## INSTRUCTIONS: How to Properly Heat Your Meals

### Asian Chicken Bites & Tots:
- Oven Temperature – 350°F
- Heating time approximately 13-15 minutes
- Heat until internal temperature reaches 160°F

### BBQ Beef Rib Sandwich:
- Oven Temperature 350°F
- Heating time approximately 20-25 minutes
- Heat until internal temperature reaches 160°F

### Buffalo Wings & Tots:
- Oven Temperature - 375°F
- Heating time approximately 18-20 minutes
- Heat until internal temperature reaches 165°F

### Cheesy Pillows:
- Oven Temperature – 325°F
- Heating time approximately 10-12 minutes
- Heat until internal temperature reaches 160°F

### Chicken Tenders & Tots:
- Oven Temperature - 375°F
- Heating time approximately 10-12 minutes
- Heat until internal temperature reaches 160°F

### Cinnamon French Toast:
- Oven Temperature – 350°F
- Heating time approximately 10-12 minutes (Do not remove or open outer wrapper. Do not allow wrapper to touch edges of pan, do not cover with foil)
- Heat until internal temperature reaches 160°F

### Creamy Mashed Potatoes:
- Microwave Instructions – Remove product from holding container and place into a microwaveable safe bowl or plate, heat from 1-2 minutes.

### Fish Nuggets & Corn:
- Microwave Instructions – Peel back lid ½ way and place on a microwavable safe plate. Heat for 1 minute to 1 minute, 15 seconds. Do not over heat.

### Green Beans or Broccoli:
- Microwave Instructions – Remove lid from container, heat for 1 minute to 2 minutes.

### Italian Cheese Pocket:
- Oven Temperature - 350°F
- Heating time approximately 13-15 minutes
- Heat until internal temperature reaches 160°F
- Microwave Instruction – Place product on a microwaveable safe plate, heat from 1-1.5 minutes.

### Penne Rigati & Meatballs:
- Oven Temperature – 350°F
- Heating time approximately 18-20 minutes
- Heat until internal temperature reaches 160°F

### Pizzaboli:
- Oven Temperature – 350°F
- Heating time approximately 17-20 minutes
- Heat until internal temperature reaches 160°F

### Salisbury Steak with Gravy:
- Oven Temperature – 350°F
- Heating time approximately 22-25 minutes
- Heat until internal temperature reaches 165°F

### Toasted Cheese Sandwich:
- Oven Temperature – 350°F
- Heating time approximately 8-10 minutes (Remove product from packaging, place product on oven safe tray. Optional – spread butter to the bread before baking)
- Heat until internal temperature reaches 140°F

Products need to be heated and consumed within two to four hours.

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