


# JANUARY 2020 - Menus

## Grades K-5 Lunch(NNC)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WINTER RECESS – Happy Holidays</b>				
<b>WINTER RECESS – Happy Holidays</b>				
1-13  Garlicky Cheese Bread - <b>V</b> Toasted Cheese Sandwich - <b>V</b> Marinara Sauce Cup Sweet Corn Dried Fruit - <b>S</b>	1-14 Turkey Burger Deli Turkey & Cheese Sandwich Fresh Garden Salad Campfire Baked Beans Frozen Juice Slush	1-15 Taco Bean Dip Crunchy Tortilla Chips Chinese Chicken Salad Aloha Roll Tangy Salsa Cup Sweet Corn Fruit - <b>S</b>	1-16 Philly Steak & Cheese Pinwheel Chicken Caesar Salad & Cheesy Bread Celery Sticks Waffle Cut Fries Fruit Cup	1-17 Teriyaki Beef Dipper Rice Bowl Yellow Submarine Sandwich OR Classic Tuna Sandwich Petite Baby Carrots - <b>S</b> Sweet Corn Fruit - <b>S</b>
1-20 <b>MARTIN LUTHER KING, JR. DAY</b>	1-21 Cheese Burger Sliders Toasted Cheese Sandwich Petite Baby Carrots - <b>S</b> Ruffle Fries Frozen Juice Slush	1-22 All Star Turkey Hot Dog Chinese Chicken Salad Aloha Roll Celery Sticks Sweet Corn Fruit - <b>S</b>	1-23 WG Pepperoni Pizza Wedge Chicken Caesar Salad & Cheesy Bread Fresh Garden Salad Waffle Fries Fruit Cup	1-24 Café LA Burger or All American Burger Yellow Submarine Sandwich OR Classic Tuna Sandwich Petite Baby Carrots - <b>S</b> Sweet Corn Frozen Peach Pop
1-27 Garlicky Cheese Bread - <b>V</b> Toasted Cheese Sandwich - <b>V</b> Petite Baby Carrots - <b>S</b> Sweet Corn Dried Fruit - <b>S</b>	1-28 Turkey Burger Deli Turkey & Cheese Sandwich Fresh Garden Salad Fiesta Pinto Beans Frozen Juice Slush	1-29 Zesty Beef Chalupa Chinese Chicken Salad Aloha Roll Tangy Salsa Cup Sweet Corn Fruit - <b>S</b>	1-30 Mama's Meatball Sub Chicken Caesar Salad & Cheesy Bread Petite Baby Carrots - <b>S</b> Ruffle Fries Frozen Fruit Cup	1-31 Salisbury Steak with Gravy Aloha Roll Yellow Submarine Sandwich OR Classic Tuna Sandwich Fresh Garden Salad Sweet Corn Fruit - <b>S</b>

 **All of the Grain/Bread items served are Whole Grain Rich.** Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

**S:** Items with an (S) can be saved for later **V:** Vegetarian items - \*\*Farm Fresh Fruits: Apple, Orange, Banana - Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito

**Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat**

**MENUS ARE SUBJECT TO CHANGE**

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