



Arts Education Branch Dance Lessons



Below are secondary dance lessons suitable for grades 6-12. The table of contents provides the lesson title, objective, and link to the lesson.

	Lesson Title	Objective	Lesson Link
1	Acrostic Name Phrase	Students will sequence actions using the structure of an acrostic poem to create a movement phrase based on their name.	Lesson
2	Dance Concept Poems	Students will create movement phrases to interpret original dance concept poems.	Lesson
3	Cinquains in Motion	Students will create movement phrases to interpret a thematic idea.	Lesson
4	Figurative Language Movement Phrases	Students will create movement phrases inspired by figurative language.	Lesson
5	I Am Dance Poem	Students will create a personal movement study based on a poetic structure.	Lesson
6	Shaping Symmetry	Students will explore symmetry and asymmetry through body shapes and sequences.	Lesson

7	The Swan: Two Points of View	Students will compare two current dances artists' interpretations of the swan concept, and then create original movement based on the same concept.	Lesson
8	Signature Movements	Students will identify personal signature movements, and work with others to organize movements into phrases.	Lesson
9	Who Dances? Part 1	Students will explore belief systems regarding boys and dance and begin to analyze movement from a video.	Lesson
10	Who Dances? Part 2	In pairs, students will organize and develop a movement phrase using 3 previously selected words.	Lesson
11	Who Dances? Part 3	Students rehearse and perform dance phrases and analyze each other's work.	Lesson
12	Tapping Out a Message, Part 1	Students will watch and interpret meanings of two tap dance works.	Lesson
13	Tapping Out a Message, Part 2	Students will learn basic tap dance steps and sequence them into a short dance combination.	Lesson
14	Port de Bras, Passé & Prose: Lesson 1 of 6	Students will learn and/or review ballet concepts of turn out, 5 positions, and 5 arm positions used in port de bras.	Lesson
15	Port de Bras, Passé & Prose: Lesson 2 of 6	Students will use concepts learned in lesson 1 and improvise oppositional ways of moving to both music and words.	Lesson

16	Port de Bras, Passé & Prose: Lesson 3 of 6	Students will watch, respond to, and learn movement from, Collage Dance Collective's performance <u>Rise</u> .	Lesson
17	Port de Bras, Passé & Prose: Lesson 4 of 6	Student will work virtually side by side to create an in-class dance study based on the concepts learned in lessons 1-3.	Lesson
18	Port de Bras, Passé & Prose: Lesson 5 of 6	Students will perform their dance study they have created using basic ballet concepts and spoken work of civil rights speeches.	Lesson
19	Port de Bras, Passé & Prose: Lesson 6 of 6	Students will learn each other's final choreography from lesson 5. As a class they will decide how to put together several groups, to end up with a completed work.	Lesson
20	Exploring Our Virtual Studio Space	Students will explore their virtual learning environment and create a virtual studio in their home through an understanding of safe boundaries and range of movement.	Lesson
21	Lines in Space	Students will explore lines in space while adjusting to a new virtual learning environment, and using break out rooms efficiently and effectively.	Lesson
22	Movement Initiation	Students will explore the concept of movement initiation both alone and with a partner.	Lesson
23	Gestures	Students will explore the concepts of gesture and abstraction.	Lesson

24	Creative Rhythmic Movement	Students will explore the use body and voice to create rhythmic conversations.	Lesson
25	Dance Poem	Students will create a movement study, or poem, inspired by self-identified words.	Lesson