

Division of Instruction
Health and Physical Education Programs
Physical Education

Site Name	Link	Description
Brain Pop	https://www.brainpop.com/health/sportsandfitness/fitness/	Brain Pop video on health and fitness. There are many to choose from. Grades 3-5
Go Noodle	https://app.gonoodle.com/search?query=fitness	Provides movement videos to engage Pre-K to Grade 5 students.

The information above is provided as a resource for teachers and families. The content is not endorsed by Los Angeles Unified School District and is not required as part of the District's educational program, however, any program with an asterisk is District approved.