



September 2018 - Menus

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Grades 6-8 Breakfast

MENUS ARE SUBJECT TO CHANGE

<p>9-3</p> <p>LABOR DAY HOLIDAY</p>	<p>9-4</p> <ul style="list-style-type: none"> ★ Egg & Cheese Wrap V ★ Fruit- S ★ Fruit Juice ★ Got Milk 	<p>9-5</p> <ul style="list-style-type: none"> ★ Cinnamon Pancakes or French Toast Trio V ★ Fruit - S ★ Fruit Juice ★ Got Milk 	<p>9-6</p> <ul style="list-style-type: none"> ★ Beef Chorizo & Cheese Wrap ★ Fruit- S ★ Fruit Juice ★ Got Milk 	<p>9-7</p> <ul style="list-style-type: none"> ★ Café LA Coffee Cake - V ★ Fruit- S ★ Fruit Juice ★ Got Milk
<p>9-10</p> <ul style="list-style-type: none"> ★ Cinnamon Pancakes or French Toast Trio V ★ Fruit- S ★ Fruit Juice ★ Got Milk 	<p>9-11</p> <ul style="list-style-type: none"> ★ Morning Beef Sausage Sandwich ★ Fruit - S ★ Fruit Juice ★ Got Milk 	<p>9-12</p> <ul style="list-style-type: none"> ★ Fiesta Bean & Cheese Burrito V ★ Fruit - S ★ Fruit Juice ★ Got Milk 	<p>9-13</p> <ul style="list-style-type: none"> ★ Egg & Cheese Sandwich V ★ Fruit- S ★ Fruit Juice ★ Got Milk 	<p>9-14</p> <ul style="list-style-type: none"> ★ Grape Crescent - V ★ Fruit- S ★ Fruit Juice ★ Got Milk
<p>9-17</p> <ul style="list-style-type: none"> ★ Crunchy Cereal with String Cheese V ★ Fruit- S ★ Fruit Juice ★ Got Milk 	<p>9-18</p> <ul style="list-style-type: none"> ★ Egg & Cheese Wrap V ★ Fruit- S ★ Fruit Juice ★ Got Milk 	<p>9-19</p> <ul style="list-style-type: none"> ★ Cinnamon Pancakes or French Toast Trio V ★ Fruit - S ★ Fruit Juice ★ Got Milk 	<p>9-20</p> <ul style="list-style-type: none"> ★ Beef Chorizo & Cheese Wrap ★ Fruit- S ★ Fruit Juice ★ Got Milk 	<p>9-21</p> <ul style="list-style-type: none"> ★ Café LA Coffee Cake - V ★ Fruit- S ★ Fruit Juice ★ Got Milk
<p>9-24</p> <ul style="list-style-type: none"> ★ Cinnamon Pancakes or French Toast Trio V ★ Fruit- S ★ Fruit Juice ★ Got Milk 	<p>9-25</p> <ul style="list-style-type: none"> ★ Morning Beef Sausage Sandwich ★ Fruit- S ★ Fruit Juice ★ Got Milk 	<p>9-26</p> <ul style="list-style-type: none"> ★ Fiesta Bean & Cheese Burrito V ★ Fruit - S ★ Fruit Juice ★ Got Milk 	<p>9-27</p> <ul style="list-style-type: none"> ★ Egg & Cheese Sandwich V ★ Fruit- S ★ Fruit Juice ★ Got Milk 	<p>9-28</p> <ul style="list-style-type: none"> ★ Manager's Choice ★ Fruit- S ★ Fruit Juice ★ Got Milk

All of the Grain/Bread items served are whole grain.
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free
 ★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit
 S: Items with an (S) can be saved for later V: Vegetarian items

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