



Grades K-5 Lunch September 2018 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-3 LABOR DAY HOLIDAY	9-4 ** Deep Dish Cheese Flatbread ** Deli Turkey & Cheese Sandwich * Sweet Corn * Petite Baby Carrots - S * Frozen Juice Cup * Got Milk	9-5 ** Smokin' BBQ Rib Sandwich ** Chicken Caesar and Cheesy Bread * Fiesta Pinto Beans * Fresh Garden Salad * Fruit - S * Got Milk	9-6 ** Salisbury Steak with Gravy ** California Chicken Wrap * Artisan Roll - S * Fluffy Mashed Potatoes * Cucumber Coins * Fruit Cup * Got Milk	9-7 ** Golden Chicken Filet Sandwich ** Yellow Submarine Sandwich or ** Classic Tuna Sandwich * Broccoli Buds * Petite Baby Carrots - S * Frozen Juice Slush * Got Milk
9-10 ** Bean & Cheese Bowl - V * Crunchy Tortilla Chips - S ** Toasted Cheese Sandwich - V * Sweet Corn * Petite Baby Carrots - S * Fruit - S * Got Milk	9-11 ** All Star Turkey Hot Dog ** Deli Turkey & Cheese Sandwich * Roasted Potato Wedges * Fresh Garden Salad * Frozen Juice Cup * Got Milk	9-12 ** Philly Cheese Steak Sandwich ** Chicken Caesar and Cheesy Bread * Fiesta Pinto Beans * Petite Baby Carrots - S * Fruit - S * Got Milk	9-13 ** Salisbury Steak with Gravy ** Pastrami & Cheese Croissant * Artisan Roll - S * Fluffy Mashed Potatoes * Cucumber Coins * Fruit Cup * Got Milk	9-14 ** Beefy Bean Burrito ** Yellow Submarine Sandwich or ** Classic Tuna Sandwich * Fresh Garden Salad * Petite Baby Carrots - S * Frozen Juice Cup * Got Milk
9-17 ** Cheesy Veggie Burger Sliders - V ** Toasted Cheese Sandwich - V * Waffle Fries * Petite Baby Carrots - S * Fruit - S * Got Milk	9-18 * Oven Fried Chicken Drumstick * Crispy Waffle ** Deli Turkey & Cheese Sandwich * Fiesta Pinto Beans * Fresh Garden Salad * Frozen Juice Cup * Got Milk	9-19 * Cheese Omelet * Southern Buttermilk Biscuit - S ** Chicken Caesar and Cheesy Bread * Mini Potato Tots * Petite Baby Carrots - S * Fruit - S * Got Milk	9-20 ** Whole Grain Rich Pepperoni Pizza ** California Chicken Wrap * Sweet Corn * Celery Sticks * Fruit Cup * Got Milk	9-21 ** Teriyaki Beef Dipper Rice Bowl ** Yellow Submarine Sandwich or ** Classic Tuna Sandwich * Broccoli Buds * Petite Baby Carrots - S * Frozen Juice Slush * Got Milk
9-24 ** Chile Cheese Tamale - V ** Toasted Cheese Sandwich - V * Fiesta Pinto Beans * Petite Baby Carrots - S * Fruit - S * Got Milk	9-25 * Chicken Tenders * Southern Buttermilk Biscuit - S ** Deli Turkey & Cheese Sandwich * Roasted Potato Wedges * Cucumber Coins - S * Frozen Juice Cup * Got Milk	9-26 ** Taco Bean Dip * Crunchy Tortilla Chips - S ** Chicken Caesar and Cheesy Bread * Sweet Corn * Petite Baby Carrots - S * Fruit - S * Got Milk	9-27 ** Café LA Burger or Café LA Cheeseburger ** Pastrami & Cheese Croissant * Crinkle Cut Potatoes * Fresh Garden Salad * Fruit Cup * Got Milk	9-28 * Manager's Choice ** Yellow Submarine Sandwich or Classic Tuna Sandwich * Fluffy Mashed Potatoes * Petite Baby Carrots - S * Frozen Juice Cup * Got Milk
<p>All of the Grain/Bread items served are whole grain. Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat ★: For a reimbursable meal, pick at least 3 ★'s. One ★ must be a fruit or vegetable S: Items with an (S) can be saved for later V: Vegetarian items **Farm Fresh Fruits: Apple, Orange, Banana</p>				

MENUS ARE SUBJECT TO CHANGE

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