

# OCTOBER 2019 - Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>Grades K-5 Breakfast (NNC Sites)</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
	<b>10-1</b> Morning Beef Sausage Sandwich Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-2</b> French Toast Trio - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-3</b> Café LA Coffee Cake - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-4</b> Breakfast Sausage Square Fruit- <b>S</b> Fruit Juice Got Milk
<b>10-7</b> Café LA Coffee Cake - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-8</b> Fiesta Bean & Cheese Burrito - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-9</b> Chicken Pancake Sandwich Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-10</b> Turkey Ham & Cheese on Hawaiian Roll Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-11</b> Crunchy Cereal <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk
<b>10-14</b> Crunchy Cereal <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-15</b> Morning Beef Sausage Sandwich Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-16</b> French Toast Trio - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-17</b> Café LA Coffee Cake - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-18</b> Breakfast Sausage Square Fruit- <b>S</b> Fruit Juice Got Milk
<b>10-21</b> Café LA Coffee Cake - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-22</b> Fiesta Bean & Cheese Burrito - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-23</b> Chicken Pancake Sandwich Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-24</b> French Toast Trio - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-25</b> Turkey Ham & Cheese on Hawaiian Roll Fruit- <b>S</b> Fruit Juice Got Milk
<b>10-28</b> Crunchy Cereal <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-29</b> Morning Beef Sausage Sandwich Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-30</b> French Toast Trio - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	<b>10-31</b> Café LA Coffee Cake - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	

**All of the Grain/Bread items served are Whole Grain Rich.**

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

**S:** Items with an (S) can be saved for later **V:** Vegetarian items

Posted 09/11/19