

Gardena High School Support Services

Healthy Start coordinates, with the assistance of community-based organizations, resources and services that support students in their efforts to remain in school despite obstacles that make school attendance difficult. Students are given the opportunity to benefit from resources that will help them deal with the psychological and physiological issues that affect their education. The funds from this grant support additional services to students and the community by providing access to the following resources:

Health clinic: Free services include immunizations, sports physicals, sexually transmitted disease testing, birth control, psychological services, and general medical care. There are over 3,000 office visits a year.

Psychological Services: Seven (7) therapists are available to offer services such as individual and group counseling. Currently, 25 students are being served.

Pregnancy Case Management: Parenting classes for teen prospective and parenting mothers and fathers are available through South Bay Center for Counseling and First Five Grant. Case management and after birth care, such as nutrition awareness, was provided to 25 female and 35 male students.

Medical Healthy Families: This program provides a bilingual certified applicant assistant to assist families with insurance issues once a week.

Drug Impact: Drug education is facilitated by a certified drug counselor from the Asian American Drug Addition Prevention Program. Individual counseling is also available. Seventy five (75) students participate in this program.

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High School Task Force: A group of 25 students work with GDAAP (Gardena's Drug and Alcohol Abuse Program) to provide extensive outreach on campus supporting a sober living style. Activities include Red Ribbon Week, Red Ribbon Presentation to City Council, Drug Free Week, and Alabazza (a community evening of music).

IMPACT and GDAAP programs address students' personal issues. These drug prevention programs allow the students an opportunity to confront their problems. Students work in small group settings with others who have similar problems. The confidential groups help each member to identify their problems, set goals, and chart their direction. GDAAP is a partnership with the City of Gardena's Drug and Alcohol Abuse Program.

Gardena High School School Community Policing Grant	
<u>Program</u>	<u>Description</u>
Anger Management	This is a course in adolescent anger management facilitated by the Asian American Drug Addiction Prevention Program. Students are referred from the deans' office, counselors, parents, health staff, and clinic doctors. This is a ten-week course with certificates given at the end. One hundred students are enrolled in this program.
Juvenile Impact Program	Students found to be at risk participate in a Saturday boot camp program consisting of physical training and course work to improve self esteem and build positive attitudes about school and life. Classes are taught by police officers from the Los Angeles Police Department and the Los Angeles School Police Department. Approximately 160 students participate in four sessions per year.
Women's Leadership Project	Female students participate in lunchtime meetings on women's issues coordinated by the Los Angeles County Human Relations Commission. Twenty students participate in this program.

A School Community Policing Grant provides additional services to students whose education could otherwise be negatively impacted as a result of challenging circumstances and events. For many students these programs offer a safe haven that will enable them to continue their development as students and young adults and prevent them from engaging in negative behaviors.