



School Letterhead

**STUDENT PHYSICAL EDUCATION EXEMPTION**

Dear Student,

Congratulations, you have passed the Fitnessgram!

To meet graduation requirements you must complete 20 credits in physical education—Advanced P.E. Courses 1AB and 2AB. Once these requirements have been met, you may choose to exempt yourself of the additional two years of physical education required by the state.

Exemption does not prevent you from taking P.E. as an elective or participating in sports.

Please make your choice below; *initial* your selection then sign below.

\_\_\_\_\_ I **choose to exempt myself from physical education beyond the two year district and state graduation requirements at this time**, but may choose to revoke this exemption later in my high school experience. If I do wish to make that change, I will contact my school counselor to change my selection.

\_\_\_\_\_ I **choose not to exempt myself from physical education at this time**, but may later in my high school experience. If I do wish to change my choice, I will contact my school counselor and change my selection.

\_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_\_

Student signature

Student: Please keep a copy of this page for your records and one copy will be placed into your student cumulative file.

Counselor name: \_\_\_\_\_