<table>
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<th>Recreation Therapy</th>
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| April 13<sup>th</sup> | Nature                           | 1. **Spring Scavenge Hunt** *(See attachment)—* Use either two empty toilet paper rolls or cut an empty paper towel roll in 1/2. Attach to form a pair of “binoculars”. Use the binoculars to find the treasure hunt items online, in a book, during a neighborhood walk or by looking out a window. | https://primaryplayground.net/scavenger-hunts/  
https://animals.sandiegozoo.org/live-cams |
| April 20<sup>th</sup> | Music                            | 1. **Freeze Dance**- Play music and dance! When the music stops FREEZE. Try freezing on your foot, tip toes or on your heels. Reverse the action. Freeze in a fun pose as the music plays. When it stops, show your favorite dance move!  
2. **Sing Along**- Sing your families favorite song. One person starts to sing but then stops. Another person has to finish the lyric and keep singing. Pick another song and play again! | https://youtu.be/2UcZWXvgMZE  
https://www.youtube.com/watch?v=ymigWt5TOV8  
https://www.youtube.com/watch?v=FP0wqVhUC9w |
| April 27<sup>th</sup> | Art                              | 1. **Spring symmetry**- Look for pictures of flowers or look for real flowers. Trace, copy or draw flowers with long petals, round petals or small petals.  
2. **Flower Doodles**- Do flower doodles with a family member. One person draws a part of the flower (petal, stem, leaf or even the root). Another person can draw a different part. Take turns until you have a beautiful bouquet! | https://www.kennedy-center.org/education/mo-willems/  
https://www.youtube.com/watch?v=RmzjCPQv3y8  
https://tinyurl.com/uwczc9d  
https://www.youtube.com/watch?v=2bYgLP47NCw&feature=youtu.be |
| May 4th             | Crafts/ Games                    | 1. **Playing “Simon Says”** is great to have fun, improve concentration and work on auditory memory!  
2. **Frog Origami**- Get ready to jump into spring! Use scratch paper (construction paper is too thick) and fold a fun frog! Parents or older siblings can pre-fold the frog and then unfold it. Give the paper to a younger member. This task can be made easier by having some pre-fold lines to follow. | https://www.teacherspayteachers.com/Product/Spring-Flower-Craft-Free-Resource-1748410  
https://www.youtube.com/watch?v=oi7oitREUBQ  
https://origami.me/jumping-frog/ |