



# January 2019 - Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>Grades K-5 Breakfast (PREP Sites)</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
12-31 Crunchy Cereal <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	1-1 <b>NEW YEAR'S DAY HOLIDAY</b>	1-2 Cinnamony Pancakes <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-3 Beef Chorizo & Cheese Wrap Fruit- <b>S</b> Fruit Juice Got Milk	1-4 Café LA Coffee Cake - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk
1-7 Crunchy Cereal <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	1-8 Morning Beef Sausage Sandwich Fruit- <b>S</b> Fruit Juice Got Milk	1-9 Fiesta Bean & Cheese Burrito <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-10 Manager's Choice Fruit- <b>S</b> Fruit Juice Got Milk	1-11 Chocolate Crescent - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk
1-14 Café LA Coffee Cake - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	1-15 Egg & Cheesy Taco Fruit - <b>S</b> Fruit Juice Got Milk	1-16 French Toast Trio <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-17 Beef Chorizo & Cheese Wrap Fruit- <b>S</b> Fruit Juice Got Milk	1-18 Egg & Cheese Wrap - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk
1-21 <b>DR. MARTIN L. KING BIRTHDAY HOLIDAY</b>	1-22 Crunchy Cereal <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	1-23 Fiesta Bean & Cheese Burrito <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-24 Egg & Cheese Sandwich <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	1-25 Cinnamony Pancakes - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk
1-28 Café LA Coffee Cake - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk	1-29 Egg & Cheesy Taco Fruit - <b>S</b> Fruit Juice Got Milk	1-30 Mini French Toast Bites <b>V</b> Fruit - <b>S</b> Fruit Juice Got Milk	1-31 Manager's Choice Fruit- <b>S</b> Fruit Juice Got Milk	2-1 Egg & Cheese Wrap - <b>V</b> Fruit- <b>S</b> Fruit Juice Got Milk

 **All of the Grain/Bread items served are Whole Grain Rich.**

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

**S:** Items with an (S) can be saved for later **V:** Vegetarian items

Posted 12/24/18