



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Bkft. Beef & Cheese Sunrise Stick (Hot off the Grill)	Dairy, Soy, Wheat, Gluten	Whole Grain Flour Tortilla: Whole Grain Wheat Flour, Wheat Enriched Flour, (Wheat Flour, Niacin, Reduced Iron, thiamine Mononitrate, Riboflavin, Folic Acid), Water, Inesterified Soybean Oil, Hydrogenated Soybean Oil, Contains 2% or less of the following: Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Sulfate), Salt, Sugar, Calcium Propionate (Preservative), Potassium
Bkft. Beef Sausage Pancake Sandwich (Hot off the Grill)	Dairy, Egg, Wheat, Gluten	White wheat mini maple pancakes: Whole wheat flour, buttermilk, sugar, dextrose, soybean oil, baking powder, whole eggs, natural maple flavor (natural flavors, molasses, malt extract, natural alcohol, natural glycerine, and pure maple syrup), salt; Breakfast maple beef patty: Ground beef, seasoning (salt, dextrose, spices including paprika), pure maple extract (alcohol, glycerin, maple concentrate)
Bkft. Beef, Egg & Cheese Burrito (MCI)	Dairy, Corn, Egg, Tomato, Wheat, Gluten	Beef, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto), Scrambled Eggs(Whole Eggs, Skim Milk, Soybean Oil, Corn Starch, Salt, Xanthan Gum, Citric Acid). Red Bell Pepper. Tomatoes



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Bkft. Berry Scone (Fat Cat Bakery)	Dairy, Wheat	Whole Wheat Flour Blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour]), sugar, milk, strawberries, wild blueberries, butter, apple sauce (apples, water, ascorbic acid), cranberries, vegetable oil, baking powder (sodium acid pyrophosphate, sodium bicarbonate, mono calcium phosphate), salt
Bkft. Buttery Maple Waffle (Arlington)	Dairy, Egg, Wheat, Gluten	Organic Whole Wheat Flour, Organic Enriched Wheat flour (Organic Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Beet Sugar, Butter, Whole Eggs, Yeast, Canola Oil, Non-Fat Milk, Salt, Natural Flavors, Enzymes
Bkft. Cafe LA Coffee Cake 3.4 oz. (Buena Vista)	Corn, Dairy, Egg, Soy, Wheat, Gluten	Whole wheat flour, enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), brown sugar, eggs, soybean oil, sugar, canola oil, dry milk powder, modified food starch (corn) white vinegar, salt, cinnamon, nutmeg. May contain soy.
Bkft. Cereal Bowl Deluxe, Cold, Blueberry Rice Chex (Gluten Free), 2 oz.	No Allergens	Whole grain Rice, sugar, Canola Oil, blueberry powder, salt, molasses.

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Bkft. Cereal Bowl Deluxe, Cold, Cinnamon Rice Chex (Gluten Free), 2 oz.	No Allergens	Whole grain rice, rice, sugar, canola oil, salt, rice fiber, cinnamon, molasses, natural flavor, Vitamin E, calcium carbonate, iron, zinc, Vitamin C, niacinamide, pyridoxine hydrochloride, thiamin mononitrate, Vitamin A, riboflavin, folic acid, Vitamin B12, Vitamin D3
Bkft. Cereal Bowl Deluxe, Cold, Cinnamon Toast Crunch, 2 oz.	Soy, Wheat, Gluten	Whole grain wheat, sugar, rice flour, canola oil, polydextrose, maltodextrin, fructose, dextrose, salt, cinnamon, trisodium phosphate, soy lecithin, caramel color, BHT, calcium carbonate, iron, zinc, Vitamin C, niacinamide, pyridoxine hydrochloride, riboflavin, thiamin mononitrate, Vitamin A, folic acid, Vitamin B12, Vitamin D.
Bkft. Cereal Bowl Deluxe, Cold, Granola Chocolate (Rockin'Ola), 2 oz.	Corn, Gluten	Whole grain rolled oats, sugar, corn syrup, canola oil, cocoa (processed with alkali), natural flavor, baking soda, Vitamin E.
Bkft. Cereal Bowl Deluxe, Cold, Honey Bunches of Oats, Vanilla, 2 Oz.	Corn, Wheat, Honey	whole grain wheat, sugar, rice, whole grain oats, canola oil, corn syrup, barley flour, corn meal, salt, molasses, honey, caramel color
Bkft. Cereal Bowl Deluxe, Cold, Rice Chex (Gluten Free), 2 oz.	No Allergens	Whole grain rice, rice, sugar, salt, molasses.
Bkft. Cereal, Hot, Oatmeal (recipe)	Gluten	Whole Grain Rolled Oats, cinnamon (added as part of the recipe)



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Bkft. Cereal, Hot, Whole Grain Cream of Wheat (recipe)	Wheat, Gluten	Whole Grain Wheat (wheat farina, wheat bran & germ), defatted wheat germ, disodium phosphate, calcium carbonate, ferric phosphate, niacin, thiamin mononitrate, riboflavin, folic acid
Bkft. Cheese Stuffed Pocket (Big Daddy's/Schwan's)	Corn, Dairy, Soy, Tomato, Wheat, Gluten	Reduced fat mozzarella cheese (pasteurized part skim milk, nonfat milk, modified food starch, cultures, salt, vitamin A palmitate, enzymes), Water, Whole grain whole wheat flour, Enriched flour (Wheat flour, Malted barley flour, Niacin, Iron, Thiamine mononitrate, Riboflavin, Folic acid), Pizza sauce (tomatoes in juice, water, tomato paste, sugar, extra virgin olive oil, modified
Bkft. Cinnamon Pan Dulce, Cinnamon (Artimex)	Corn, Dairy, Wheat, Gluten	Bread: Whole grain wheat flour, enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), ascorbic acid, soybean oil, sugar, eggs, yeast, milk powder, vanilla extract, cinnamon, salt; Topping: Whole wheat flour, enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), ascorbic acid, soybean oil, powdered



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Bkft. Fiesta Bean & Cheese Burrito (Los Cabos/MCI)

Allergens

Corn, Dairy, Soy, Wheat, Gluten

Ingredients

Filling: Pinto beans, cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annato). Textured vegetable protein (soy flour, caramel color). Salt, flavorings, modified food starch (corn). Tortilla: whole wheat flour, enriched bleached wheat flour, soybean oil, salt, guar gum, baking powder, cornstarch.

Bkft. French Toast Trio (Michael Foods)

Corn, Dairy, Egg, Soy, Wheat, Gluten

Egg Batter: Eggs, whey (milk), sugar, salt, natural vanilla flavor, (propylene glycol, water, alcohol, invert syrup, natural flavors, vanilla extract), xanthan gum, citric acid. Bread: Whole wheat flour, enriched wheat flour, (flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat gluten, sugar, yeast, soybean oil, salt, ethoxylated mono and diglycerides, calcium propionate.

Bkft. Italian Cheese Pocket (Beacons Street/Schwan's)

Dairy, Corn, Egg, Soy, Tomato, Wheat, Gluten

Crust: Flour Blend (White Whole Wheat Flour, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Isolated Soy Protein, Vegetable Oil (Soybean and/or Canola Oil), Contains 2% or Less of: Wheat Gluten, Yeast, Sugar, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Sea Salt, Datem, Dextrose, Guar Gum, Soy Lecithin



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Bkft. Morning Beef Sausage Sandwich (Hot off the Grill)	Wheat, Gluten	Whole Grain Hawaiian Bun: whole wheat flour, (flour, malted barley flour), sugar, soybean oil, salt, yeast, gluten, calcium propionate, sodium stearoyl lactylate, calcium sulfate, enzymes, turmeric, calcium carbonate,. Beef Sausage Patty: Beef & seasonings (salt, dextrose, spices).
Bkft. Pumpkin Scone (Fat Cat Bakery)	Dairy, Corn, Wheat, Gluten	FatCat Whole Wheat Flour Blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour)), sugar, pumpkin, milk, apple sauce (apples, water, asocrbic acid), butter, apples, vegetable oil, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, mono calcium
Bkft. Turkey Sausage Biscuit Sandwich (Jennie-O)	Dairy, Corn, Soy, Wheat, Honey	Biscuit: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Palm Oil, Buttermilk, Honey, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate), Sugar, Shortening Flakes (Palm Oil, Soy Lecithin, Natural Butter Flavor, Beta Carotene). Contains 2% Or Less of the



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Cheese, Cheddar Cup 3 oz. (Land O'Lakes)	Dairy	Cheddar Cheese (cultured pasteurized milk, salt, enzymes), Whey, Skim Milk, Reduced Fat Cheddar Cheese (cultured Pasteurized reduced fat milk, salt, enzymes), Potassium and Sodium Phosphates, Maltodextrin, Contains Less than 2% of: Glucono-Delta-Lactone, Natural Flavors, Carrageenan, Lactic Acid, Mono and Diglycerides, Sorbic Acid (preservative), Salt, apo-Carotenal for color
Cheese, Ranch Cheddar 1 oz. (Gilman)	Dairy	Cultured pasteurized milk, salt, onion powder, sorbic acid, parsley flakes.
Condiment, Ind. Pkt., BBQ Sauce (Bull's-Eye), 1 oz (Heinz)	Corn, Tomato	Tomato puree, sugar, distilled white vinegar, molasses, modified food starch, salt, hickory smoke flavor, spice, mustard, onion powder, garlic powder
Condiment, Ind. Pkt., Ketchup, 9 gm (Simply Heinz)	Tomato	Tomatoes, distilled vinegar, sugar, salt, onion powder, spice, natural Flavoring
Condiment, Ind. Pkt., Ketchup, Low Sodium, 9 gm (Red Gold)	Tomato	Tomato concentrate, sugar, distilled vinegar, salt, potassium chloride, onion powder, garlic powder, spices, natural flavors, citric acid
Condiment, Ind. Pkt., Mayonnaise, 12 gm (Salad Fresh/Four in One)	Dairy, Corn, Egg	Canola oil, corn syrup, vinegar, modified food starch (corn), salt, maltodextrin, lemon juice, egg white solids, lactic acid, xanthan gum, natural flavors, guar gum, potassium sorbate.
Condiment, Ind. Pkt., Mustard, Yellow, 5.5 gm (Heinz)	No Allergens	Distilled vinegar, mustard seed, mustard bran, salt, turmeric, paprika, garlic powder, spices, mustard oil.
Condiment, Ind. Pkt., Taco Sauce, 9 gm (Salad Fresh/Four in One)	Corn, Tomato	Tomato paste, spices, modified starch, onion, garlic, salt, sodium benzoate.



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Condiment, Ind. Pkt., Taco Sauce, Mild 9 gm (Heinz)	Corn, Tomato	
Condiment, Ind. Pkt., Tajin, 1 gm	No Allergens	Chili Peppers, dehydrated lime juice, potassium chloride, silicon dioxide.
Condiment, Salad Dressing, Bulk, Asian Sesame (Marzetti)	Dairy, Corn, Soy, Tomato, Wheat, Gluten	Soybean oil, water, sugar, vinegar, sesame oil, salt, soybean, wheat, sesame seeds, tomato paste, xanthan gum, spices, carrageenan, corn syrup, raisins, natural flavor, orange peel, orange juice, lemon juice, grapefruit juice, carmel, garlic, onion.
Condiment, Salad Dressing, Bulk, Ranch (R7089)	Dairy, Egg, Soy	SOYBEAN OIL, WATER, CULTURED BUTTERMILK, DISTILLED VINEGAR, SALT, EGG YOLK, SUGAR, WHEY PROTEIN CONCENTRATE, DEHYDRATED ONION, XANTHAN GUM, SPICE, POLYSORBATE 60, NATURAL FLAVORS, SODIUM BENZOATE ADDED AS PRESERVATIVE, LACTIC ACID, GARLIC EXTRACT.
Condiment, Salad Dressing, Ind. Pkt., Ranch, 12 gm (Four In One/Salad Fresh)	Corn, Dairy	Vinegar, corn syrup, cultured buttermilk milk, food starch, salt, xanthan gum, sugar, onion powder, garlic powder, spice, potassium sorbate.



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Entree, Bean & 2 Cheese Dip (MCI)	Dairy, Soy	Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Contains 2% or Less of: Salt, Spices, Garlic Powder, Modified
Entree, Bean & Cheese Chimichanga (Chiminada Bean & Cheese)	Corn, Dairy, Tomato, Wheat, Gluten	Pinto beans, mozzarella cheese, cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annato, jalapeno peppers [jalapeno peppers, water, vinegar, salt, spices, calcium chloride], tomato paste, chili powder [chili pepper, cumin, garlic, oregano, salt], salt, onion, garlic, oregano, black pepper, cayenne, dough flour [stone ground white whole wheat flour, pastry flour {wheat flour, niacin, iron, thiamine mononitrate
Entree, Bean & Cheese Pupusa (Del Real)	Dairy, Corn	Masa: Whole cooked corn, canola oil, cultured dextrose, salt, trace of lime. Filling: Beans (pinto beans, jalapeno peppers, vinegar, salt), chili pepper & spices, mozzarella cheese (pasteurized part skim milk, cheese culture, salt, enzyme).



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Entree, Bean, Cheese & Rice Burrito (MCI)

Dairy, Corn, Soy, Tomato, Wheat, Gluten

Fillings: Cheese and Brown Rice Salsa: Water, Pepper Jack Cheese (Monterey Jack Cheese with Jalapeno Peppers (Pasteurized Milk, Cheese Culture, Jalapeno Peppers, Salt, and Enzymes)), Roasted Poblano Chiles, Brown Rice (Water, Brown Rice), Tomato Puree (Tomatoes and Citric Acid. May also contain: Water, Salt and Calcium Chloride), Diced Onion, Textured Soy Flour. Contains 2% or less of: Tomato

Entree, Beef & Cheese Taco Snack Burrito (Los Cabos)

Corn, Dairy, Soy, Wheat, Gluten

Beef filling: Beef, water, vegetable protein (soy flour, caramel color, zinc oxide, ferrous sulfate, niacinamide, calcium pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, Vitamin A, Vitamin B12), taco seasoning (paprika, cumin, oregano, onion, garlic, potato flour, enriched wheat flour, cocoa, corn syrup solids, citric acid, natural flavor), spices, modified food starch (corn), isolated pea

Entree, Beef Chalupa, Zesty (Beef & Cheese) IW

Dairy, Corn, Tomato, Wheat, Gluten

Mozzarella Cheese: pasteurized part skim milk, cheese cultures, salt, enzymes. Tostada Bowl: Whole grain corn masa flour, vegetable oil (high oleic safflower, mid oleic sunflower, corn and/or cottonseed), trace of lime. Taco Beef Filling: ground beef, textured vegetable protein (soy flour, caramel color), onions, seasoning (salt, chili pepper, spices, tomato powder, garlic powder, hydrolyzed corn gluten, wheat



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Entree, Beef Philly Steak Pinwheel (ES Foods)	Corn, Dairy, Soy, Wheat, Gluten	Crust: Whole wheat flour, wheat flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), soybean oil, yeast, sugar, salt, dough conditioner (enriched wheat flour, wheat gluten, baking powder, sodium acid pyrophosphate, sodium bicarbonate, corn starch). Filling: Mozzarella cheese, cooked beef sandwich slices (ground beef, textured vegetable protein [soy protein
Entree, Beef Steak w/Gravy (Hot off the Grill)	Corn, Dairy, Soy, Wheat, Gluten	Beef Salisbury Patty: Ground beef, water, textured vegetable protein (soy flour, caramel color), seasonings (salt, dehydrated onion, spices, mustard, whey powder, onion powder, garlic powder, sugar), modified corn starch, soy protein concentrate, soy sauce powder (soy sauce [wheat, soybeans, salt], maltodextrin, salt, yeast extract, parsley flakes, beef fat flavor (beef fat, flavor), sodium phosphate, caramel
Entree, Beef Teriyaki Dipper & Rice	Corn, Soy, Wheat	Beef Teriyaki Dunkers: Ground beef, seasoning (sugar, soy sauce powder (wheat, soybeans, salt, maltodextrin), garlic powder, flavor (canola oil, sesame oil, natural flavors), chili peppers and other spices, flavoring, caramel color, citric acid), textured vegetable protein (soy flour, caramel color). Glaze Ingredients: sugar, soy sauce powder, (wheat, soybeans, salt, maltodextrin), modified corn starch, xanthan gum



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Entree, Cheese Lasagna Roll up	Dairy, Corn, Wheat, Gluten	Filling Ingredients: Low Fat Ricotta Cheese (Skim Milk, Water, Modified Food Starch, Milkfat, Milk Protein Concentrate, Xanthan Gum, Carrageenan Gum, Acetic Acid), Low Moisture Part Skim Mozzarella Cheese (Cultured Part Skim Milk, Salt, Enzymes), Romano Cheese Made From Cow's Milk (Cultured Milk, Salt, Enzymes), Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes)
Entree, Cheese Lasagna Roll Up With Marinara Sauce	Dairy, Corn, Tomato, Wheat, Gluten	Filling Ingredients: Low Fat Ricotta Cheese (Skim Milk, Water, Modified Food Starch, Milkfat, Milk Protein Concentrate, Xanthan Gum, Carrageenan Gum, Acetic Acid), Low Moisture Part Skim Mozzarella Cheese (Cultured Part Skim Milk, Salt, Enzymes), Romano Cheese Made From Cow's Milk (Cultured Milk, Salt, Enzymes), Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes)
Entree, Cheese Quesadilla (Arizona Gold)	Dairy, Corn, Wheat, Gluten	Filling: Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Annatto), Mozzarella Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Green Chilies (Salt, Citric Acid, Calcium Chloride), Natural Cheese Sauce (Modified Food Starch, Maltodextrin, Cheddar Cheese Flavor (Cheddar and Swiss Cheese, Whey, Buttermilk Solids, Butter, Sweet Whey, sodium Phosphate, Lactic Acid), Sweet Whey, Vegetable Oil



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Entree, Cheesy Flatbread	Corn, Dairy, Tomato, Wheat, Gluten	Whole wheat flour, malted barley flour, ascorbic acid, sugar, non-fat dry milk, wheat gluten, salt, leavening (sodium acid pyrophosphate, baking soda, monocalcium phosphate), sodium stearoyl lactylate, guar, mozzarella cheese, (pasteurized part skim milk, cheese cultures, salt, enzymes), tomato paste, modified food starch (corn), dextrose, spices, dehydrated onion, dehydrated romano cheese, enzymes
Entree, Cheesy Garlic Bread (Tony Roberts)	Corn, Dairy, Soy, Wheat, Gluten	French Bread Crust: whole wheat flour, enriched wheat flour (wheat flour, malted barley flour), soybean oil, salt, yeast, calcium propionate. Cheese Topping: (low moisture part-skim mozzarella cheese (pasteurized part skim milk, cheese cultures, salt, enzymes), Provolone Cheese (pasturized milk, cheese cultures, salt, enzymes), Cheddar Cheese (pasteurized milk, cheese cultures, salt, enzymes). Sauce:
Entree, Cheesy Pillows (Ardella's)	Corn, Dairy, Wheat, Gluten	Bread: Whole grain whole wheat flour, enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, spice blend (nonfat dry milk, modified food starch, whey, dehydrated butter powder, {butter [cream salt], nonfat milk solids, salt}, salt, garlic powder, spice, sugar), yeast, sea salt, palm oil, garlic, calcium propionate. Cheese: Part skim mozzarella cheese, modified food



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Ingredients

Entree, Chicken Dumplings (Schwan's)

Corn, Soy, Wheat, Gluten

Filling: Chicken, Hydrated Soy Protein Concentrate (water, soy protein concentrate), Green cabbage, Green onion, Canola oil, Water, Carrot, Sugar, Salt, Sesame Oil, Isolated soy protein with less than 2% lecithin.
Dough: Whole Wheat Flour, Enriched Wheat Flour (Enriched Wheat Flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], Malted Barley Flour), Water

Entree, Chicken, Cherry Blossom Chicken & Rice

Dairy, Corn, Egg, Tomato, Wheat, Gluten

NAE Chicken, sodium phosphates;
Breeding/Batter: whole wheat flour, corn starch, salt, modified corn starch, leavening (sodium aluminum phosphate, sodium bicarbonate), dextrose, enriched wheat flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), garlic, onion, spices, paprika, spice extractives, Predusted with: enriched wheat flour (wheat flour, niacin, iron, thiamine mononitrate

Entree, Chicken, Diced (Tyson 046012-0928)

No Allergens

Chicken, water, ascorbic acid, maltodextrin, natural flavors, rice starch, vinegar, yeast extract

Entree, Chicken, Drumstick Oven Fried Breaded (Tyson 037831-0928)

Corn, Wheat, Gluten

Chicken drumsticks, whole wheat flour, citric acid, corn starch, paprika, tumeric, garlic powder, cream of tartar, baking soda, maltodextrin, natural flavor, onion powder, rice starch, salt, spices (including celery seed), wheat gluten, whole grain yellow corn flour, yeast extract. Set in vegetable oil.



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Ingredients

Entree, Chicken, Fillet Spicy Breaded (Tyson 070312-0928)

Corn, Soy, Wheat, Gluten

Boneless, skinless portioned chicken breast filets with rib meat, whole wheat flour, water, contains 2% or less of the following: brown sugar, canola oil, carrot powder, citric acid, corn starch, extractives of paprika, garlic powder, isolated soy protein, leavening (cream of tartar, baking soda), maltodextrin, natural flavors, onion powder, salt, spices (including celery seed), sugar, vegetable stock (carrot, onion, celery)

Entree, Chicken, Patty Crispy Breaded (Tyson 070304-0928)

Soy, Wheat, Gluten

Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt

Entree, Chicken, Patty Grilled Unbreaded (Tyson 029901-0928)(See Recipe R0778)

Corn

Chicken, water, corn starch, natural flavors, salt

Entree, Chicken, Popcorn Breaded (Pilgrim's Pride 110452)

Dairy, Corn, Soy, Wheat, Gluten

Chicken, water, modified food starch, reduced sodium sea salt (sea salt, potassium chloride, rice flour). Sodium phosphates. Breaded with: Whole wheat flour, salt, enriched wheat flour (enriched with niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), disodium inosinate and disodium guanylate, onion powder, spice, yeast, garlic powder, maltodextrin, sugar, soy sauce (fermented soybeans, wheat



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Entree, Chicken, Tenders Homestyle Breaded (Tyson 070332-0928)

Soy, Wheat, Gluten

Boneless skinless chicken breast, water, seasoning [brown sugar, salt, onion powder, chicken stock, canola oil, yeast extract, carrot powder, vegetable stock (carrot, onion, celery), garlic powder, flavors, maltodextrin, silicon dioxide, citric acid], isolated soy protein, sodium phosphate, seasoning (potassium chloride, rice flour). Breaded with: Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron

Entree, Chicken, Yang's Orange Chicken & Rice

Corn, Egg, Soy, Wheat

Chicken: NAE dark meat chicken chunks, water, cornstarch, white whole grain wheat flour, soybean oil, liquid whole eggs, salt, white pepper powder, garlic, ginger, and green onion. Sauce: Sugar, vinegar, water, soy sauce (water, soybeans, salt, sugar, wheat flour, extract of mushroom), modified starch, garlic, mandarin orange juice and peel, ginger, green onion, and chili powder. Rice

Entree, Fish, Cheese Wedge Breaded (Trident)

Dairy, Corn, Soy, Wheat, Fish, Gluten

FISH 67.5% (ALASKA POLLOCK), BATTER AND BREADING 32.5% (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CORN TORTILLA PIECES [CORN, VEGETABLE OIL {CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA, CORN, SAFFLOWER



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Entree, Fish, Fillet (WG Potato Crunch Pollock-Highliner)	Dairy, Corn, Wheat, Fish	Alaska Pollock. Batter & breading: Potatoes, WW Flour, Canola Oil, Water, Contains 2% or less of: Whole Yellow Corn Meal, Enriched Yellow Corn Flour, Modified Corn Starch, Enriched Bleached Wheat Flour, Enriched Wheat Flour, Yellow Corn Flour, Salt, Corn Starch, Sugar, Whey, Leavening (sodium bicarbonate, sodium aluminum phosphate), Yeast, Natural Flavor, Par-fried in Canola, Cottonseed, and/or
Entree, NachoBoli (Tasty Brands)	Dairy, Soy, Tomato, Wheat, Gluten	Reduced Fat Cheddar Cheese (Pasteurized Milk, Non Fat Milk, Cultures, Salt, Modified Food Starch, Flavors, Annato, Vitamin A Palmitate, Enzymes), Water, Salsa (water, Tomato Paste, Tomatoes (Diced Tomatoes, Tomato Juice, Citric Acid), Onion, Chili Peppers, Roasted Jalapeno Pepper, Lime Juice Concentrate, Sugar Salt, Cilantro, Spices, Garlic Powder), Whole Grain Whole Wheat Flour, Enriched Flour
Entree, Penne Rigati & Turkey Meatballs	Dairy, Egg, Tomato, Wheat, Gluten	Pasta: Whole wheat durum flour; Meatballs: Turkey, wheat flour, sugar, salt yeast extract, canola oil, dextrose onion powder, garlic powder, spice, disodium inosinate and guanylate, flavorings, potassium chloride, barley malt powder, nonfat dry milk, dried whole eggs; Sauce: tomatoes, citric acid, calcium chloride, olive oil, salt, sugar, garlic, onions, carrots, spices, natural flavors



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Entree, Pizza, WG Cheese Deep Dish 4" (Tony's Galaxy)

Corn, Dairy, Soy, Tomato, Wheat, Gluten

Crust: White whole wheat flour, enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, soybean and/or canola oil, soy flour, yeast, isolated soy protein, sugar, soy lecithin, salt, distilled mono-glycerides, ascorbic acid. Topping: Part skim mozzarella cheese, sauce (tomatoes, tomato paste, modified food starch (corn, tapioca), sugar, dextrose

Entree, Pizza, WG Cheese Wedge (Ardella's)

Dairy, Tomato, Wheat, Gluten

Crust: whole grain whole wheat flour, enriched flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, canola oil, soybean oil, malted barley flour, wheat flour, dextrose), sea salt, yeast, calcium propionate. Cheese: low moisture part skim mozzarella cheese (cultured pasteurized milk, salt, enzymes). Pizza sauce: tomato paste, salt, spices and flavoring

Entree, Pizza, WG Pepperoni (Turkey & Beef) 5" Deep Dish (Tony's/Schwan's-CMS #2194)

Dairy, Corn, Soy, Tomato, Wheat, Gluten

Crust: Flour Blend (White Whole Wheat Flour, Enriched Flour (Wheat Flour, Malted Barley flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Soybean and/or Canola Oil), Defatted Soy Flour, Yeast, Isolated Soy Protein, Contains 2% or Less of: Sugar, Soy Lecithin, Salt, Distilled Mono-Glycerides, Ascorbic Acid (Dough Conditioner). Toppings: Low Moisture Part Skim



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Entree, Pizza, WG Pepperoni (Turkey & Beef) Wedge (Big Daddy's/Schwan's- CMS #2588)	Dairy, Corn, Dairy, Soy, Tomato, Wheat, Gluten	Crust: Whole whole wheat flour, enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), nonfat milk, yeast, soybean and/or canola oil, sugar, sea salt, wheat gluten, guar gum, mono- and diglycerides, soy flour, sodium steroyl lactylate, L-cysteine, enzymes. Topping: Part skim mozzarella and parmesan cheeses (cultured, pasteurized part skim
Entree, Pizza, WG Sausage (Turkey) 4x6 (Nardone Bros.)	Dairy, Soy, Tomato, Wheat, Gluten	CRUST: Whole Wheat Flour, Enriched Flour (Malted Barley Flour), Soybean Oil, Vital Wheat Gluten, Sugar, Salt, Yeast. CHEESE: Part Skim Mozzarella Cheese (Part Skim Milk, Cheese Culture, Salt, Enzymes). SAUCE: Tomatoes, Onion, Salt, Spices (Basil, Oregano, Thyme, Black and Red Pepper, Rosemary), Garlic Powder, Soybean Oil, Xanthan Gum. TURKEY SAUSAGE: Turkey, soy, salt, spices, paprika
Entree, PizzaBoli (Tasty Brands)	Corn, Dairy, Tomato, Wheat, Gluten	Reduced Fat Mozzarella Cheese (Pasteurized Part Skim Milk, Non Fat Modified Food Starch, Cultures, Salt Vitamin A Palmitatem Enzymes), Pizza Sauce (water, Tomato Paste, Tomatoes (Diced Tomatoes, Tomato Juice, Citric Acid) Extra Virgin Olive Oil, Sugar Salt, Garlic Powder, Spices), Water, Flour, Malted Barley Flour, Niacin, Iron, Thiamine Monoitrate, Riboflavin, Folic Acid), Soybean Oil, Yeast, Sugar



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Entree, Pork Chop Patty, Plain (No Gravy)	Corn, Soy, Wheat, Gluten	Pork, ground, whole wheat flour, textured soy protein concentrate, whole grain yellow corn flour, enriched wheat flour, seasoning (dextrose, dehydrated beef stock, salt, dehydrated onion, dehydrated garlic, yeast extract, soybean oil, citric acid, flavorings), brown sugar, corn starch, wheat gluten, salt, sodium phosphates, dried onion, dried garlic, spice, paprika extract, potassium chloride, sugar, turmeric
Entree, Sandwich, All American Burger (Integrated)	Soy, Wheat, Gluten	Beef Patty: Ground beef, textured vegetable protein (soy flour, caramel color), seasonings (salt, garlic powder, onion powder, spice, sugar, beef flavor (beef extract, maltodextrin, beef stock, yeast extract, salt, lactic acid, flavor, citric acid), flavoring, mesquite flavor (maltodextrin, natural mesquite smoke flavoring), grill flavor (from vegetable oil), sodium phosphate, caramel color. Whole grain Bun: whole wheat flour
Entree, Sandwich, All Star Turkey Hot Dog	Corn, Wheat, Gluten	Turkey Hot Dog: Turkey, seasoning (corn syrup solids, dextrose, sugar, paprika, natural flavoring), salt, potassium chloride, natural flavor (celery juice powder), natural flavoring, natural smoke flavoring. Hot Dog Bun: Whole wheat flour, enriched wheat flour (flour, malted barley flour), sugar, yeast, soybean oil, salt, wheat gluten, emulsifier, enzymes, calcium propionate, monoglyceride



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Entree, Sandwich, BBQ Beef Rib (Integrated)	Corn, Soy, Tomato, Wheat, Gluten	BBQ Beef Rib Patty: Ground Beef, Water, Textured Vegetable Protein (Soy Flour, Caramel Color), Seasoning (Sugar, Tomato Powder, Salt, Brown Sugar, Natural Flavors (Including Smoke), Onion & Garlic Powder, Worcestershire Sauce Powder (Maltodextrin, Worcestershire Sauce (Distilled Vinegar, Molasses, Corn Syrup, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Tamarind
Entree, Sandwich, Beef & Cheese Fiestada	Dairy, Egg, Soy, Wheat	INGREDIENTS: FILLING: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO [COLOR]), COOKED BEEF PATTY CRUMBLES (GROUND BEEF [NO MORE THAN 30% FAT], WATER, TEXTURED SOY FLOUR, SALT, SPICES [INCLUDES PAPRIKA], GRANULATED ONION, SOY PROTEIN
Entree, Sandwich, Beef Double Dogs (Pair of Pups/Popcorn Man/Integrated)	Soy, Wheat, Gluten	Beef Frank (Beef, Water, Contains Less Than 2% of The Following: Sea Salt, Natural Flavorings, Vinegar, Cherry Powder, Sugar & Paprika). Buns (Water, Whole Wheat Flour, Enriched Wheat Flour (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Contains less than 2% of: Wheat Gluten, Yeast, Salt, Calcium Propionate, Calcium Sulfate, Ascorbic Acid, Sodium



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Entree, Sandwich, Cafe LA Burger	Wheat, Gluten	Beef Patty: Ground beef, onion, seasoning (salt, dehydrated onion and garlic), spices, natural flavor, torula yeast with natural hickory smoke flavor, sugar). Bun: Whole wheat flour, enriched wheat flour (flour, malted barley flour), soybean oil, wheat gluten, yeast, salt, calcium propionate, enzymes, emulsifier, calcium carbonate, microcrystalline cellulose, sodium stearoyl lactylate.
Entree, Sandwich, Cheeseburger IW (Don Lee Farms)	Dairy, Soy, Wheat	Bread: Whole wheat flour, enriched wheat flour (malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, sugar, soybean oil, 2% or less: wheat gluten, yeast, sodium stearoyl lactylate, salt, enzymes, calcium propionate, calcium sulfate, ascorbic acid. Patty: Ground beef (max 20% fat), water, textured vegetable protein product (soy flour, caramel color, zinc
Entree, Sandwich, Cheeseburger Sliders (Don Lee Farms)	Corn, Dairy, Soy, Wheat, Gluten	Bread: Whole wheat flour, enriched wheat flour (flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, soybean oil, yeast, wheat gluten, sodium stearoyl lactylate, salt, enzymes, calcium propionate, calcium sulfate, ascorbic acid. Ground beef, hydrolyzed soy protein, maltodextrin, onion, garlic, spice, sugar, salt, torula yeast, yeast extract, disodium inosinate, spice



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Entree, Sandwich, Crispy Breaded Chicken (Tyson)	Soy, Wheat, Gluten	Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt
Entree, Sandwich, Deli Turkey Ham	Corn, Wheat, Gluten	Turkey Ham (turkey thigh meat, vinegar, sugar, sea salt, cultured celery powder, salt, potassium chloride, baking soda, natural smoke flavor), Knot Roll (whole wheat flour, enriched wheat flour (flour, malted barley flour), sugar, canola oil, wheat gluten, salt, yeast, enzymes, emulsifier, cornmeal, calcium propionate, monoglyceride, calcium carbonate.
Entree, Sandwich, Spicy Breaded Chicken (Tyson)	Corn, Soy, Wheat, Gluten	Boneless, skinless portioned chicken breast filets with rib meat, whole wheat flour, water, contains 2% or less of the following: brown sugar, canola oil, carrot powder, citric acid, corn starch, extractives of paprika, garlic powder, isolated soy protein, leavening (cream of tartar, baking soda), maltodextrin, natural flavors, onion powder, salt, spices (including celery seed), sugar, vegetable stock (carrot, onion, celery)



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Entree, Sandwich, Sunbutter & Jelly (SunWise)	Corn, Soy, Wheat, Gluten	Bread (water, whole wheat flour, enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, sugar, yeast, contains 2% or less of soybean oil, salt, dough conditioners (ethoxylated mono & diglycerides, mono & diglycerides, ascorbic acid), calcium propionate, yeast nutrients (ammonium chloride, calcium sulfate, ammonium sulfate), soy
Entree, Sandwich, Toasted Cheese (Hot off the Grill)	Corn, Dairy, Soy, Wheat, Gluten	Whole Grain Bread: whole wheat flour, enriched bread flour (wheat flour, malted barley flour). Bread base: (sugar, dextrose, soy oil, salt, wheat flour, mono and diglycerides, calcium stearoyl lactylate, wheat gluten, calcium sulfate, diacetyl tartaric acid esters of mono and diglycerides, ammonium sulfate, ethoxylated mono and diglycerides, guar gum, ascorbic acid, monocalcium phosphate, potassium
Entree, Sandwich, Turkey Breast & Cheese Sandwich (Jennie-O)	Dairy, Wheat, Gluten	
Entree, Sandwich, Turkey Burger (on Knot Bun Roll)	Corn, Wheat, Gluten	Turkey Patty: Turkey, salt, rosemary extract, savory seasoning (spices, black pepper, garlic, onion). Bun: Whole wheat flour, enriched wheat flour (flour, malted barley flour), sugar, soybean oil, wheat gluten, yeast, salt, enzymes, emulsifier, cornmeal, calcium propionate, calcium carbonate, microcrystalline cellulose, sodium stearoyl lactylate, ascorbic acid.



LAUSD Food Allergy & Ingredient Information

Product

Allergens

Ingredients

Entree, Teriyaki Beef Dunkers (Don Lee CNQTD0753)

Corn, Soy, Wheat, Gluten

Dunkers: Ground beef, seasoning (sugar, soy sauce powder (wheat, soybeans, salt, maltodextrin), garlic powder, flavor (canola oil, sesame oil, natural flavors), chili pepper and other spices, flavoring, caramel color, citric acid), textured vegetable protein product (soy flour, caramel color). Glaze ingredients: Sugar, soy sauce powder (wheat, soybeans, salt, maltodextrin), modified corn starch, xanthan gum.

Entree, Three Cheese Calzone (Buena Vista)

Corn, Dairy, Tomato, Wheat, Gluten

Crust: Whole wheat flour, canola & olive oil, sugar, salt, yeast. Filling: Mozzarella cheese (pasteurized part skim milk), pizza sauce (tomatoes, corn syrup, salt, soybean oil, olive oil, spices, dehydrated garlic, citric acid), cheddar cheese (pasteurized milk, cheese cultures, salt, microbial enzymes, annatto), provolone cheese, rice flour, Italian seasoning, white pepper, modified food starch (corn).

Entree, Turkey & Mashed Potato With Gravy

Corn, Soy

Turkey: Turkey Breast Meat, Turkey Broth.
 Creamy Mashed Potato: Potatoes, Butter, Sea Salt.
 Gravy: Modified food starch (corn & tapioca), corn syrup solids, salt, whey protein concentrate, hydrolyzed yeast protein, soybean oil, caramel color, calcium phosphate, paprika, onion powder, xanthan gum, disodium inosinate, garlic powder.

LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Entree, Turkey, Breast, Smoked, Sliced (Jennie-O 231918)	No Allergens	Turkey breast meat, turkey broth, salt, sugar, dehydrated turkey broth, rosemary extract, natural smoke flavoring, baking soda.
Entree, Turkey, Burger Patty (Jennie O 6166-30; Does not include bun)	No Allergens	Turkey Patty: Turkey, salt, rosemary extract, savory seasoning (spices, black pepper, garlic, onion).
Entree, Turkey, Ham, Sliced (Jennie-O 256818)	No Allergens	Turkey thigh meat, vinegar, sugar, sea salt, cultured celery powder, salt, potassium chloride, baking soda, natural smoke flavor.
Entree, Vegan, Burrito, Bean & Green Chile (MCI)	Corn, Soy, Tomato, Wheat, Gluten	FILLING: Pinto beans, green chiles & green chile puree (green chile peppers, salt, citric acid, calcium chloride), vegetable protein [soy flour, carmel color, zinc oxide, ferrous sulfate, niacinamide, calcium pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, Vitamin A, Vitamin B12], soybean oil, onion, garlic, tomato puree, green jalapeno pepper puree, salt, garlic powder, spices, Whole
Entree, Vegan, Chick'n Nuggets (Morning Star Farms)	Corn, Soy, Wheat, Gluten	Water, wheat flour, soy protein concentrate, vegetable oil {corn, canola and/or sunflower), soy protein isolate. Contains 2% or less of wheat gluten, yellow corn flour, methylcellulose, potato starch, cornstarch, yeast extract, sugar, salt, natural flavors, wheat starch, dex-trose, spices, onion powder, potassium chloride, yeast, glutamic acid, paprika (color), leavening (sodium acid pyrophosphate, sodium



LAUSD Food Allergy & Ingredient Information

Product

Entree, Vegan, Possible Burger (Patty Only, Vegan Burger 2.5 oz.)

Allergens

Corn, Soy, Wheat, Gluten

Ingredients

Hydrated Textured Soy Protein (Water Soy Protein Concentrate, Caramel Color), Onions, Wheat Gluten, Soy Protein Concentrate, Arrowroot Powder, Natural Vegan Beef Flavor (Yeast Extract, Maltodextrin, Salt, Natural Flavoring), Flaxseed Meal, Garlic, Salt, Black Pepper. Prefried in Expeller Pressed Canola Oil.

Entree, Vegan, Possible Burger With Bun

Corn, Soy, Wheat, Gluten

Hydrated Textured Soy Protein (Water Soy Protein Concentrate, Caramel Color), Onions, Wheat Gluten, Soy Protein Concentrate, Arrowroot Powder, Natural Vegan Beed Flavor (Yeast Extract, Maltodextrin, Salt, Natural Flavoring), Flaxseed Meal, Garlic, Salt, Black Pepper. Prefried in Expeller Pressed Canola Oil.

Bun: Whole wheat flour, enriched wheat flour (flour, malted barley flour)

Entree, Vegan, Three Bean Chili (MCI 73344)

Corn, Soy, Tomato

Cooked pinto beans, black beans, garbanzo beans, water, salt, tomatoes (tomatoes, salt, tomato juice and/or puree, citric acid, calcium chloride), tomato puree (tomatoes, citric acid, calcium chloride), onion, corn, red bell pepper, poblano chiles, spices, garlic powder, salt, sugar, isolated soy protein, corn starch.

Fruit, Canned, Diced Peaches, Peachy, Chilled

No Allergens

Peaches, water, corn syrup, sugar

Fruit, Canned, Diced Pears, Perfect, Chilled

No Allergens

Pears, water, corn syrup, sugar

Fruit, Cup, Applesauce, Orange (Dreamsicle)

No Allergens

Apples, water, natural flavor, ascorbic acid

LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Fruit, Cup, Applesauce, Strawberry Banana	No Allergens	Apples, Water, Strawberry Puree, Banana and other natural flavors, Natural Color, Ascorbic Acid
Fruit, Cup, Applesauce, Unsweetened	No Allergens	Apples, Water, Ascorbic Acid
Fruit, Cup, Mixed Fruit (Peaches, Pears, Grapes) National Food Group	No Allergens	Peaches, Pears, Grapes, Water, White Grape Juice Concentrate, Ascorbic Acid (100% Vitamin C), Citric Acid.
Fruit, Cup, Mixed Fruit (Peaches, Pears) Del Monte	No Allergens	Peaches, Pears, Pear juice (water, pear juice concentrate), ascorbic acid, lemon juice concentrate.
Fruit, Cup, Peach (Del Monte)	No Allergens	Peaches, pear juice, ascorbic acid, caramel color, lemon juice conc.
Fruit, Cup, Peach (National Food Group)	No Allergens	Peaches, water, white grape juice concentrate, ascorbic acid (100% vitamin C), citric acid
Fruit, Dried, Cherries (Cherry Central)	No Allergens	Dried Red Tart Cherries, Sugar, Sunflower Oil.
Fruit, Dried, Cranberries (Cherry Flavored)	No Allergens	Cranberries, Sugar, Cherry Juice concentrate, Citric Acid, Natural Flavor, Elderberry Juice Concentrate, Refined sunflower oil.
Fruit, Fresh, Apple	No Allergens	Apple
Fruit, Fresh, Apple Slices IW	No Allergens	Apples, Ascorbic Acid, Calcium Carbonate.
Fruit, Fresh, Banana	No Allergens	Banana.
Fruit, Fresh, Grapes	No Allergens	Grapes.
Fruit, Fresh, Nectarine	No Allergens	Nectarines.
Fruit, Fresh, Orange	No Allergens	Oranges.
Fruit, Fresh, Peach	No Allergens	Peach.
Fruit, Fresh, Pear	No Allergens	Pear.

LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Fruit, Fresh, Persimmon	No Allergens	Persimmon.
Fruit, Fresh, Plum	No Allergens	Plum
Fruit, Fresh, Pluot	No Allergens	
Fruit, Fresh, Tangelo Minneola	No Allergens	Tangelo Minneola.
Fruit, Frozen Juice, Cup, Black Cherry (Cherrymoji) (Froot Jooce)	No Allergens	Apple Juice from Concentrate (Water and Apple Juice Concentrate), Natural Color, Natural Flavor, Citric Acid, Vitamin C, Guar Gum, Xanthan Gum, Carob bean Gum, Malic Acid.
Fruit, Frozen Juice, Cup, Sour Watermelon	No Allergens	Apple Juice from concentrate, inulin, citric acid, natural flavor, guar and xanthan gums, malic acid, calcium hydroxide, ascorbic acid, beet concentrate. (color)
Fruit, Frozen Juice, Cup, Strawberry Creamsicle (SideKick)	Corn	Ingredients: Fruit Juice (Filtered Water, Grape and Pear Juice Concentrate), Less Than 2% of Natural Flavors, Fruit and Vegetable Juice (Color), Tricalcium Phosphate, Citric Acid, Ascorbic Acid (Vitamin C), Vitamin A Palmitate, Modified Food Starch, Guar, Carob and Xanthan Gum.
Fruit, Frozen Juice, Slush Pouch, Hula Cooler	Corn	Water, White Grape Juice Concentrate, Apple Juice Concentrate, Maltodextrin, Citric Acid, Passionfruit Juice Concentrate, Orange Juice Concentrate, Natural Flavors, Ascorbic Acid, and Cellulose Gum.



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Fruit, Frozen Juice, Slush Pouch, Kiwi Strawberry	Corn	Pear juice concentrate, apple juice concentrate, maltodextrin, natural flavors, citric acid, ascorbic acid, cellulose gum, Vitamin A Palmitate, Vitamin D3.
Fruit, Frozen, Peach Pop	No Allergens	Peaches, sugar, ascorbic acid, citric acid
Fruit, Frozen, Strawberry Cup (Tabatchnick)	No Allergens	Strawberries, extra light syrup
Fruit, Juice, Apple (4 oz or 8 oz)	No Allergens	Apple Juice Concentrate, Ascorbic Acid
Fruit, Juice, Fruit Punch (4.23 oz) (SunCup)	No Allergens	apple, orange, pear, pineapple, citric acid
Fruit, Juice, Orange (4 oz or 8 oz)	No Allergens	Orange juice concentrate.
Fruit, Juice, Very Berry (4.23 oz) (SunCup)	No Allergens	100% Fruit Juice (Water sufficient to reconstitute Apple, Pear, Raspberry and Strawberry juice concentrates), Natural Flavors and Citric Acid.
Fruit, Juice, Wild Berry (4 oz or 8 oz)	No Allergens	Fruit from concentrate (apple, grape, blackberry, boysenberry, cherry), natural flavor, ascorbic acid
Grain, Bun, Knot Roll, Whole Grain, 4"	Corn, Wheat, Gluten	Whole wheat flour, enriched wheat flour (flour, malted barley flour), sugar, soybean oil, wheat gluten, yeast, salt, enzymes, emulsifier, cornmeal, calcium propionate, calcium carbonate, microcrystalline cellulose, sodium stearoyl lactylate, ascorbic acid.



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Grain, Churro Cinnamon (J&J Snack Foods)	Dairy, Egg, Soy, Wheat, Gluten	Whole wheat flour, Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Oil (contains one or more of the following: Canola Oil, Cottonseed Oil, Palm Oil, Soybean Oil), Wheat Starch, Soy Flour, Whey, Fructose, Baking Powder (Sodium Acid Pyrophosphate, Baking Soda, Cornstarch, Monocalcium Phosphate, Calcium Sulfate), Cinnamon
Grain, Cookie, Chocolate Chip (Fat Cat Bakery)	Dairy, Egg, Soy, Wheat, Gluten	Whole wheat flour blend (52% whole wheat pastry flour, 48% unbleached enriched wheat flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour]), brown sugar, sugar, eggs, chocolate chips (sugar, chocolate liquor, cocoa butter, dextrose, Soya lecithin), vegetable oil, butter, apple sauce (apples, water, ascorbic acid), baking soda, pure Vanilla extract
Grain, Crackers, Cheez-It (Sunshine)	Dairy, Soy, Wheat, Gluten	Whole wheat flour, enriched flour (wheat flour), white cheddar cheese (milk, cheese cultures, salt, enzymes), soybean oil, salt, calcium carbonate, paprika, yeast, paprika oleoresin, turmeric, BHT, annatto, soy lecithin.



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Grain, Crackers, Food & Nutrition (Dick & Jane)	Dairy, Egg, Soy, Wheat, Honey, Gluten	Whole grain wheat flour, enriched wheat flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), sugar, sunflower oil, sunflower lecithin, salt, honey, baking soda, natural flavors, whole eggs, milk. (Processed in factory that manufactures soy products)
Grain, Crackers, Goldfish Pretzel (Pepperidge Farms)	Corn, Dairy, Wheat, Gluten	Whole wheat flour, enriched wheat flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), vegetable oils (canola and/or sunflower), salt, baking powder sodium acid pyrophosphate, baking soda, cornstarch, monocalcium phosphate), malted barley flour, non-fat dry milk.
Grain, Crackers, Honey Maid Squares (Mondelez)	Soy, Wheat, Honey, Gluten	Whole grain wheat flour, sugar, soybean oil, honey, baking soda, calcium phosphate, salt
Grain, Crackers, Mini Chocolate Bear Graham Crackers (J&J Snack Foods)	Wheat, Gluten	Whole wheat (graham) flour, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, canola oil, cocoa (alkalized). unsweetened chocolate, calcium carbonate, natural flavor, baking soda, salt.
Grain, Fritos Corn Chips, 1 oz. (Pepsico)	Corn	Corn, Corn Oil, Salt
Grain, Granola IW 1 oz. (Fieldstone)	Soy, Wheat, Gluten	Oats, cane Sugar, canola Oil, whole grain oat flour, brown rice syrup, molasses, salt, baking soda.



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Grain, Hawaiian Roll	Soy, Wheat, Gluten	Whole Wheat Flour, Unbleached Enriched Wheat Flour, Malted barley Flour, Water, Sugar, Soybean Oil, Yeast, Wheat Gluten, Natural Flavor/Coloring, Ascorbic Acid, Turmeric.
Grain, Honey Biscuit IW 1.25 oz	Dairy, Soy, Wheat, Honey	WHITE WHEAT 100% WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, INTERESTERIFIED SOYBEAN OIL (WITH DISTILLED MONOGLYCERIDES ADDED), CANE SUGAR, BAKING POWDER (CALCIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, MONOCALCIUM PHOSPHATE), HONEY
Grain, Muffin, Blueberry (Buena Vista)	Dairy, Egg, Wheat, Gluten	Wheat wheat flour, enriched wheat flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), unsweetened applesauce, blueberries, sugar, eggs, rolled oats, canola oil, brown rice syrup, buttermilk, vanilla extract, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), natural flavor (water, alcohol, invert syrup), cinnamon, sodium bicarbonate
Grain, Muffin, Corn (Buena Vista)	Corn, Dairy, Egg, Wheat, Gluten	Whole wheat flour, sugar, enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), corn, whole grain corn meal, canola oil, eggs, sweet whey, modified food starch, baking powder, salt, natural vanilla flavor.

LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Grain, Rice, Brown, IQF (Innovasian)	No Allergens	IQF Brown Rice.
Grain, Sunchips, Garden Salsa, 1 oz. (Pepsico)	Dairy, Corn, Tomato, Wheat, Gluten	Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Tomato Powder, Salt, Natural Flavors, Maltodextrin (Made from Corn), Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Dextrose, Buttermilk, Onion Powder, Whey, Yeast Extract, Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Whey Protein Concentrate, Corn Oil, Spices (including
Grain, Sunchips, Harvest Cheddar, 1 oz. (Pepsico)	Dairy, Corn, Wheat	Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Maltodextrin (Made from Corn), Salt, Whey, Natural Flavors, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Onion Powder, Buttermilk, Potassium Chloride, Romano Cheese (Cow's Milk, Cheese Cultures, Salt, Enzymes), Yeast Extract, Lactose, Paprika Extracts, Sodium Caseinate, Citric Acid, Skim Milk, Garlic Powder,
Grain, Tortilla, Corn, 6" (Romero's)(Gluten Free)	Corn	Whole grain corn masa flour (corn masa flour, propionic acid, guar gum, cellulose gum, benzoic acid, phosphoric acid, enzymes).



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Grain, Tortilla, Wheat, 6" (Romero's)	Corn, Wheat, Gluten	Whole grain wheat flour (Ultra Grain), enriched wheat flour (wheat flour, malted barley, ferrous sulfate, niacin, thiamine mononitrate, riboflavin, folic acid), vegetable oil (may contain soybean, cottonseed or palm oils), leavening (corn starch, sodium bicarbonate, sodium acid pyrophosphate, rice flour, monocalcium phosphate), salt, calcium propionate, potassium sorbate, guar gum, fumaric acid
Meat Alt. Eggs, Hard Cooked, Pre-Cooked, 3.1 oz (Sunny Fresh)	Egg	Egg.
Meat Alt. Sunflower Seeds (Roasted and Salted)	No Allergens	Sunflower kernels, sunflower oil, salt.
Meat Alt. Turkey Breast Stick, BBQ 1.2 oz (Jennie-O 207230)	No Allergens	Turkey Breast Meat, Water, Contains 2% or less Vinegar, Salt, Seasoning (Salt, Brown Sugar, Dried Onion, Spices, Dried Garlic, Sugar, Malic Acid, Citric Acid, Natural Smoke Flavor), Turkey Flavor (Turkey Broth, Turkey Fat, Salt, Flavor, Onion Powder), Rosemary Extract, Baking Soda.
Meat Alt. Turkey Breast Stick, Buffalo 1.2 oz (Jennie-O 207430)	No Allergens	Ingredients: Turkey Breast Meat, Water, Contains 2% or less Vinegar, Salt, Rosemary Extract, Turkey Flavor (Turkey Broth, Turkey Fat, Salt, Flavor, Onion Powder), Baking Soda. Rubbed with Seasoning (Spices (Including Cayenne Pepper), Salt, Dehydrated Garlic, Maltodextrin, Sugar, Vinegar, Natural Flavors, Citric Acid, Malic Acid).

LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Meat Alt. Turkey Breast Stick, Smokehouse 1.2 oz (Jennie-O 207130)	No Allergens	Turkey breast, vinegar, salt, sugar, brown sugar, spices, garlic, onions, molasses, chicken broth, sunflower oil, turkey fat, smoke flavor, turkey flavor, rosemary, baking soda.
Meat Alt. Wow Butter Cup 1.12 oz (Wow Butter Foods)	Soy	soy, sugar, salt
Meat Alt./Veg. Cheddar Chickpeas 0.83 oz (SunOpta)	Dairy	Chickpeas, Sunflower Oil, Tomato Powder, Whey Powder, Cheddar Cheese (Milk, Cultures, Salt, Enzymes), Sea Salt, Garlic Powder, Buttermilk Powder, Spice, Onion Powder, Silicon Dioxide, Citric Acid, Natural Flavor, Paprika Oleoresin Color, Disodium Phosphate, Salt, Tricalcium Phosphate, Gum Arabic, Medium Chain Triglycerides.
Meat Alt./Veg. Cup, Hummus Original 4.5 oz. (ZeeZee)	No Allergens	Garbanzo Beans, Water, Lemon Juice Concentrate, Olive Oil, Garlic, Contains 2% or less of the following: Citric Acid, Spice (cumin), Salt.
Meat Alt./Veg. Sea Salt Chickpeas 0.83 oz (SunOpta)	No Allergens	Chickpeas, Sunflower Oil, Sea Salt
Milk, Flavored, Non Fat, Chocolate	Corn, Dairy	skim milk, sucrose, chocolate powder
Milk, Flavored, Non Fat, Strawberry (Driftwood Dairy)	Dairy	Skim Milk, Sucrose, Dextrose, Beet Juice , Natural Flavor
Milk, Unflavored, Fat Free (Skim)	Dairy	Non-fat milk: fat free milk, nonfat milk solids, vitamin A palmitate, vitamin D
Milk, Unflavored, Fat Free, Lactose Free	Dairy	Fat-Free Milk, tribasic calcium phosphate, calcium, carrageenan, guar gum, lactase enzyme, vitamins A palmitate, vitamin D.



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<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Milk, Unflavored, Low Fat (1%)	Dairy	Lowfat milk 1%: Fat free milk, nonfat milk solids, vitamin A palmitate, vitamin D.
Shelf Stable Kit, ES Foods 61417-Hummus Meal Kit (Kit contains: Roasted Red Pepper Hummus cup, Sunflower Seeds, Raisins, Vegetable Juice [contains sweet potato, apple & white grape juices], Whole Grain Wheat Cracker	Corn, Soy, Wheat, Honey, Gluten	Hummus cup: Chick peas (Chick peas, water, salt), roasted red pepper puree (sweet red peppers, water, salt, citric acid), Ground sesame seed, canola oil, contains 2% or less garlic powder, onion powder, seasoning (Garlic and Onion Powder, red bell pepper flavor (red bell pepper, salt, yeast, yeast extract, maltodextrin, torula yeast, natural hickory smoke flavor), citric acid, paprika, salt, spice), citric acid, paprika
Shelf Stable Kit, ES Foods 61418-Cheese Stick Meal Kit (Kit contains: Cheese Stick, Marinara Sauce, Strawberry Applesauce, Whole Grain Wheat Cracker	Dairy, Soy, Tomato, Wheat, Honey, Gluten	Cheese Stick: Cultured pasteurized milk, water, salt, sodium phosphate, natural flavoring, sorbic acid (preservative), enzymes. Marinara sauce: tomato puree (water, tomato paste), diced tomatoes, sugar, soybean oil, salt, dried garlic, dried onion, spices, parsley, citric acid. Strawberry applesauce: apples, water, strawberry puree, natural flavors, ascorbic acid (vitamin C), malic acid



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<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Shelf Stable Kit, ES Foods 61422-Wow Butter Meal Kit (Kit contains: Soy Butter, Honey Roasted Sunflower Seeds, Raisins, Vegetable Juice [contains sweet potato, apple & white grape juices], Whole Grain Wheat Cracker, and Jelly	Corn, Dairy, Soy, Wheat, Honey, Gluten	Soy Butter/Wow Butter: Whole toasted soy, pressed soy oil, cane sugar, palm oil, sea salt. Honey Roasted Sunflower Seeds: Sunflower kernels, sugar, sunflower oil, honey, salt, maltodextrin, xanthan gum. Raisins. Vegetable Juice Punch: Reconstituted Vegetable Juice: Water, sweet potato concentrate), reconstituted fruit juice (water, concentrate of juices [apple and white grape]), natural flavoring, citric acid
Shelf Stable Kit, ES Foods 61437-Chocolate No Nut Butter Meal Kit (Kit contains: Chocolate No Nut Butter, Honey Roasted Sunflower Seeds, Vegetable Juice [contains sweet potato, apple & white grape juices], Whole Grain Wheat Cracker, and Applesauce Cup	Corn, Soy, Wheat, Honey, Gluten	Chocolate No Nut Butter: Yellow Peas, Canola Oil, Sugar,(Contains Corn Starch), Palm Oil, Cocoa Powder Salt, Mono & Diglycerides, Natural Vanilla, Contains: Pea (Legumes). Sunflower Seeds, Honey Roasted: Sunflower Kernels, Sugar, Sunflower Oil, Honey, Salt, Maltodextrin, Xanthan Gum. Juice Breaks Vegetable Juice Punch: Reconstituted Vegetable Juice (Water and Sweet Potato Conc.)
Shelf Stable Kit, ES Foods 61437-S-Chocolate No Nut Butter Meal Kit (Kit contains: Chocolate No Nut Butter, Honey Roasted Sunflower Seeds, Vegetable Juice [contains sweet potato, apple & white grape juices], Strawberry Bites Crackers, and Strawberry Applesauce Cup	Dairy, Corn, Egg, Soy, Wheat, Honey	Chocolate No Nut Butter: Yellow Peas, Canola Oil, Sugar,(Contains Corn Starch), Palm Oil, Cocoa Powder, Salt, Mono and Diglycerides, Natural Vanilla. Sunflower Seeds: Sunflower Kernels, Sunflower Oil, Salt. Juice Breaks Vegetable Juice Punch: Reconstituted Vegetable Juice (Water and Sweet Potato Conc.), Reconstituted Fruit Juice Blend (Water, Conc. Juices of Apple and White Grape). Natural Flavoring, Citric



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Product

Allergens

Ingredients

Shelf Stable Kit, Notables 100159-Cheese Stick Meal Kit (Kit contains: Cheese Stick, Carrot Patch Minis, Raisins, Juice [contains sweet potato, apple, pear, carrot, and pineapple juices])

Dairy, Egg, Soy, Wheat, Honey, Gluten

Cheddar Cheese: cultured pasteurized milk, water, sodium phosphate, natural flavor, sorbic acid, paprika, tumeric, enzymes. Carrot Patch Cinnamon Crackers: (Whole wheat flour, sugar, bleached enriched flour [wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid], sunflower oil, carrots, cinnamon, honey, invert syrup, salt, natural flavor, baking soda, soy lecithin, caramel color, eggs, milk)

Shelf Stable Kit, Notables, 100160-Sunbutter Meal Kit (Kit contains: Sunbutter, Honey Graham Crackers, Juice Bowl Vegetable Juice [100% juice from sweet potato, apple, pear, carrot, pineapple, mango], Raisins)

Wheat, Honey, Gluten

Sunbutter: Sunflower seeds, sugar, mono-diglycerides, salt. Honey Graham Cracker: Whole wheat flour, enriched wheat flour, sugar, soybean oil, oat fiber, honey, salt, sodium bicarbonate, molasses, ascorbic acid, vitamin A, niacinamide, iron, riblflavin, thiamin mononitrate, maltodextrin, annatto. Juice Vegetable/Fruit Juice: sweet potato, apple, pear, carrot, pineapple, citric acid, mango puree, ascorbic acid. Water, brown rice flour, tapioca starch, canola oil, egg whites, potato starch, cane sugar, tapioca maltodextrin, tapioca syrup, pea protein, xanthan gum, yeast, salt, cultured corn syrup solids, corn syrup solids, citric acid, enzymes.

Sp. Diets Only, Gluten Free, Bagel (CMS #2590 - Corn, Egg Udi's)



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Sp. Diets Only, Gluten Free, Bread, Whole Grain, Corn Sliced (CMS #2591 - Little Northern Bakehouse/Vibrant)		Water, tapioca starch, potato starch, corn starch, whole grain brown rice flour, whole teff flour, whole millet, whole red quinoa, sunflower oil, raisin juice, dextrose, psyllium husk, cane sugar, yeast, modified cellulose, pea fiber, sea salt, rice bran, vinegar, cellulose gum.
Sp. Diets Only, Gluten Free, Cheese Pizza (CMS #2138 - Mr. Sips)	Dairy, Tomato	Crust: Rice flour, modified rice starch, potato starch, sugar, tapioca flour, potato flour, canola/olive oil, yeast, salt, xanthan gum, calcium sulfate. Cheese: Pasteurized part skim milk, cultures, salt, enzymes. Sauce: Crushed tomatoes, tomato puree (tomato paste), sugar, salt, spices, soybean oil, citric acid, dehydrated onion, garlic, Romano cheese flavor (romano cheese [milk, cheese cultures, salt, enzymes], onion
Veg. Canned, Fiesta Pinto Beans	No Allergens	Pinto Beans (pinto beans, water, salt, calcium chloride, calcium disodium EDTA), salt, diced green chiles (green chile peppers, salt, citric acid, calcium chloride), garlic powder, paprika, black pepper.
Veg. Cooked, Carrots (Baby Carrots)	No Allergens	Carrots.
Veg. Cup, Marinara Sauce 2.5 oz. (Red Gold)	Tomato	Tomato puree, (water, tomato paste), diced tomatoes, sugar, soybean oil, salt, dried garlic, dried onion, spices, parsley, citric acid.



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<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Veg. Cup, Salsa, 3 oz. (Red Gold)	Tomato	Tomato puree (tomato paste), diced tomatoes, jalapeno peppers, vinegar, onion, salt, sea salt, sugar, garlic, natural flavor, spices, citric acid.
Veg. Dehydrated Potato Flakes, Creamy Mashed Potatoes (Idahoan)	Dairy	Potatoes, butter, sea salt
Veg. Fresh, Asian Tropical Cabbage Salad	Corn, Soy, Tomato, Wheat	Cabbage, Pineapple, Pineapple Juice, Soybean oil, water, sugar, vinegar, sesame oil, salt, soybean, wheat, sesame seeds, tomato paste, xanthan gum, spices, carrageenan, corn syrup, raisins, natural flavor, orange peel, orange juice, lemon juice, grapefruit juice, carmel, garlic, onion.
Veg. Fresh, Celery Sticks IW (Field Fresh Foods)	No Allergens	Fresh Celery
Veg. Fresh, Coleslaw IW (Taylor Farms)	No Allergens	Shredded Cabbage, Shredded Carrots
Veg. Fresh, Petite Baby Carrots IW	No Allergens	Carrots.
Veg. Fresh, Romaine Salad IW (Taylor Farms)	No Allergens	Romaine, carrot, red cabbage
Veg. Frozen Juice, Cup, Cherry Smooth (SideKick) contains the following juices: sweet potato, pear, apple, cherry and carrot)	No Allergens	Vegetable and Fruit Juices (water, sweet potato, pear, apple, cherry and carrot juice concentrates), ascorbic acid, Vitamin A, tricalcium phosphate, natural flavor, citric acid, salt, vegetable juice (for color), turmeric, xanthan gum, carob bean gum, guar gum.
Veg. Frozen Juice, Slush Pouch, Berry Berry Blue (Cool Tropics) contains the following juices: sweet potato and apple)	Corn	Water, sweet potato juice concentrate, apple juice concentrate, maltodextrin, citric acid, ascorbic acid, cellulose gum, natural flavors.



LAUSD Food Allergy & Ingredient Information

<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Veg. Frozen Juice, Slush Pouch, Tropical Trio (Cool Tropics) contains the following juices: sweet potato and apple)	Corn	Water, sweet potato juice concentrate, apple juice concentrate, maltodextrin, citric acid, ascorbic acid, cellulose gum, natural flavors.
Veg. Frozen, Carrots, Sliced	No Allergens	Frozen sliced carrots
Veg. Frozen, Mixed Vegetable	Corn	Frozen diced carrots, corn, green beans, and peas, with no added salt.
Veg. Frozen, Potato, Roasted Wedges (McCain)	Corn	Potatoes, vegetable oil (canola, soybean, cottonseed, sunflower and/or corn), modified potato starch, annatto, modified corn starch, dextrin, dextrose, extractives of capsicum, extractives of paprika, garlic powder, leavening (sodium acid pyrophosphate, sodium bicarbonate), onion powder, paprika, potassium chloride, rice flour, salt, natural color, spices, modified tapioca starch, xanthan gum.
Veg. Frozen, Potato, Ruffle Fries (Simplot)	Corn	Potatoes, vegetable oil (soybean oil, canola, cottonseed and/or sunflower), food starch modified, beta carotene, dextrin, dextrose, sodium acid pyrophosphate, sodium bicarbonate, rice flour, salt, xanthan gum, tetra sodium pyrophosphate, disodium dihydrogen pyrophosphate.
Veg. Frozen, Sweet Corn	Corn	Frozen corn.
Veg. Juice, Mango Splash (Sun Cup) Contains the following juices: Sweet Potato, Apple, Pear, Carrot, Mango Puree)	No Allergens	100% Vegetable & Fruit Juice (Water sufficient to reconstitute Sweet Potato, Apple, Pear, Carrot, Mango Puree Concentrates) Natural Flavors and Citric Acid

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<u>Product</u>	<u>Allergens</u>	<u>Ingredients</u>
Veg. Juice, Orange Medley (Juicy Juice) Contains the following juices: sweet potato & carrot)	No Allergens	Sweet Potato Juice, carrot juice, citric acid, ascorbic acid, natural flavors.
Veg. Juice, Paradise Punch (Sun Cup) Contains the following juices: Sweet Potato, Apple or Pear Juice, Carrot Juice)	No Allergens	100% Vegetable & Fruit Juice (Water sufficient to reconstitute Sweet Potato, Apple and/or Pear, and Carrot Juice Concentrates, Less than 2% of Celery, Beet, Parsley, Lettuce, Spinach, and Watercress Juice Concentrates, Natural Flavors, Ascorbic Acid (Vitamin C), and Citric Acid.
Veg. Juice, Sun Splash (Sun Cup) Contains the following juices: Sweet Potato, Carrot, Pumpkin, Butternut Squash, Tomato Juice)	Tomato	100% Vegetable Juice (Water sufficient to reconstitute Sweet Potato, Carrot, Pumpkin, Butternut Squash, Tomato Juice Concentrates), Natural Flavors and Citric Acid.
Yogurt, Non Fat, Strawberry, 8 oz. (Upstate)	Corn, Dairy	Cultured pasteurized Grade A nonfat milk, sugar, strawberries, modified corn starch, whey, natural flavors, gellan gum, citric acid, purple carrot juice, carob bean gum.