

Elementary Resource Links

Catching

- <https://resources.specialolympics.org/trapping-and-catching>

Dance

- <https://www.youtube.com/watch?v=VD6SCq-OlhI>
- https://www.youtube.com/watch?v=KVE-T2_vLpY

Fitness

- <https://www.nchpad.org/1723/6844/8~Minute~Workout~Video>
- <https://youtu.be/Rz0go1pTda8>

Kicking

- <https://resources.specialolympics.org/kicking>

Perceptual Motor

- <https://www.cosmickids.com/>

Striking

- <https://resources.specialolympics.org/striking>

Throwing

- <https://resources.specialolympics.org/throwing>