


JANUARY 2022

Los Angeles Unified's **Isolation** Protocols for Students and Employees

<p>I Have Symptoms of COVID-19 See symptom list below</p>	<p>Stay Home Until:</p> <ul style="list-style-type: none">You take a COVID-19 PCR testYou can find symptomatic testing sites at achieve.lausd.net/covidtestingappt ORAt least 10 calendar days have passed since your symptoms first started ANDYou have not had a fever for at least 24 hours ANDYour symptoms are improving	<p>If Positive,</p> <ul style="list-style-type: none">Follow the "I'm COVID-19 Positive with symptoms" sectionIsolate at Home 	<p>If Negative,</p> <ul style="list-style-type: none">Stay home until fever free for 24 hours and symptoms have improvedThis applies to everyone regardless of vaccination status
<p>I'm COVID-19 Positive with Symptoms If the test was administered at a non LA Unified site, or was an at-home rapid self test, upload the results into Daily Pass</p>	<p>Stay Home Until:</p> <ul style="list-style-type: none">At least 5 days* have passed since your symptoms started ANDYou have a negative COVID-19 rapid antigen test collected on or after day 5 ANDYou have not had a fever for at least 24 hours ANDYour symptoms are improving <p><i>*Your first day of symptoms is day 0</i></p>	<p>If Positive After Day 5,</p> <ul style="list-style-type: none">Stay home 10 calendar days after your symptoms startedYou can return to school or work if you have not have a fever for the last 24 hours ANDYour symptoms are improvingYou will not participate in LA Unified's regular PCR testing for 90 days after your initial positive result	<p>Isolation at Home:</p> <p>Wear a well-fitting mask over your nose and mouth when you are around others, indoors and outdoors, for a total of 10 days. This includes around household members.</p> <ul style="list-style-type: none">Adults should wear a well-fitting medical grade mask (surgical or respirator)Children should wear a well-fitting, non-cloth mask with a nose wire <p>See bit.ly/32TctLF for more information</p>
<p>I'm COVID-19 Positive with NO Symptoms If the test was administered at a non LA Unified site, or was an at-home rapid self test, upload the results into Daily Pass</p>	<p>Stay Home Until:</p> <ul style="list-style-type: none">At least 5 days* have passed since the day your initial positive test was taken ANDYou have a negative rapid antigen COVID test collected on or after day 5 <p><i>*Day 0 is the day your positive test was taken</i></p>	<p>If Positive After Day 5,</p> <ul style="list-style-type: none">Stay home for 10 calendar days after your initial positive resultYou will not participate in LA Unified's regular PCR testing for 90 days after your initial positive result	
<p>COVID-19 Symptoms:</p>	<ul style="list-style-type: none">Fever or ChillsNew Cough - Not from Asthma/AllergiesDifficulty Breathing	<ul style="list-style-type: none">FatigueRunny or Stuffy NoseDiarrheaVomiting	

For more information on testing sites, visit achieve.lausd.net/covid

For additional questions, visit achieve.lausd.net/covidfaq or call the Family Helpdesk at (213) 443-1300

Los Angeles Unified will continue to collaborate with our health partners at the county and state levels, as well as our panel of medical experts and university partners. We also continue to review updates to county, state and federal guidance on a daily basis, and we may adjust policies accordingly.

