

Division of Instruction
Health and Physical Education Programs
Social Emotional Learning Resources for Early Learning

Site Name	Link	Description	Languages Available	Teachers	Students	Parents
Center on the Social and Emotional Foundations for Early Learning	http://csefel.vanderbilt.edu/about.html	Provides evidence based skill building modules, videos and guides. Contains stories to read to children. For children from infancy to age 5 .	English and Spanish	X		X
GoNoodle	https://www.gonoodle.com/for-educators/	Provides movement and mindfulness videos to engage Pre-K to Grade 5 .	English	X		
Harvard Center for the Developing Child	<p>18 to 36 Months: https://46y5eh11fhgw3ve3ytpwxt9r-wpengine.netdna-ssl.com/wp-content/uploads/2015/05/Executive-Function-Activities-for-18-to-36-month-olds.pdf</p> <p>3-5 Year Olds https://46y5eh11fhgw3ve3ytpwxt9r-wpengine.netdna-ssl.com/wp-content/uploads/2015/05/Executive-Function-Activities-for-3-to-5-year-olds.pdf</p>	Describes child's stage of development and what they can typically do at that age. Provides ideas for activities that care takers can perform with children to help develop their executive function skills. 2-5 year olds	English	X		X
PBS Learning Media: Social Emotional Learning	https://ca.pbslearningmedia.org/subjects/preschool/social-and-emotional-development/?selected_facet=grades:PreK	Provides videos, interactives, lesson plans and handouts for helping PreK students develop skills in self-awareness, social awareness, self-management, responsible decision making, relationship skills and moral functioning.	Mostly English Some Spanish	x	x	x

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Sesame Street in Communities: Exploring Emotions	English: https://sesamestreetincommunities.org/topics/emotions/ Spanish: https://sesamestreetincommunities.org/topics/sentimientos/	Provides videos, games and handouts for helping children understand their feelings. Ages 2-6	English and Spanish	x	x	x
Sesame Street in Communities: Developing Resilience	English: https://sesamestreetincommunities.org/topics/resilience/ Spanish: https://sesamestreetincommunities.org/topics/resiliencia/	Provides videos, articles and tips to help children develop resiliency skills. Ages 2-6	English and Spanish	x	x	x
U.S. Department of Education: Fostering Healthy Social & Emotional Development in Young Children	English: https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/feelings-teachers.pdf Spanish: https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/hhs-sed-consejos-para-los-proveedores-y-maestros-de-primera-infancia-espanol.pdf	Provides ideas for developing social interaction, emotional awareness and self-regulation from infants to preschoolers .	English and Spanish	X		X

The information above is provided as a resource for teachers and families. The content is not endorsed by Los Angeles Unified School District and is not required as part of the District's educational program, however, any program with an asterisk is District approved.