcohol-based hand sanitizers are approved for student and staff use.
- Avoid touching your eyes, nose or mouth with unwashed hands.
- Cover your sneeze or cough with a tissue, then immediately dispose of the tissue. If tissues are unavailable, cough or sneeze into the inside of your elbow, then wash your hands.
- Stay up-to-date with the flu vaccine and all other vaccinations.
- Avoid close contact with people who are sick.
- Stay home if you are sick. Wait until your temperature is below 100 degrees, without the use of fever-reducing medication, for at least 24 hours before going out again.
Should my family or I wear surgical masks to protect ourselves?
The CDC and World Health Organization recommend masks only if you are coughing or sneezing and are at risk of infecting others. Masks cannot prevent what’s already in the air from getting into your body, and are not recommended for people who are healthy.

Why is handwashing so important?
Medical experts say that handwashing with soap and water for at least 20 seconds at a time is one of the best ways of preventing the spread of disease. Respiratory viruses like coronavirus, flu and the common cold spread more easily via unwashed hands.

How long does the COVID-19 virus remain on a surface?
Health authorities are still working to determine how long the COVID-19 virus can persist under a variety of circumstances. The CDC says person-to-person contact — through sneezing or even just talking or breathing — can occur at a distance of up to six feet.

Can I still visit district health and wellness centers?
Yes. Health and wellness centers operated by Student Health and Human Services (SHHS) are open. Find more info at the SHHS site at https://achieve.lausd.net/wellnesscenters

What if my family doesn’t have access to the internet or computing devices?
Our Information Technology Division is working to assist all students and families in having access to internet connectivity and computing devices to help learning continue during the COVID-19 crisis.

For more information, visit ITD’s website at https://achieve.lausd.net/itd

Where can I go for more information?
Los Angeles Unified has a COVID-19 hotline at 213-443-1300, open from 6 a.m. to 6 p.m. Monday through Saturday, which will remain open even when the schools are closed. Callers can get assistance in both English and Spanish.

Information is also available on the Los Angeles Unified website, lausd.net; and from the Centers for Disease Control and Prevention, 800-232-4634; and from the Los Angeles County Department of Public Health, 211.
Keep Your Family Informed During the School Closure

Check Your Information
Make sure the information on your Los Angeles Unified Emergency Card is up-to-date, so your school can notify you of any new information regarding closures. Be especially careful to check phone numbers, e-mail addresses and home addresses.

Stay Informed
Los Angeles Unified and your school will provide ongoing information. You can also stay informed through voicemail, email, text, and social media updates. As always, visit LAUSD.net or call the Los Angeles Unified COVID-19 hotline at 213-443-1300 for more information and updates.
How to Talk About Coronavirus (COVID-19) and School Closures With Your Children

We recommend that you speak with your children on a regular basis to address their concerns. This experience may be confusing for them or even cause anxiety. Here are some tips that will help you communicate with your children at their age level.

**Reassure your children.**
Explain that this is temporary and that eventually things will return to normal.

**Be developmentally appropriate.**
Don’t volunteer too much information, as this may be overwhelming.

**Take your cues from your child.**
Invite your child to tell you anything they may have heard about the coronavirus, and how they feel.

**Deal with your own anxiety.**
Recognize that this is a stressful time for you and your family. Take steps to take care of yourself so that you can take care of your children.

**Focus on what you’re doing to stay safe.**
An important way to reassure kids is to emphasize the concrete actions that you are taking, for example with personal hygiene.

**Stick to a routine.**
Structured days with regular mealtimes and bedtimes are an essential part of keeping kids happy and healthy.

**Keep talking.**
Tell kids that you will continue to keep them updated as you learn more.
For more information, visit lausd.net or call the Los Angeles Unified COVID-19 hotline, which is open from 6 am to 6 pm Monday through Saturday, at 213-443-1300.