

NOVEMBER 2019 - Menus

Grades K-5 Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				11-1 Teriyaki Beef Dipper Rice Bowl Yellow Submarine Sandwich OR Classic Tuna Sandwich Broccoli Buds Petite Baby Carrots - S Frozen Peach Pop
11-4 Bean & Cheese Chimichanga - V Whole Grain Cheese Pizza Wedge - V Toasted Cheese Sandwich - V OR Deli Cheese Sandwich - V Marinara Sauce Cup Roasted Potato Wedges Fruit Cup	11-5 All Star Turkey Hot Dog Deli Turkey & Cheese Sandwich Fresh Garden Salad Fiesta Pinto Beans or Campfire Baked Beans Frozen Juice Slush	11-6 Taco Bean Dip Crunchy Tortilla Chips Chinese Chicken Salad Aloha Roll Petite Baby Carrots - S Sweet Corn or Roasted Corn or Street Corn Fruit - S	11-7 Crispy Chicken Sandwich Chicken Caesar Salad & Cheesy Bread Celery Sticks Ruffle Fries Frozen Fruit Cup	11-8 Cherry Blossom Chicken Bowl Yellow Submarine Sandwich OR Classic Tuna Sandwich Broccoli Buds Petite Baby Carrots - S Frozen Peach Pop
11-11  VETERANS DAY HOLIDAY	11-12 WG Pepperoni Pizza Wedge and/or Hawaiian Pizza Philly Cheese Steak Sandwich Marinara Sauce Cup Sweet Corn or Roasted Corn or Street Corn Frozen Juice Cup	11-13 Café LA Burger Chinese Chicken Salad Aloha Roll Celery Sticks Mini Potato Tots Fruit - S	11-14 Oven Fried Chicken Drumstick Souther Buttermilk Biscuit Chicken Caesar Salad & Cheesy Bread Fresh Garden Salad Creamy Mashed Potatoes Frozen Juice Cup	11-15 Teriyaki Beef Dipper Rice Bowl Yellow Submarine Sandwich OR Classic Tuna Sandwich Broccoli Buds Petite Baby Carrots - S Frozen Peach Pop
11-18 Possible Burger - V Whole Grain Cheese Pizza Wedge - V Toasted Cheese Sandwich - V OR Deli Cheese Sandwich - V Petite Baby Carrots - S Roasted Potato Wedges Fruit - S	11-19 Chicken Tenders Homestyle/Waffles Deli Turkey & Cheese Sandwich Marinara Sauce Cup Fiesta Pinto Beans or Campfire Baked Beans Frozen Juice Slush	11-20 Holiday Turkey and Gravy with Stuffing Aloha Roll Chinese Chicken Salad Aloha Roll Creamy Mashed Potatoes Sweet Corn or Roasted Corn or Street Corn Fruit - S	11-21 WG Pepperoni Pizza Wedge and/or Hawaiian Pizza Chicken Caesar Salad & Cheesy Bread Fresh Garden Salad New! Crispy Potato Smiles Frozen Juice Cup	11-22 Orange Meatball Rice Bowl Yellow Submarine Sandwich OR Classic Tuna Sandwich Broccoli Buds Petite Baby Carrots - S Frozen Peach Pop
11-25 PizzaBoli - V Whole Grain Cheese Pizza Wedge - V Toasted Cheese Sandwich - V OR Deli Cheese Sandwich - V Tangy Salsa Cup Sweet Corn OR Roasted Corn OR Street Corn Fruit - S	11-26 Mini Chicken Corn Dogs Deli Turkey & Cheese Sandwich Mini Potato Tots Fiesta Pinto Beans or Campfire Baked Beans Frozen Juice Slush	11-27 Café LA Burger Yellow Submarine Sandwich Petite Baby Carrots - S Roasted Potato Wedges Fruit - S	11-28 THANKSGIVING DAY HOLIDAY	
				11-29

 **All of the Grain/Bread items served are Whole Grain Rich.** Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

S: Items with an (S) can be saved for later **V:** Vegetarian items - **Farm Fresh Fruits: Apple, Orange, Banana - Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

MENUS ARE SUBJECT TO CHANGE

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