

# PEDESTRIAN AND BICYCLE SAFETY

## Middle School Physical Education Program

### On-Bike Skills and Safety Training

Safe Routes to School (Los Angeles Department of Transportation) brings no-cost traffic and active transportation (e.g. bicycle, pedestrian) safety education and skills training to school communities.

The Middle School Safety Education Program provides resources and technical assistance for your school's Physical Education teachers with the goal of equipping youth with the pedestrian and bicycle skills for life long, healthy recreation, mobility and self-confidence.



- Paid 1-Day Professional Development for Physical Education Teachers
- Comprehensive Curriculum Unit
  - Safety Education Presentation and Knowledge Survey
  - CA Standards Based Lesson Plans
- Fleet of Bicycles and Helmets (in Storage Trailer) delivered to your school for duration of the unit
- Certified Bicycle Instructors for team teaching

For more information, please contact:

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