



May 2019 - Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Grades 9-12 Lunch

MENUS ARE SUBJECT TO CHANGE

		<p>5-1</p> <p>Zesty Beef Chalupa with Rice Crispy Chicken Filet Sandwich Chinese Chicken Salad Aloha Roll Pastrami & Cheese Croissant Fiesta Pinto Beans Petite Baby Carrots - S Fruit Cup Fruit Juice</p>	<p>5-2</p> <p>Manager's Choice Whole Grain Hawaiian Pizza Chicken Caesar Salad & Cheesy Bread Yellow Submarine Sandwich Roasted Potato Wedges Petite Baby Carrots - S Fruit Cup Fruit Juice</p>	<p>5-3</p> <p>Teriyaki Beef Dipper Rice Bowl Café LA Burger or Café LA Cheeseburger Tuna Salad Plate Pretzel Roll Deli Turkey & Cheese Sandwich Broccoli Buds Lettuce & Tomato Frozen Fruit Cup Fruit Juice</p>
<p>5-6</p> <p>Bean & Cheese Pupusa Curtido Slaw -V Teriyaki Veggie Patty Sandwich -V Whole Grain Cheese Pizza Wedge -V Yogurt Parfait Wholesome Granola -V Deli Cheese Sandwich -V Golden Hash Brown Patties Rainbow Carrots - S Fruit - S Fruit Juice</p>	<p>5-7</p> <p>Mini Chicken Corn Dogs Whole Grain Pepperoni Pizza Chicken Caesar Salad & Cheesy Bread Classic Tuna Sandwich Waffle Cut Fries Fresh Garden Salad Fruit Cup Frozen Juice Cup</p>	<p>5-8</p> <p>Taco Bean Dip Crunchy Tortilla Chips Crispy Chicken Filet Sandwich Chinese Chicken Salad Aloha Roll California Chicken Wrap Flavor Snapping Jicama Tangy Salsa Cup Fruit Cup Fruit Juice</p>	<p>5-9</p> <p>Chicken Tenders Homestyle Southern Buttermilk Biscuit Whole Grain Hawaiian Pizza Chicken Caesar Salad & Cheesy Bread Yellow Submarine Sandwich Ruffle Fries Rainbow Carrots - S Frozen Fruit Cup Fruit Juice</p>	<p>5-10</p> <p>Mesquite BBQ Pork Sandwich Café LA Burger or Café LA Cheeseburger Tuna Salad Plate Pretzel Roll Deli Turkey & Cheese Sandwich Fiesta Pinto Beans Lettuce & Tomato Frozen Fruit Cup Fruit Juice</p>
<p>FRESH Attitude Week FRESH Attitude Week</p>				
<p>5-13</p> <p>Cheese Ravioli Artisan Roll -V Teriyaki Veggie Patty Sandwich -V Whole Grain Cheese Pizza Wedge -V Yogurt Parfait Wholesome Granola -V Deli Cheese Sandwich -V Golden Hash Brown Patties Petite Baby Carrots - S Fruit Cup Fruit Juice</p>	<p>5-14</p> <p>Philly Cheese Steak Sandwich Whole Grain Pepperoni Pizza Chicken Caesar Salad & Cheesy Bread Classic Tuna Sandwich Fresh Garden Salad Waffle Cut Fries Fruit - S Frozen Juice Slush</p>	<p>5-15</p> <p>Zesty Beef Chalupa with Rice Crispy Chicken Filet Sandwich Chinese Chicken Salad Aloha Roll Pastrami & Cheese Croissant Fiesta Pinto Beans Petite Baby Carrots - S Fruit - S Fruit Juice</p>	<p>5-16</p> <p>Turkey Burger Whole Grain Hawaiian Pizza Chicken Caesar Salad & Cheesy Bread Yellow Submarine Sandwich Roasted Potato Wedges Petite Baby Carrots - S Fruit Cup Fruit Juice</p>	<p>5-17</p> <p>Salisbury Steak & Mashed Potatoes Artisan Roll or Presidents Crackers Café LA Burger or Café LA Cheeseburger Tuna Salad Plate Pretzel Roll Deli Turkey & Cheese Sandwich Creamy Mashed Potatoes Lettuce & Tomato Frozen Fruit Cup Fruit Juice</p>

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

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This Institution is an equal opportunity provider. | Esta institución es un proveedor que ofrece igualdad de oportunidades.



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MONDAY

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FRIDAY

Grades 9-12 Lunch

MENUS ARE SUBJECT TO CHANGE

<p>5-20 Bean & Cheese Pupusa Curtido Slaw - V Teriyaki Veggie Patty Sandwich - V Whole Grain Cheese Pizza Wedge - V Yogurt Parfait Wholesome Granola - V Deli Cheese Sandwich - V Ruffle Fries Petite Baby Carrots - S Fruit Cup Fruit Juice</p>	<p>5-21 Pork Egg Rolls Whole Grain Pepperoni Pizza Chicken Caesar Salad & Cheesy Bread Classic Tuna Sandwich Sweet Corn Tangy Salsa Cup Fruit - S Frozen Juice Cup</p>	<p>5-22 Mesquite BBQ Pork Sandwich Crispy Chicken Filet Sandwich Chinese Chicken Salad Pretzel Roll California Chicken Wrap Roasted Potato Wedges Petite Baby Carrots - S Fruit - S Fruit Juice</p>	<p>5-23 Manager's Choice Whole Grain Hawaiian Pizza Chicken Caesar Salad & Cheesy Bread Yellow Submarine Sandwich Fiesta Pinto Beans Waffle Cut Fries Fruit Cup Fruit Juice</p>	<p>5-24 Tangerine Chicken & Fried Rice Bowl Café LA Burger or Café LA Cheeseburger Tuna Salad Plate Pretzel Roll Deli Turkey & Cheese Sandwich Broccoli Buds Lettuce & Tomato Frozen Fruit Cup Fruit Juice</p>
<p>5-27 MEMORIAL DAY HOLIDAY</p>	<p>5-28 Oven Fried Chicken Drumstick Southern Buttermilk Biscuit Whole Grain Pepperoni Pizza Chicken Caesar Salad & Cheesy Bread Classic Tuna Sandwich Fresh Garden Salad Waffle Cut Fries Fruit - S Frozen Juice Slush</p>	<p>5-29 Zesty Beef Chalupa with Rice Crispy Chicken Filet Sandwich Chinese Chicken Salad Pretzel Roll Pastrami & Cheese Croissant Ruffle Fries Petite Baby Carrots - S Fruit Cup Fruit Juice</p>	<p>5-30 Philly Cheese Steak Sandwich Whole Grain Hawaiian Pizza Chicken Caesar Salad & Cheesy Bread Yellow Submarine Sandwich Roasted Potato Wedges Petite Baby Carrots - S Fruit Cup Fruit Juice</p>	<p>5-31 Teriyaki Beef Dipper Rice Bowl Café LA Burger or Café LA Cheeseburger Tuna Salad Plate Pretzel Roll Deli Turkey & Cheese Sandwich Broccoli Buds Lettuce & Tomato Frozen Fruit Cup Fruit Juice</p>

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

Posted 04/25/19

All of the Grain/Bread items served are Whole Grain Rich.

Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

S: Items with an (S) can be saved for later **V:** Vegetarian items

** Farm Fresh Fruits: Apple, Orange, Banana

Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito