



# Grades K-5 Lunch(NNC) September 2018 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>9-3</b> <b>LABOR DAY HOLIDAY</b>	<b>9-4</b> ** Deep Dish Cheese Flatbread ** Deli Turkey & Cheese Sandwich * Sweet Corn * Petite Baby Carrots - <b>S</b> * Frozen Juice Cup * Got Milk	<b>9-5</b> ** Beef Taco Stick ** Chicken Caesar and Cheesy Bread * Fiesta Pinto Beans * Fresh Garden Salad * Fruit - <b>S</b> * Got Milk	<b>9-6</b> ** Salisbury Steak with Gravy ** California Chicken Wrap * Artisan Roll - <b>S</b> * Fluffy Mashed Potatoes * Cucumber Coins * Fruit Cup * Got Milk	<b>9-7</b> ** Toasted Cheese Sandwich ** Yellow Submarine Sandwich or ** Classic Tuna Sandwich * Broccoli Buds * Petite Baby Carrots - <b>S</b> * Frozen Juice Slush * Got Milk
<b>9-10</b> * Bean & Cheese Bowl - <b>V</b> * Crunchy Tortilla Chips - <b>S</b> ** Toasted Cheese Sandwich - <b>V</b> * Sweet Corn * Petite Baby Carrots - <b>S</b> * Fruit - <b>S</b> * Got Milk	<b>9-11</b> ** Cheese Enchiladas - <b>V</b> ** Deli Turkey & Cheese Sandwich * Fiesta Pinto Beans * Fresh Garden Salad * Frozen Juice Cup * Got Milk	<b>9-12</b> ** Philly Steak & Cheese Pinwheel ** Chicken Caesar and Cheesy Bread * Roasted Potato Wedges * Petite Baby Carrots - <b>S</b> * Fruit - <b>S</b> * Got Milk	<b>9-13</b> ** Salisbury Steak with Gravy ** Pastrami & Cheese Croissant * Artisan Roll - <b>S</b> * Fluffy Mashed Potatoes * Cucumber Coins * Fruit Cup * Got Milk	<b>9-14</b> ** Beefy Bean Burrito ** Yellow Submarine Sandwich or ** Classic Tuna Sandwich * Fresh Garden Salad * Petite Baby Carrots - <b>S</b> * Frozen Juice Cup * Got Milk
<b>9-17</b> ** Cheesy Veggie Burger Sliders - <b>V</b> ** Toasted Cheese Sandwich - <b>V</b> * Waffle Fries * Petite Baby Carrots - <b>S</b> * Fruit - <b>S</b> * Got Milk	<b>9-18</b> ** Beef Taco Stick ** Deli Turkey & Cheese Sandwich * Fiesta Pinto Beans * Fresh Garden Salad * Frozen Juice Cup * Got Milk	<b>9-19</b> * Pork Egg Roll ** Chicken Caesar and Cheesy Bread * Broccoli Buds * Petite Baby Carrots - <b>S</b> * Fruit - <b>S</b> * Got Milk	<b>9-20</b> ** Whole Grain Rich Pepperoni Pizza ** California Chicken Wrap * Sweet Corn * Celery Sticks * Fruit Cup * Got Milk	<b>9-21</b> ** Buffalo Calzone ** Yellow Submarine Sandwich or ** Classic Tuna Sandwich * Fresh Garden Salad * Petite Baby Carrots - <b>S</b> * Frozen Juice Slush * Got Milk
<b>9-24</b> * Bean & Cheese Bowl - <b>V</b> * Crunchy Tortilla Chips - <b>S</b> ** Toasted Cheese Sandwich - <b>V</b> * Roasted Potato Wedges * Petite Baby Carrots - <b>S</b> * Fruit - <b>S</b> * Got Milk	<b>9-25</b> * Salisbury Steak with Gravy * Southern Buttermilk Biscuit - <b>S</b> ** Deli Turkey & Cheese Sandwich * Fluffy Mashed Potatoes * Cucumber Coins - <b>S</b> * Frozen Juice Cup * Got Milk	<b>9-26</b> ** Cheese Enchiladas ** Chicken Caesar and Cheesy Bread * Fiesta Pinto Beans * Petite Baby Carrots - <b>S</b> * Fruit - <b>S</b> * Got Milk	<b>9-27</b> ** All American Burger ** Pastrami & Cheese Croissant * Crinkle Cut Potatoes * Fresh Garden Salad * Fruit Cup * Got Milk	<b>9-28</b> * Manager's Choice ** Yellow Submarine Sandwich or Classic Tuna Sandwich * Sweet Corn * Petite Baby Carrots - <b>S</b> * Frozen Juice Cup * Got Milk
<p><b>All of the Grain/Bread items served are whole grain.</b>            Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat  <b>★</b>: For a reimbursable meal, pick at least 3 ★'s. <b>One ★</b> must be a fruit or vegetable  <b>S</b>: Items with an (S) can be saved for later  <b>V</b>: Vegetarian items            **Farm Fresh Fruits: Apple, Orange, Banana</p>				

**MENUS ARE SUBJECT TO CHANGE**

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