



Division of Instruction
Health and Physical Education Programs
 Social Emotional Learning Resources for Grades 6-8

Site Name	Link	Description	Languages Available	Teachers	Students	Parents
CASEL: The Collaborative for Academic, Social and Emotional Learning	http://www.casel.org/wp-content/uploads/2017/08/SEL-in-Middle-School-Social-Studies-8-20-17.pdf	Provides examples of teaching practices and activities for developing skills in self-awareness, self-management, social awareness, relationship skills and responsible decision making. Teaching practices applicable to all content areas. Activities related to middle school social studies.	English	X		
Class Dojo	https://www.classdojo.com	Provides lessons and videos on growth mindset, perseverance, empathy, gratitude, mindfulness, moods and attitudes, challenges, respect and positive thinking. Also provides opportunities for student voice through portfolios. Class code provided by teacher. Grades K-6	English	X	X	X
Classroom Champions	https://teach.classroomchampions.org/available-programs/	Free SEL Foundations curriculum in which students are empowered to realize their full potential. Students will learn to set and achieve positive goals, persevere through challenges, feel and show empathy for others, work well within a team, make responsible and healthy decisions, and reduce negative or risky behaviors. Grades K-8	English	X		

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Harvard Center on the Developing Child	https://46y5eh11fhgw3ve3ytpwxt9r-wpengine.netdna-ssl.com/wp-content/uploads/2015/05/Activities-for-Adolescents.pdf	Describes child's stage of development and what they can typically do at that age. Provides ideas for activities that care takers can perform with children to help develop their executive function skills. Adolescents	English	X		X
Middle School Second Step Curriculum*	https://www.secondstep.org/middle-school-curriculum Local District SEL Advisers Central- Susan Ward-Roncalli: sroncall@lausd.net East- Catherine Duong: catherine.duong@lausd.net West- Stacy Lieberman: slieberm@lausd.net South- Diane Schwartz: diane.schwartz@lausd.net Northeast- Scot Matsuda: scot.matsuda@lausd.net Northwest- Norma Price: norma.price@lausd.net	Provides research based, ready to teach social emotional learning lessons with videos, activities and discussion questions embedded in a digital presentation format. Each grade level has four units, including lessons on growth mindset, achieving goals, making decisions, building strong friendships, avoiding negative relationships, emotion and thought regulation as well identifying, avoiding and resolving serious peer conflicts. This curriculum is provided free of charge to Title 1 middle schools and sixth grade teachers in Title 1 elementary schools. Please contact your local district SEL adviser for access to the program. Grades 6-8	English	X		

The information above is provided as a resource for teachers and families. The content is not endorsed by Los Angeles Unified School District and is not required as part of the District's educational program, however, any program with an asterisk is District approved.